

28/06/25

Induction Programme of Red Ribbon Club Date 28/06/2025

(Session 2025-26)

Importance Of Red Ribbon Club

Red Ribbon Club

- ▶ Red Ribbon Club is a movement started by the Government of India in Educational Institutions through which, students will spread awareness about HIV and AIDS thereby reducing stigma and discrimination.



Red Ribbon Clubs (RRCs) play a vital role in educational institutions by raising awareness about HIV/AIDS, promoting voluntary blood donation, and fostering a culture of empathy and support for those affected by the virus. These clubs empower students to become peer educators, equipping them with skills to advocate for healthy lifestyles and reduce stigma associated with HIV/AIDS.



Celebration of World AIDS Day

Forming Human Chain

Key Contributions of Red Ribbon Club:

- HIV/AIDS Awareness:

RRCs conduct various awareness campaigns, workshops, and seminars to educate students about HIV/AIDS prevention, transmission, and the importance of safe sexual practices.

- **Voluntary Blood Donation:**

RRCs organize blood donation camps and encourage students to donate blood, ensuring a safe and adequate blood supply for those in need.

- **Reducing Stigma:**

RRCs actively work to reduce the stigma and discrimination associated with HIV/AIDS by promoting understanding, compassion, and support for individuals living with the virus.



- **Peer Education:**

RRCs train students to become peer educators, enabling them to share knowledge and promote healthy behaviours among their peers.

- **Skill Development:**

RRC activities help students develop leadership, communication, and advocacy skills, empowering them to become change agents in their communities.

- **Community Engagement:**

RRCs often collaborate with other organizations and participate in community events to expand their reach and

Red Ribbon Club Activities



- Poster Making competition
- Slogan Writing Competition
- Clay Modeling competition
- Reel Making Competition
- Rangoli Making competition
- Stone painting
- Pot Painting
- Photography Competition



• Promoting Healthy Lifestyles:

RRCs encourage students to adopt healthy lifestyles by promoting physical activity, responsible decision-making, and positive social

Health Check-up Camp



• Addressing Social Issues:

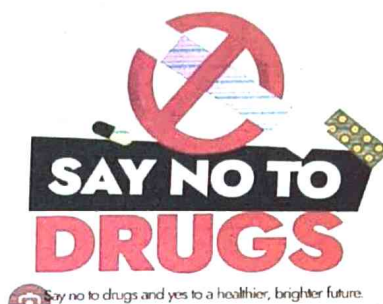
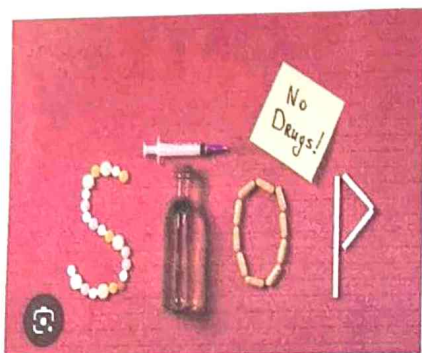
RRCs may also address other social issues relevant to youth, such as drug abuse, mental health, and gender-based violence. By actively engaging students in these activities, Red Ribbon Clubs contribute to creating a more informed, empathetic, and supportive environment within educational institutions and the wider community.

DRUG ABUSE AND ITS EFFECTS CUM PLEDGETAKING CEREMONY

The Red Ribbon Club and career counselling cell of Govt Degree College Jawali, organised 'A Talk on Drug Abuse and its Effects Cum Pledge Taking

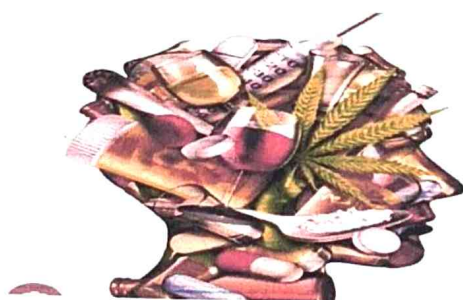
Ceremony' on the 28th june, 2025 as a part of induction cum orientation programme for new students.

DRUG KILLS



The Government of India is taking every visible effort to prevent teen drug use via the National Youth Anti-Drug Media Campaign, especially for those making the difficult transition from schools to colleges via their National-level Anti-Drug Policies.

Drug Abuse and its bad effects on society



Resource Person, Mrs. Sonika, in this event stated her talk with, the youth are the largest force of our nation and it must be directed in a positive way for their happy, healthy and holy living. She expressed that youth only can save themselves by conducting large number of events campaigning the anti-drug messages to make a significant impact in the society.



She said Government of India is taking all necessary measures about bringing awareness in to the public via TV, radio, posters, pamphlets and movies advertises on anti- alcohol and drug prevention messages in the past 2 years rigorously. . The programme benefited a lot to the students by making them aware of the harm of drugs intake.

शपथ

प्रिय साथियों,
 युवा किसी भी राष्ट्र की ऊर्जा होते हैं तथा युवाओं की शक्ति का समाज एवं देश के विकास में महत्वपूर्ण योगदान है। अतः यह अति आवश्यक है कि नशामुक्त भारत अभियान में सर्वाधिक संख्या में युवा जुड़े। देश की इस चुनौती को स्वीकार करते हुए हम आज नशामुक्त भारत अभियान के अंतर्गत एक जुट होकर प्रतिज्ञा करते हैं कि न केवल समुदाय, परिवार, मित्र, बल्कि स्वयं को भी नशामुक्त कराएँगे क्योंकि बदलाव की शुरुआत अपने आप से होनी चाहिए।
 इसलिए आइए हम सब मिलकर अपने जिले/ राज्य.....(नाम) को नशामुक्त कराने का दृढ़ निश्चय करें।
 मैं प्रतिज्ञा करता हूँ कि अपने देश को नशामुक्त करने के लिए अपनी क्षमता के अनुसार हर सम्भव प्रयास करूँगा।
 जय हिन्द!

A pledge taking ceremony was also held at the end of the programme where 1 students took the pledge. In this event, all faculty members along with student were present as decent audience.



Mrs. Sonika
Nodal Officer
Red Ribbon Club

Principal
Govt. College Jawali

Date: 18-07-25

No. HFW-KGR/NACP/2025/- 721-827

To

All In-charges of Educational/Technical Institutions (Having Red Ribbon Clubs).
as per list attached (Annexure-1)

Sub:- **Inviting Entries for Youth fest Marathon – “RED RUN”(Distt, Kangra)**

Sir/Madam,

With reference to letter No. HPSACS/IEC/Youth Fest- 2025-26/-1953-1961
on dated 05th July 2025 on the subject cited above.

It is to inform that **Youth Fest Marathon-“RED RUN”** has been scheduled on **29th July, 2025** at Zonal Hospital Campus, Dharamshala.

- Name of the Event: **RED RUN**
- Tagline: Youth for HIV/AIDS & TB awareness

Participation Criteria:

- Participants from the Colleges should be member of RRC or before participation must be enrolled in RRC (**Age Limit- 17 to 25 years**).
- A total of 4 students (**2 male & 2 female**) will participate in Marathon Competition per college /Institute. If any institution having only one category of students in that case the number of students participation will be the same.
- Only those candidates can participate in College Level Competition who follows NACO & HPSACS social media handles.

Protocols for Marathon:

All the protocol regarding the Marathon Competition should be followed such as Medical fitness from nearby MO, Copy of Aadhaar card & written consent of Participants should be brought along.

Prize Money	Male	Female
1 st Prize	2500	2500
2 nd Prize	2000	2000
3 rd Prize	1500	1500
Special Appreciation	700	700

The participating colleges/ institutions should reach along with team at **Zonal Hospital, Dharamshala at 8:30 AM sharp on 29th July, 2025.**

Note :-

- Interested colleges may share the details of participants as per Annexure-2 within 3 days.
- For any further query contact Dr. Deepika Kaushal CSO (DISHA) contact no.9418817422

Yours Sincerely,

[Signature]
(Dr. Rajesh Guleri) 18/7/25

Chief Medical Officer,
Kangra at Dharamshala
01892-224874

Dated:

*nd. Sonika
for information
and further n/a*

Endst No: As above/- 721-827

Copy to:

- The Project Director HPSACS Shimla for information please.
- The Distt AIDS Programme Officer, Kangra at Dharamshala for information.
- Dr. Deepika Kaushal CSO for Follow- up & compliance.
- All ICTC/STI Counsellors, Distt Kangra for information Follow-up and compliance

[Signature]
(Dr. Rajesh Guleri)
Chief Medical Officer,
Kangra at Dharamshala 18/7/25

Date: 14/07/2025

Health Counselling session and celebration of World Population Day Date

As part of our college's efforts to promote health awareness and wellness, a Health Counsellor visited our campus to educate students on the topics of Tuberculosis (TB), Dengue and Drug Abuse. The session aimed to raise awareness about the causes, symptoms, and prevention of TB, as well as the dangers of drug abuse and ways to seek help. On this occasion Government Degree College Jawali hosted a guest lecture on the theme "World Population Day" to raise awareness about the pressing issues related to global population growth. The session provided valuable insights into the complex issues surrounding global population growth. It also inspired students to think critically about the population growth. It also inspired students to think critically about the challenges and opportunities related to population growth.

Objectives:

1. To educate students about Tuberculosis and its prevention.
2. To raise awareness about the dangers of drug abuse.
3. To provide resources and support for students affected by TB or drug abuse.
4. To educate students about HIV /AIDS and its prevention.

Session Highlights:**Tuberculosis**

- The Health Counsellor explained the causes, symptoms, and transmission of TB.
- Students learned about the importance of early detection and treatment.
- The counsellor emphasized the need for proper hygiene, nutrition, and vaccination to prevent TB.

Drug Abuse

- The Health Counsellor discussed the types, causes, and effects of drug abuse.
- Students learned about the warning signs and symptoms of drug abuse.
- The counsellor provided information on resources available for students struggling with drug abuse, including counselling and support groups.

Conclusion

The Health Counsellor's visit was a valuable addition to our college's health awareness initiatives. Students gained valuable knowledge and insights on TB and drug abuse, and were provided with resources and support to address these issues. We look forward to organizing similar sessions in the future. A total of 120 students were benefited with this session.

Health Counsellors:

1. Mr. Krishan Kumar Adolescent Health Counsellor
2. Mr. Subhas Chand Health Supervisor, Medical Block Nagrota Surian.
3. Mr. Ravinder Kumar Health Supervisor Civil Hospital Jawali.


Sonika

Nodal Officer

Red Ribbon Club


Principal

Govt. Degree College Jawali





Sonika
Nodal Officer
Red Ribbon Club
GDC Jawali

Principal
Govt. Degree College Jawali

Details of students/participants

Sr. No.	Name	Class	Roll. No.	Signature
1.	Susant Singh	B.A 3rd year	23111010	<u>Susant</u>
2.	Souvan Narjyal	B.A 3rd Year	23HIS025	<u>Souvan</u>
3.	Vinakshi Devi	B.A 1st year	25HIS013	<u>Vinakshi</u>
4.	Tamanna Devi	B.COM 2nd Year	24COM004	<u>Tamanna</u>
5.	Nisha Guleria	B.COM 2nd year	24COM013	<u>Nisha Guleria</u>
6.	Naupreet Kaur	B.COM 1st year	24COM015	<u>Naupreet Kaur</u>
7.	Ankita	B.A 1st year	25HIS028	<u>Ankita</u>
8.	Rajni Devi	B.A 1st year	25HIS031	<u>Rajni Devi</u>
9.	Shalu	B.A 1st year	25EC009	<u>Shalu</u>
10.	Sabshi Choudhary	B.A 1st year	25HIS032	<u>Sabshi</u>
11.	Saakshi mena	B.A III year	23POL009	<u>Saakshi</u>
12.	Suhani choudhary	B.A II Year	23POL010	<u>Suhani</u>
13.	Tania	B.A III Year	23POL002	<u>Tania</u>
14.	Ankita choudhary	B.A III year	23POL015	<u>Ankita choudhary</u>
15.	Palak	BA I year	25HIS20	<u>Palak</u>
16.	Riya	BA I year	25POL001	<u>Riya</u>
17.	Vanishika Guleria	BA I year	25HIS21	<u>Vanishika</u>
18.	Mehak choudhary	BA I year	25HIS040	<u>Mehak</u>
19.	Ankita choudhary	BA I year	25HIS039	<u>Ankita</u>
20.	Jehnavi	B.A 1st year	25POL017	<u>Jehnavi</u>
21.	Sakina	B.A 1st year	25POL018	<u>Sakina</u>
22.	Mansi Devi	B.A III year	22HIS025	<u>Mansi Devi</u>
23.	Sonam Thakur	B.A 1st year	25HIS024	<u>Sonam</u>
24.	Suhani	B.A 1st year	25HIS019	<u>Suhani</u>
25.	Komal	B.A 1st year	25HIS022	<u>Komal</u>
26.	Kritika	B.A 1st year	25HIS023	<u>Kritika</u>
27.	Sneha Sharma	BA II nd year	24POL015	<u>Sneha</u>

Sr. No.

Name

1.	Anjali Guleria	B.A III year	23HIS002	<u>Ayaz</u>
2.	Diksha Devi	B.A III year	23HIS011	<u>Diksha</u>
3.	Kavita	B.com II year	24COM012	<u>Kavita</u>
4.	Nidhi	BA III year	23HIS028	<u>Nidhi</u>
5.	Saloni	BA II year	24ENG002	<u>Saloni</u>
6.	Mansi	BA I year	25 POL 25	<u>Mansi</u>
7.	Tanu Bala	BA 2nd year	24ECO03	<u>Tanu Bala</u>
8.	Sakshi	BA 2 year	24 POL 029	<u>Sakshi</u>
9.	Anshuka	BA 3 year	23HIN004	<u>Anshuka</u>
10.	Hemlata	BA 3 year	23PED002	<u>Hemlata</u>
11.	Psitichoudhary	BA 3 year	23HIN002	<u>Psitichoudhary</u>
12.	Khuski	B.A 3rd Year	23POL019	<u>Khuski</u>
13.	Anvi	B.A 2nd year	24ECO007	<u>Anvi</u>
14.	Muskan	B.A 2nd year	24ECO009	<u>Muskan</u>
15.	Reeha	BA 3rd year	23POL013	<u>Reeha</u>
16.	Anuradha	B.A. 3rd year	23POL012	<u>Anuradha</u>
17.	Aakriti	B.A Final year	23HIS003	<u>Aakriti</u>
18.	Meghna	B.A I year	25HIN010	<u>Meghna</u>
19.	Simran	BA. I year	25HIN002	<u>Simran</u>
20.	Ritika	BA I year	25HIS027	<u>Ritika</u>
21.	Nitika	BA 1 st year	20POL	<u>Nitika</u>
22.	Arpita Devi	B.A. 2nd year	24HIN002	<u>Arpita Devi</u>
23.	Sakshi Choudhary	B.A 2nd year	24ECO004	<u>Sakshi</u>
24.	Aechita Devi	B.A 2nd year	24HIN001	<u>Aechita Devi</u>
25.	Simran	B.A 2nd year	24ECO001	<u>Simran</u>
26.	Shikha	BA 3rd year	23HIS022	<u>Shikha</u>
27.	Jshota Bhatti	BA Final year	23HIS033	<u>Jshota</u>

E-Pledge on Anti-Drug Abuse

Drug abuse is a growing concern globally and poses a severe threat to the well-being of individuals, especially the youth. In light of this, various initiatives have been launched by governments, institutions, and NGOs to combat this issue. One such initiative is the e-Pledge on Anti-Drug Abuse, aimed at spreading awareness and encouraging individuals to commit themselves to a drug-free lifestyle. In alignment with the national campaign to eliminate substance abuse among youth, our institution actively participated in the e-Pledge on Anti-Drug Abuse. The primary objective of the e-pledge is to create awareness among citizens, especially students and young adults, about the harmful effects of drug abuse and to inspire them to remain drug-free. It also aims to build a community of responsible individuals who promote a healthy, drug-free society. Near about 170 students and staff members Participated in the event.

Objectives

To sensitize students and faculty about the dangers of drug abuse.

To promote a healthy and drug-free environment in educational institutions.

To encourage personal responsibility through a public commitment to say "No to Drugs".

To support the government's mission of creating a "Nasha Mukta Bharat" (Drug-Free India).

Key Components of the e-Pledge:

Voluntary Participation: Open to all individuals, particularly targeted at youth in schools, colleges, and universities.

Digital Format: The pledge is taken online through official portals (such as the Nasha Mukta Bharat Abhiyaan portal by the Government of India).

Awareness Building: Participants are educated about the consequences of drug use, rehabilitation options, and ways to help others.

Conclusion

The e-Pledge on Anti-Drug Abuse was a significant step in promoting a healthy lifestyle and empowering youth to make informed choices. By leveraging digital platforms, the initiative ensured wider participation and long-term impact. Our institution remains committed to supporting such social awareness campaigns in the future.


27/07/25

Sonika



Nodal Officer

Red Ribbon Club



Principal


Govt. Degree College Jawali






नारकोटिक्स कंट्रोल ब्यूरो
जिन्दगी को ही और नशे को ना करें
प्रमाण-पत्र
 यह प्रमाणित किया जाता है कि

Sandeep Sharma

जिन्दगी को ही और नशे को ना करें वाक्य लिया है और नशीली दवाओं से दुरुस्ती को रोकने में सहयोग और इससे दूर रह कर एक स्वस्थ जीवन जीने के लिए खुद को प्रतिबद्ध किया है।


2774839829

 June, 27 2025






NARCOTICS CONTROL BUREAU
Say Yes to Life, No to Drugs
Certificate
 This is to certify that

Shubh

has taken the 'Say Yes to Life, No to Drugs' Pledge and committed himself/herself to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.


7422684226

 June, 27 2025






NARCOTICS CONTROL BUREAU
Say Yes to Life, No to Drugs
Certificate
 This is to certify that

Sandeep Dahi

has taken the 'Say Yes to Life, No to Drugs' Pledge and committed himself/herself to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.


2922529682

 June, 27 2024






नारकोटिक्स कंट्रोल ब्यूरो
जिन्दगी को ही और नशे को ना करें
प्रमाण-पत्र
 यह प्रमाणित किया जाता है कि

Katish Katar

जिन्दगी को ही और नशे को ना करें वाक्य लिया है और नशीली दवाओं से दुरुस्ती को रोकने में सहयोग और इससे दूर रह कर एक स्वस्थ जीवन जीने के लिए खुद को प्रतिबद्ध किया है।

3772238639

 June, 27 2025



NARCOTICS CONTROL BUREAU
Say Yes to Life, No to Drugs
Certificate
 This is to certify that

Shreshth

has taken the 'Say Yes to Life, No to Drugs' Pledge and committed himself/herself to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.

8286683223


 June, 27 2025

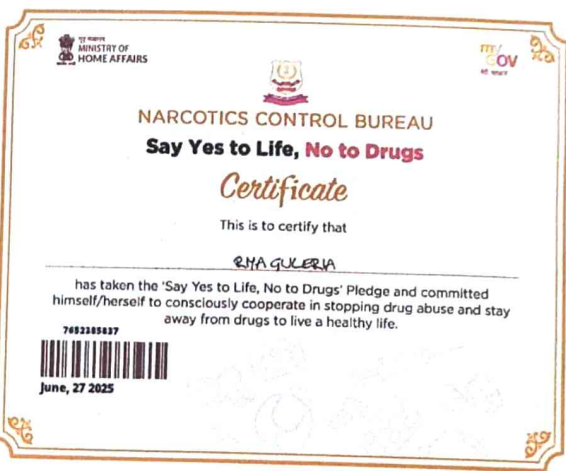
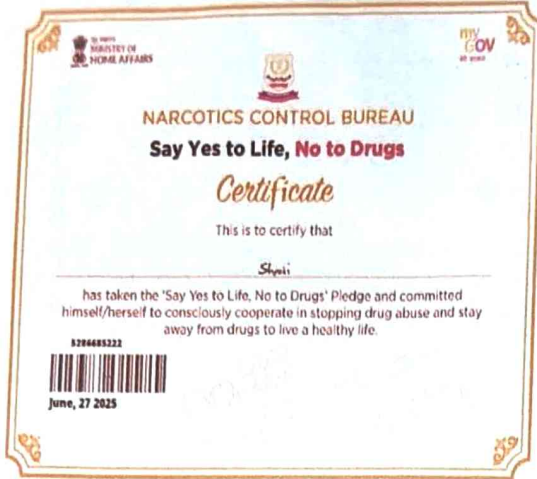



NARCOTICS CONTROL BUREAU
Say Yes to Life, No to Drugs
Certificate
 This is to certify that

Priyanka

has taken the 'Say Yes to Life, No to Drugs' Pledge and committed himself/herself to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.

4355447234

 June, 27 2025



Sonika

Sonika
Nodal Officer
Red Ribbon Club

[Signature]

Principal
Govt. Degree College Jawa

omika



Office of the Chief Medical Officer,
Kangra at Dharamshala

NACO

Date: 02/08/25

No. HFW RGR/NACP/2025/ 1084-1179

To All In-charges of Educational/Technical Institutions (Having Red Ribbon Clubs)
The Deputy Director, Higher Education, Kangra at Dharamshala

Subject:- **Regarding Intensified IEC Campaign and International Youth Day on 12th August 2025.**
Sir/Madam,

With reference to letter No. HPSACS/IEC/ Intensified IEC Campaign/2025-26- 2582-87 on 30th July 2025 on the subject cited above. As per National AIDS Control Organization, Ministry of Health & Family Welfare, Govt. the Intensified IEC Campaign is to be organized in district Kangra from 12th August to 12th October 2025. The key objective of the Campaign is to enhance awareness and education regarding HIV/AIDS among all segments of the society including youth, general population and rural areas. In this regard details of these camps & activities to be organized are as under:

(1) Campaign in International Youth Day :-

Sr. No.	Period	Institutions	Remarks
(i)	12 th to 19 th August 2025	Red Ribbon Clubs (RRCs) in Colleges: Awareness activities for Red Ribbon Clubs in Colleges including NSS & NCC	To be organized from budget allocated for RRCs
(ii)	20 th & 22 nd August 2025	Red Ribbon Clubs (RRCs) in Technical Institutions: Awareness activities for Red Ribbon Clubs (RRCs) in Technical Institutions including NSS and NCC	To be organized from budget allocated for RRCs
(iii)	23 rd August 2025	Non-RRC Colleges & Technical Institutions: Awareness activities for Colleges & Technical Institutions including NSS and NCC.	
(iv)	25 th August 2025	Universities: Awareness activities in Universities (all govt./private).	To be organized from budget allocated for RRCs
(vi)	28 th & 30 th August 2025	Secondary and Senior Secondary Schools: Pledge Reading "HIV Free Himachal" and other awareness activities for Secondary and Senior Secondary Schools including NSS, NCC And Scouts & Guides	

(2) Intensified IEC Campaign :-

Sr. No.	Activities	Timelines
1.1	Flash Mob by RRC in Colleges 1. Govt. Degree College, Dehra 2. Sharan College of Education, Gurkhari 3. ARYA Degree College, Nurpur 4. Pandit SANT RAM Govt College, Baijnath 5. KDC GDC Jaisinghpur 6. Baba Kanshi Ram Govt College, Dadasiba	12th August to 12th October 2025
1.2	RRC activities	12th August 2025
(a)	Pledge reading "HIV Free Himachal" all RRCs	12th August 2025
(b)	Adopting of villages by all RRCs	12th to 31st August 2025
(c)	Walkathon or cycle rally or skates rally	12th to 31st August 2025
(d)	Session of HIV prevention	12th to 31st August 2025
(e)	Like & follow campaign on Social Media Handles of NACO and HPSACS (Facebook, Instagram & Twitter) by students of RRCs	1st to 30th September 2025
(f)	2 Flash mobs per RRCs	1st to 12th October 2025
(g)	Reel Making competition	

Note *: The activity report may shared with Dr Deepika CSO (DISHA) mail id esonaepkgr@gmail.com on completion of activity along with HD photographs & no. of participants participated in activity.

Yours Sincerely,

Chief Medical Officer,
Kangra at Dharamshala

Dated:

All above mentioned teachers for information and further

Endst No: As above/.

Copy to:

- The Project Director, HPSACS Shimla-02 for Information please
- The CSO DISHA for Information & compiled the activity report.

Chief Medical Officer,



Government Degree College Jawali

District Kangra, Himachal Pradesh, Pin Code 176023

Phone No. 01893-264004, Email id: gdcjawali@gmail.com

Website www.gdcjawali.in

No.EDN-GDC-JWL/Estt-5/Misc/2025/-1070

Dated:-08-08-2025

To

The Pradhan
Gram Panchayat Dhan,
Tehsil Jawali, District Kangra (H.P.)

Subject: Proposal for adoption Dhan Village by the Red Ribbon Club, Government Degree College Jawali.

Respected Madam,

With reference to letter number HFW-KGR/NACP/2025/-1084-1179 on dated 02/08/2025 (IEC) Government of Himachal Pradesh, office of the chief medical officer, Kangra at Dharamshala, we are pleased to inform you that the Red Ribbon Club of our institution is undertaking a community outreach initiative aimed at promoting health awareness, youth engagement, and social responsibility. In line with this objective, we are proposing the adoption of Dhan village by our Red Ribbon Club for regular activities, awareness drives, and volunteer programs. Under this initiative, the students and faculty associated with the club will engage in various programs such as:-

- *Awareness campaigns on HIV/AIDS, drug de-addiction, and general health & hygiene.
- *Distribution of ICE (Information, Education and Communication) materials and organizing community discussions.
- *Organization of medical camps.
- * Conducting street plays community meetings, etc, to enhance community engagement.

We firmly believe that this step will help to bridge the gap between academic institutions and the rural community while empowering the youth with a sense of social responsibility. We kindly seek your cooperation and formal approval for this adoption. We are confident that with your support, this collaboration will bring about positive and sustainable change.

Thank you.


MS. SONIKA
Nodal Officer

Red Ribbon Club
GDC Jawali


Principal
Govt. Degree College
Jawali (Kangra) H.P.
GDC Jawali



Government Degree College Jawali

District Kangra, Himachal Pradesh, Pin Code-176023

Website: www.gdcjawali.in

Email.: gdcjawali@gmail.com

Phone No.: 01893-264004, 9418385584, 9459401684

Date: 08-Aug-2025

Notice

Subject: Participation in Intensified IEC Campaign & International Youth Day Activities (2025) on dated 12/08/2025.

All students are hereby informed that as per directions from the Chief Medical Officer, Kangra at Dharamshala, an Intensified IEC Campaign and observance of International Youth Day will be conducted from 12th August to 12th October 2025 under the guidance of NACO and Himachal Pradesh State AIDS Control Society (HPSACS).

The campaign aims to spread awareness about HIV/AIDS and related health issues among youth through various engaging activities. Participation is encouraged for all students, especially members of Red Ribbon Club & NSS.

Key Activities:

1. Pledge "HIV Free Himachal".
2. Seminar on HIV/AIDS Prevention.
3. Awareness session on Anti Drug Abuse.
4. Walkathon Rally .

Resource Persons for the session:

1. Mr. Subhash Chand (Health Supervisor, Medical Block, Nagrota Surian)
2. Mr. Ravinder Kumar (Health Supervisor, Civil Hospital Jawali)
3. Mr. Krishan Kumar (Adolescent Health Counsellor)

Prof. Sonika
Nodal Officer RRC
Govt Degree College Jawali.

Principal
GDC Jawali

Date / /
Page

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bid 10

International Youth Day

CELEBRATION OF INTERNATIONAL YOUTH DAY
12-08-2025

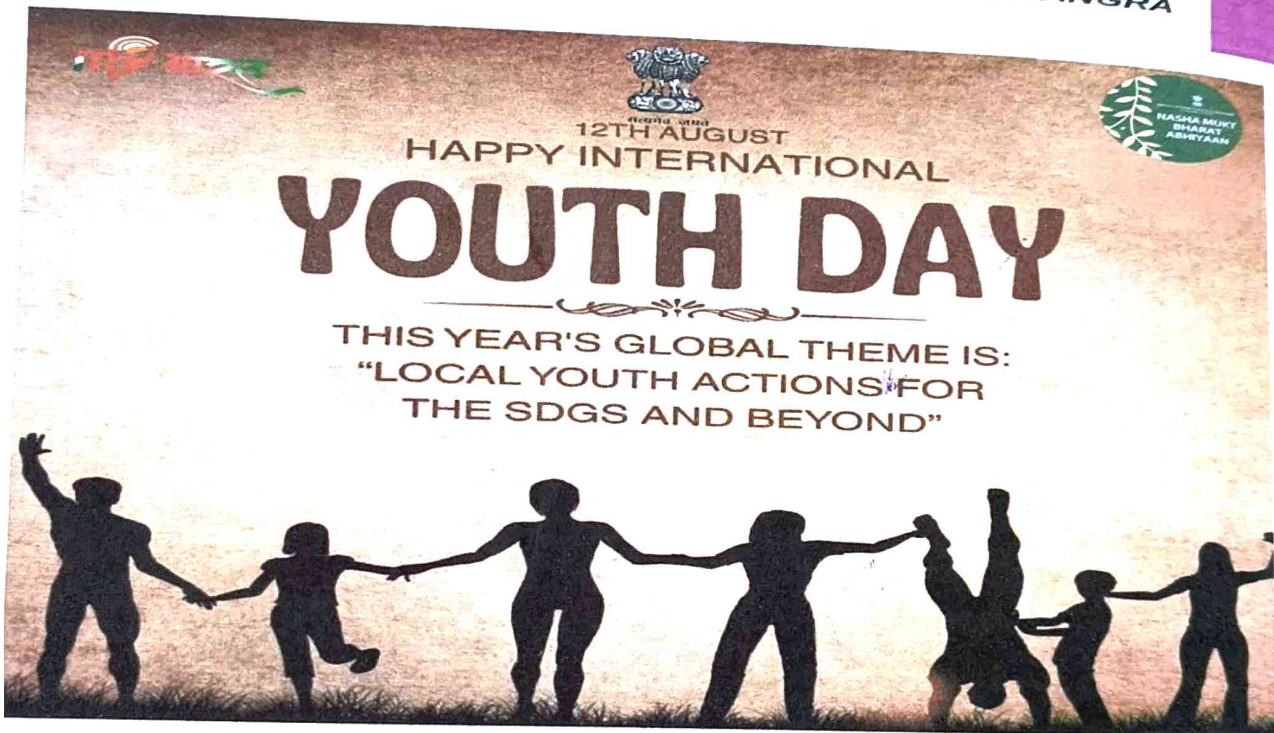
Youth for Health: HIV/AIDS Awareness & Anti-Drug Campaign



Resource Persons for the session:

- Mr. Subhash Chand (Health Supervisor, Medical Block, Nagrota Surian)
- Mr. Ravinder Kumar (Health Supervisor, Civil Hospital Jawali)
- Mr. Krishan Kumar (Adolescent Health Counsellor)

Red Ribbon Club
GOVT. DEGREE COLLEGE, JAWALI, KANGRA



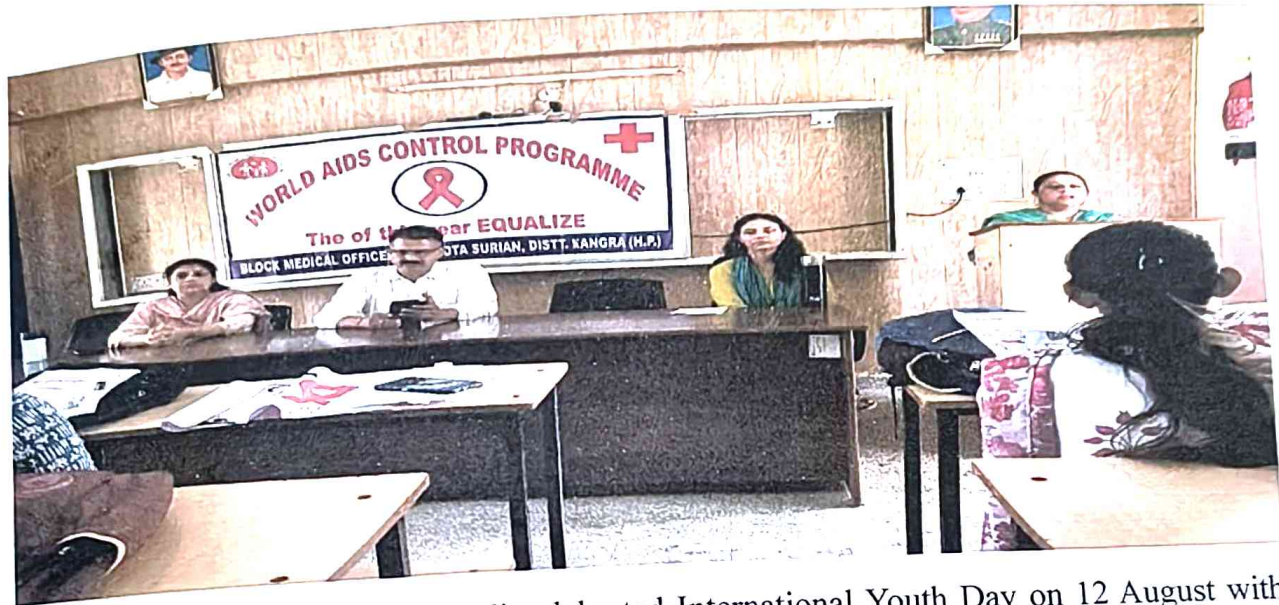
INTERNATIONAL YOUTH DAY 2025

Observed on 12th August every year, International Youth Day focuses on youth engagement for global action. It highlights the importance of empowering young people to participate in decision-making processes and contribute to sustainable development.

CELEBRATION OF INTERNATIONAL YOUTH DAY AT GDC JAWALI

The Intensified IEC Campaign & International Youth Day 2025 aims to raise awareness on HIV/AIDS and related health issues among youth. It includes activities such as pledge-taking, seminars, awareness sessions on anti-drug abuse, and walkathons.

- Resource Persons :
1. Mr. Subhash Chand (Health Supervisor, Medical Block, Nagrota Surian)
 2. Mr. Ravinder Kumar (Health Supervisor, Civil Hospital Jawali)
 3. Mr. Krishan Kumar (Adolescent Health Counsellor)



Government Degree College, Jawali celebrated International Youth Day on 12 August with great enthusiasm. The program was chaired by Principal Dr. Dinesh Sharma. The key guests present on the occasion were Block Health Supervisor Subhash Chand, Ravindra Kumar, and Health Worker Mrs. Shivani.



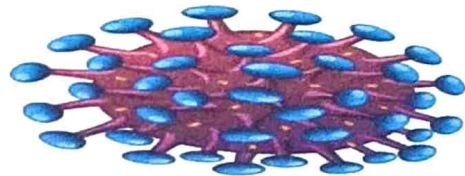
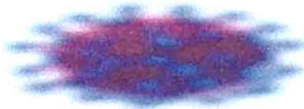
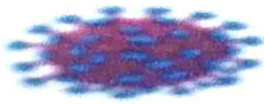
WHAT IS HIV?

HIV (Human Immunodeficiency Virus) attacks the body's immune system, specifically the CD4 cells (T cells), which help the immune system fight infections. Untreated, HIV reduces the number of CD4 cells, making the body more vulnerable to infections and certain cancers.

The guests provided detailed information to the students about HIV/AIDS, including its major causes of transmission, preventive measures, and the importance of timely testing. They explained that the infection can spread through unsafe sexual relations with an infected person, the use of contaminated needles or syringes, transfusion of infected blood, and from an infected mother to her child. They also emphasized that an infected person may appear completely healthy, with the voluntary and free testing at ICTC centres.

WHAT IS HIV?

Human Immunodeficiency Virus (HIV) is a virus that attacks cells that help the body fight infection.








There's no cure, but it is **treatable** with medicine.







Health Supervisor Mr. Subhash Chand also shared information about Retroviral Therapy, various government assistance schemes, and the free toll-free helpline (1097). He further spoke about the timely treatment of sexually transmitted diseases.

HIV/AIDS

HIV is transmitted

 10% Blood transfusion	 10% Sharing needles	 5% Blood transfusion	 5% Sexual contact	 80% Sexual contact
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HIV is not transmitted

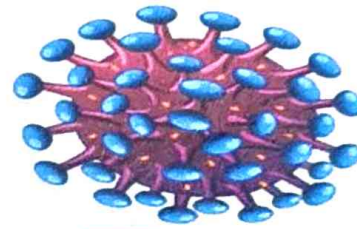
 Food	 Insect bites	 Saliva	 Air	 Toilet
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DIFFERENCE BETWEEN AIDS AND HIV



AIDS

ACQUIRED IMMUNE DEFICIENCY SYNDROME
AIDS IS A MEDICAL CONDITION (IMMUNE SYSTEM IS TOO WEAK TO FIGHT INFECTIONS)



HIV

HUMAN IMMUNODEFICIENCY VIRUS
HIV IS A VIRUS WHICH ATTACKS IMMUNE SYSTEM IN HUMANS

HIV PREVENTION METHODS

- 1. Use protection during sexual contact.
- 2. Avoid sharing needles or syringes.
- 3. Get tested and know your partner's HIV status.
- 4. Use pre-exposure prophylaxis (PrEP) if at high risk.
- 5. Ensure safe blood transfusions.

The detail discussion was also done on the topic anti-drug abuse, of (Nasha Mukht Bharat Abhiyan or Drug-Free India Campaign).

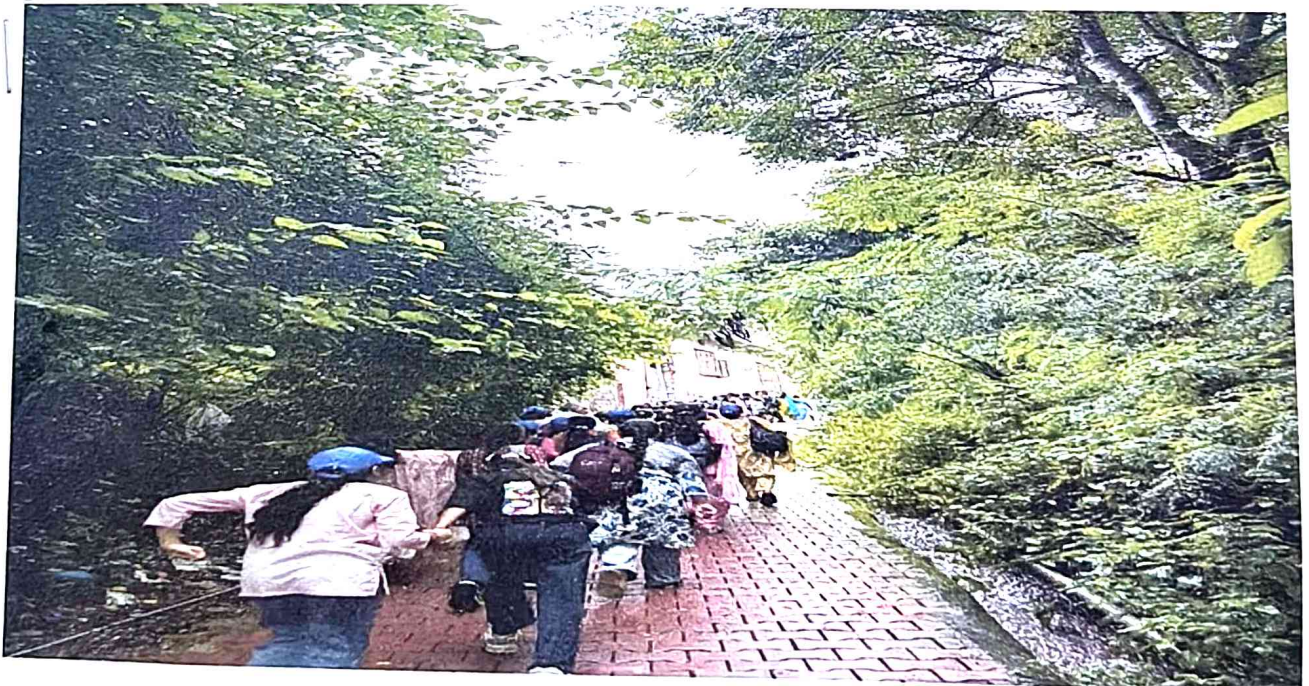


At the end of the program, a pledge on HIV/AIDS free Himachal was taken by the all students, resource persons, teaching and non-teaching staff of the college.





On this occasion, Principal Dr. Dinesh Sharma, Professor Sulakshan Sharma, Professor Sonika, Dr. Shashi kala, NSS and Red Ribbon Club volunteers, and around 200 students were present.



SPOT THE SIGNS OF DRUG ABUSE



1. Tried to quit or cut back more than once with no success
2. Drinking or using drugs interferes with responsibilities like home, family or work
3. Dramatic change in appearance
4. Continues to drink or use substances even though they cause depression or anxiety
5. Spends too much time or money on drinking or drugs
6. Gotten into unsafe situations as a result of drinking or using
7. Gotten into legal troubles as a result of drinking or using
8. Has signs of withdrawal when going without alcohol or drugs — shakiness, trouble sleeping, nausea, sweating or a racing heart



How Does Drug and Substance Abuse Impact Individuals?



The awareness material was also distributed to the students during the session to encourage the students, so that they can spread the awareness in the community towards AIDS prevention and drug-free living, and They also pledged to spread this awareness in their respective neighbourhood.





After that a rally from GDC Jawali to Kehrian Chowk was organized by volunteers of red ribbon club & NSS unit of the college along with teaching and non-teaching staff of the college.





Sonika

f. Sonika
In-charge Officer, Red Ribbon Club GDC Jawali.
GDC Jawali.

[Signature]

Principal

To
The VC/ Director/ Principal of Educational/ Technical Institutions in
District Kangra

E-47

25/9/2025

Subject: Video Conference Scheduled on 27/09/2025 at 10:00 AM onwards reg
Swasth Nari Sashakt Parivar Abhiyan - Participation in TB Mukht Bharat as N
Mitra Volunteers.

Sir/Madam,

In reference to DO no NHMHP- RNTCONGO/1/2020-3723 dated 22 Sep 2025 re
from Sh. Pradeep Kumar Thakur IAS, Mission Director (NHM)regd **Swasth Nari Sashakt
Abhiyan.**&DO No.2-95/2022(CPP-II) received from Prof. Rajneesh Jain,Secretary,University
Commission,New Delhi, regarding **National TB Elimination Programme Nikshay 2.0 Web**
(Copies enclosed for ready reference)

TB Mukht Bharat is a flagship campaign of Govt. The biggest challenge in Er
stigma, and to address this, the key intervention is Nikshay Mitra. Nikshay Mitra is a perso
provides psychosocial support for people with TB.

All higher education institutions and their affiliated colleges/institution are reques
encourage the stakeholders to actively support and participate in this Nikshay Mitra Regist
Also,you are requested to engage my Bharat Volunteer, NSS NYKS, NCC and Other Youth Gro
TB-related activities under the National TB Elimination Programme NTEP. (A PPT is also att
regarding this initiative)

Registration link is [www. https://communitysupport.nikshay.in](http://www.https://communitysupport.nikshay.in)

In this regard Video Conference is scheduled on 27/09/2025 at 10 AM, onwa
discuss the matter in detail.

You are requested to join this VC along with the Nodal Officer and 3 students each
institution (Students may be CSA representatives or other nominees of head of the institute

For any Query, please feel free to contact **Dr RK Sood, Distt Health Officer** cum
TB Officer on Phone **9418064077**/This number is also on WhatsApp, in case not reachable.

Yours faithfully,

Dr. Vivek Kumar Karol
Chief Medical Officer
Kangra at Dharamshala
01892-224874

Endst.No. as above 35102-42

Dated 24/09/2025

Copy for information to:

1. The Mission Director, National Health Mission, HP Shimla 9, for information, please
2. The Dy. MD cum State TB Officer HP, National Health Mission, Shimla 171009. H
information please
3. National Consultant Nikshay Mitra Initiative for information.
4. State Program officer Nikshay Mitra Initiative Shimla HP for information
5. Dr.Niket Kumar, WHO Consultant NTEP Kangra.for information
6. The Deputy Director, MY Bharat-Kangra(H.P), Ministry of Youth Affairs & S
Government of India, for information please.
7. All Block Medical Officers and SMO I/ C CH with a request to direct NTEP supervisory
and ICTC staff to join this VC
8. All NTEP supervisory staff and ICTC Staff in Distt Kangra with directions to coordinate
follow up

Prof. Sonika
for 21/9

20/9/25

Dr. Vivek Kumar Karol
Chief Medical Officer
Kangra at Dharamshala

To,

[Date: 26 September 2025]

The Principal,

Government Degree College,

Jawali, District Kangra,

Himachal Pradesh

Subject: Request to conduct Hemoglobin Testing for all the girls under the "Swastha Nari Sashakt Parivar" National Campaign

Respected Sir,

This is to bring to your kind notice that under the "Swastha Nari Sashakt Parivar" national campaign, being observed from 17th September to 2nd October 2025, a health program is being organized for the female students of your esteemed institution.

The primary objective of this program is to conduct Hemoglobin (Hb) testing for all the girl students registered at the institute. The data collected during this testing drive is required to be updated online on the national U-WIN portal as part of the campaign's mandate.

To ensure a smooth and efficient process, we kindly request your office to provide us with a list of all registered girl students in the prescribed format at your earliest convenience.

1. Student Name (As per Aadhar Card)
2. Age (dd/mm/yyyy)
3. Mobile Number
4. Aadhar Number

The testing for the students of Government Degree College is scheduled to be held on Saturday , **27th September 2025.**

We look forward to your valuable cooperation to make this national health campaign a success.

Thank you for your attention to this important matter.

Yours faithfully,

Dr. Vikas Matlotia,

MO (RBSK)

Health Block :- Nagrota Surian

Mob :-9882244409

Email :-dr.vikasmalotia22@gmail.com

Copy to :-

1. BMO Nagrota Surian for Information

D.O. No. _____

Deputy Commissioner
Kangra at Dharamshala
Tel: 01892 - 222103 (F)
224555 (F)
223323 (F)
E-mail: dc-kan-hp@nic.



Hemraj Bairwa, IAS

Dated

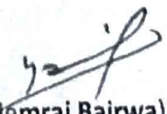
Subject: Organization of various activities under **Swasth Nari Sashakt Parivar Campaign** w. e. f. 17th September, 2025 – 2nd October 2025.

Sir/Madam,

A state-wide campaign, "Swasth Nari, Sashakt Parivar Abhiyaan", is scheduled from 17th September - 2nd October, 2025. This initiative aims to improve women's health and hygiene, enhance coverage of antenatal care and immunization services and screen women for non-communicable diseases like hypertension, diabetes and cancer. The 15 day campaign should be implemented around four key strategies: intensification of services at Ayushman Arogya Mandirs, specialist health camps, blood donation camps, and observance of PMSMA days to ensure maximum outreach and coverage of women and children. Details as per Annex 1.

Roles and responsibilities of line department are given below

S. No	Line Department	Expected role/ Support
1	Commissioner, Dharamshala & Palampur, Urban Development	give directions to mobilize the female ward members to utilize the screening services in the campaign
2	Executive Officers: Municipal Committee-Nurpur, Kangra, Nagrota (B) and Nagar Parishad – Dehra, Jwalamukhi, Jawali & Baijnath-Paprola	give directions to mobilize the female ward members to utilize the screening services in the campaign.
3	Principal, Dr. RPGMC&H, Tanda	Providing specialists to camps at Adarsh Swasthya Sanathan in the district Kangra Services in college as per letter.
4	Deputy Director Higher Education, Kangra at Dharamshala	mobilize the female school teachers and staff to utilize the anemia and other screening services.
5	The District Panchayat Officer, Kangra at Dharamshala	Mobilize the female PRI members to utilize the screening services in the campaign.
6	Food Commissioner (FSSAI)	Organize health pledges- Organize mass pledge session led by SHGs for 10% oil & sugar reduction
7	District Co-ordinator (HPSBY)	Distribution of Ayushman Bharat— PM-JAY e-cards & Ayushman Vay Vandana cards to women/ elderly women, Live card printing/ enrolment desk, IEC material on entitlements and ABHA ID for women
8	The District Project Officer (ICDS), Women and Child Development	AWW and Anganwadi helpers, should undergo screening at the nearest PHC.


(Hemraj Bairwa)

Name	DOB	Mob. No	Adhaar No	
Kajal	17-03-2007	9317931853	735114654212	11
Nika Kumari	21-04-2006	784553937	622391367229	10.7
nsi Devi	2-01-2006	8091110978	801560270514	10.4
li Choudhary	22-09-2006	9805447559	319646293004	14
a Choudhary	16-02-2006	7807681380	510861693343	9.4
li Koundal	17-05-2008	9816917324	524136196916	14.2
ita	10-05-2007	9317747235	285827411734	11.7
ankaur	12-12-2006	8629084416	995477990672	14.2
shi Guleria	17-7-2008	8628840444	603844547043	10.2
ak	4-01-2007	8580847429	983933076784	12.2
ani Sharma	01-06-2008	8628810951	313017326172	8.2
ta	01-08-2008	9805432027	821033738115	10.3
r Sharma	17-10-2007	8091511087	787083446724	13.2
ak	13-03-2008	8894968369	759345058711	12.2
al Devi	21-08-2007	9015913980	265541194525	9.6
nchal	28-08-2007	8219743711	503784850177	9.5
chi	16-07-2008	8894923981	310843274596	10.8
shika	01-10-2007	9816496746	929864024467	10.5
jali	21-07-2007	7018402037	797666038213	10
akshi Devi	8-06-2008	9816205736	814927086541	10.7
nman	25-04-2008	9805780666	643968834775	8.9
nman Dhiman	19-08-2007	9805831791	450932565551	8.9
nman Devi	23-08-2007	7876330584	330871632383	10.5
nam	22-03-2008	8580640864	676780388178	11.2
naw	02/06-2007	7876786765	301889958410	10.3
njali Guleria	09-01-2006	8219857714	29490014080	13.8
njali Kumari	26-04-2007	8894864086	869871424155	10.5
njana	30-07-2005	8894558676	515684386320	8
pana Guleria	19-08-2006	8091856887	838558103195	10.3
manna	19-11-2006	7807325250	302882474937	10.5
shish	1-03-2005	7018220076	394957276116	11.1
akuti	31-01-2007	9816925086	941436942017	9.7

Name				
Mvi Thakur	2-03-2006	8676907223	527524591286	11.2
Aniya Rama	23-03-2007	7018786592	622565514732	11.5
Pidhima Chaudhary	31-01-2008	8580853308	886412336131	10.6
Zalak	10-02-2005	8278801637	464236195224	11.2
Anika Chaudhary	06-2-2008	6230023476	668944560900	9.6
Simran	06-07-2008	7876774502	725970772	8.9
Anam Thakur	19-10-2007	9816835740	89282641157	9.5
Nkrita Devi	29-10-2006	9317149902	429545727063	9.3
Lehak Chaudhary	17-01-2008	8894301016	439679819163	10.2
Akshi Shasna	11-7-2007	7876095779	641976330178	10.2
Ania	13-10-2007	6230468283	435614113857	11.4
Riya	04-08-2007	9816205314	832498929337	9
Deepika Shasna	18-01-2008	9816175566	431095328772	9.5
Aashi	06-11-2007	9816218393	996070966239	10.7
Sakina	16-06-2008	8894567020	361165570272	11.8
Riya Devi	01-10-2007	8894365396	755493724893	14.4
Umiksha Pathania	06-03-2008	7876064378	773148143421	10.5
Landani	07-07-2006	6230685695	536070271206	11.4
Havti Gulezia	07-05-2008	8219535735	553606421925	10.6
Ahmi Kandal	16-07-2007	9816217498	783954981123	11.5
Foyan Chaudhary	12-08-2007	8894312400	333988031018	12.7
Anjali	12-01-2007	9317958349	582344208396	13
Annat Chaudhary	21-02-2008	8629874402	395077371380	12
Ania	4-8-2006	7591029858	29529426472	10.8
Simran Samyad	29-11-2007	7876902232	365407076629	12.9
Anika Chaudhary	18-7-2006	9805892376	694435602944	8.6
Samal Chaudhary	13-06-2004	9805120862	493199307695	9.8
Hanna	12-07-2007	78071351695	774584618942	12.7

Palak	22-06-2007	9805786975	566927697058	11.5
Anomika	7/10/2007	853041146	308618378699	15.6
Ishika	14/02/2008	8091061387	650120092866	11
Suhani	20/03/2008	9805422172	366733686830	6.3
Tunisha	12/11/2006	7876038597	298991031117	12.5
Riya Sambhal	26/01/2007	7807296785	564353746475	11.2
Payal	08/04/2007	7018927385	827819867183	10.2
Jancy choudhary	27/02/2007	9816706049	769661531241	11.9
Sunidhi choudhary	28/04/2008	7807325421	819997053874	9
Anisha	04/09/2007	8091778531	679600171007	8.9
Akshiti Thakur	29/06/2007	7876756052	897547276735	11.7
Priya	02/03/2008	7018342724	498802753388	11
Jahnavi	09/01/2008	7807385289	292081290141	12.9
Aditi Kumari	23/05/2007	9816245726	839294694285	10.4
Akshiti Samkaria	19/12/2007	8894411481	482035762773	10.2
Kritika Kumari	22/08/2007	9805041395	956517974443	10.8
Palak	06/04/2007	8091226097	989387126983	9.1
Preeti Haachindes	10/09/2005	7018375700	590681974606	11
Meghna Kumari	04/08/2008	9041308112	817258282091	11.1
Ritika	28/06/2007	9317108593	372422532514	12.2
Savsi	30/03/2007	7807507570	742188445711	16.2
Ankita	27/11/2006	6230695718	476616562151	13.4
Sakshi	28/11/2007	8626848914	771066038975	9
Vishesh Guleria	03/09/2007	8624890163	476349035957	14.3
Shubham	25/08/2007	8894182541	899872250270	13.1
Saksham Dhiman	06/08/2007	8627097422	951521167502	12.6

Shruti Sharma	17/01/2008	8894722518	865275610136	13.6
Roni choudhary	19/04/2006	9857592913	220451196690	9.4
Shruti Koundal	17/10/2007	7807441374	897930105535	10.8
akina	10/10/2006	7832032528	243841938040	14.8
Shruti	18/03/2007	8628859803	243094843898	10.2
Shruti Thakur	28/10/2006	8580540314	277578630219	11
Simran	17/10/2006	9805079097	860759183640	9
Shruti Devi	24/07/2007	8894953042	518443802260	10.8
Bindu Devi	27/05/2007	8580489537	24157092334	9.5
Palak	20/05/2005	8219053387	226256941152	12
Palak choudhary	16/08/2006	8894327474	658662254951	12.7
Kunal Sonoria	29/01/2007	9816728688	758269872536	10.9
Sakshi	19/07/2007	7807839337	277391138815	9.1
Nishita	27/08/2007	98169881033	260619148851	10.5
Sakshi choudhary	06/11/2006	8894063160	399757214685	11.6
Rishabh Mankotia	16/11/2007	8628083568	781668271291	9.7
Karam	26/02/2008	8894578443	294314403118	10.9
Nishu Pathania	26/06/2008	8091216178	613879051869	12.6
Diksha Thakur	30/03/2006	7807328737	857864874791	11.2
Kashish Thakur	07/07/2007	6230512971	681298735040	9.8
Kashish	03/05/2006	7087232141	328381999733	10.8
Anisha chandni	01/01/2004	9816368843	910289267535	12.8
Simran	17/02/2007	8814715069	258564868914	10.9
Palak	26/01/2006	9816971764	778447707599	10.7

Name	Dob	Madhar No.	Hb
Sika	02-02-2008	8219657588	
Palak	17-07-2007	9805542495	10.2
momna Devi	04-01-2007	9015474362	10
trijali Devi	08-01-2008	7876719461	12.4
mal Choudhary	26-12-2007	8544798738	9.8
rita Choudhary	23-09-2007	7650033389	13
skan Choudhary	23-11-2006	8580648088	16.4
nishika	10-12-2007	7876000542	10.2
kha Parmar	25-07-2007	9988446885	8.5
lvi Sharma	19-12-2006	9317112770	10
Saisi	13-10-2007	8894709234	11.2
lak Sharma	16-06-2007	9418588285	11.8
rueta Koundal	17-08-2006	6230219737	14
shmi Devi	09-11-2007	6230741061	14.7
khani	04-05-2008	8988539310	10.4
nshika Gulevia	03-09-2007	9816491262	15.2
Palak	23-09-2007	9816540991	13.3
Damini	30-11-2007	9805646940	10.5
ajini Devi	16-11-2007	6230175896	12.6
ansh Jayal	04-10-2007	9805445279	11
reha Thakur	20-10-2005	8894327560	15.1
rkhi Thakur	28-08-2007	8894575644	9.8
yama Bibi	19-06-2004	8626829783	10.8
musika	08-04-2007	8580768177	10.8
ajal Sharma	5-12-2005	8894275369	11.5
Simran	20-6-2007	7018894633	10.4
Piya Choudhary	18-02-2007	8894869058	9.5
Ritika	25-07-2007	8894492545	10.8
Apita Devi	09-08-2005	8894953042	12.5
lak Choudhary	30-05-2006	9805153432	9.8
Shivani	9-11-2006	8626964220	
Nidhi	21-11-2005	8219976331	

Haemoglobin (Hb) Testing under the "Swastha Nari Sashakt Parivar" National Campaign Organized at Government Degree College, Jawali in collaboration with the Health Department, on dated 27/09/2025.

On 27th September 2025, Government Degree College, Jawali, in collaboration with the Health Department, organized a health awareness and testing program under the "Swastha Nari Sashakt Parivar" national campaign. The program focused on the health and empowerment of female students through Haemoglobin (Hb) testing.

The program was led by Dr. Vikas Matlotia, MO (RBSK), Health Block Nagrota Surian, along with his dedicated medical team. They conducted Haemoglobin testing for all students of the college, and the findings revealed that a majority of the girls were Normal in H.B. count

Apart from Hb testing, the health team also encouraged students to adopt healthy lifestyle practices, maintain proper dietary habits, and undergo regular health check-ups. The primary objective was to assess the students' health status, raise awareness about anemia, and emphasize the importance of good nutrition and preventive healthcare.


During the program, the health team not only conducted Hb testing but also motivated the students to maintain healthy lifestyle practices and emphasized the importance of regular health check-ups. The campaign aimed at empowering young women by ensuring better health and spreading awareness about anemia and related issues.


Students actively participated in the program and brought their Aadhar Cards for registration and record purposes. The medical team also sensitized the students about maintaining healthy lifestyle practices to prevent anemia and other health issues.

The program concluded with words of appreciation from the principal, who thanked the visiting doctors and encouraged students to adopt healthy habits for their overall well-being.


The college administration, under the guidance of the Principal, Government Degree College, Jawali, extended full support to the health team. The program concluded with words of appreciation from the principal, who thanked the visiting doctors and encouraged students to adopt healthy habits for their overall well-being.

The team of experienced doctors and healthcare professionals was as under:

1 Dr. Vikas Matlotia, MO (RBSK), Health Block Nagrota Surian. 

2 Dr. Mukta (Doctor) 

3 Mrs. Shalini Rana (Pharmacist) 


4 Mrs. Ranju Bala (Female Health Worker) 


Prof. Sonika

Convenor, Health and Hygiene Committee

Nodal Officer, Red Ribbon Club

GDC Jawali.


Principal
Govt. Degree College
Jawali (Nagrota) H.P.

Haemoglobin (Hb) Testing under the "Swastha Nari Sashakt Parivar" National Campaign
Organized at Government Degree College, Jawaliin collaboration with the Health Department,
on dated 27/09/2025.



Signature

Signature
Principal
Govt. Degree College
Jawali (Kangra) H.P.



Government Degree College Jawali
District Kangra, Himachal Pradesh, Pin Code 176023
Phone No. 01893-264004, Email id: gdcjawali@gmail.com

Notice

Date: 15/10/2025

The Red Ribbon Club of Government Degree College Jawali is proud to present a series of competitions on dated 17/10/2025, Interested students may submit their names to Prof. Sonika, Nodal Officer of the Red Ribbon Club, latest by 16/10/2025. This is an excellent opportunity to showcase your creativity.

Don't miss this opportunity to showcase your talent.

Competition Details:

1. Poster making Competition

Theme: HIV/AIDS

2.) Slogan writing competition

Theme: "Strong Woman, strong world."

3.) Rangoli making competition

Theme: Anti-dung abuse.

4). Reel making competition

Theme:

(a) Tuberculosis

(b) HIV/AIDS

(c) Anti-drug abuse

We look forward to seeing you shine!

Best regards,

Mrs. Sonika
Nodal Officer
Red Ribbon Club

Principal
GDC Jawali

Date of Event: 17th October 2025
Organized by: Red Ribbon Club, GDC Jawali
Nodal Officer: Prof. Sonika

The Red Ribbon Club of Government Degree College, Jawali, organized a series of creative competitions on **17th October 2025** to promote awareness about social and health issues such as HIV/AIDS, tuberculosis, and drug abuse. The event aimed to encourage students' active participation in spreading awareness and showcasing their artistic and literary talents.

Objectives:

- To promote awareness among students regarding **HIV/AIDS** and **anti-drug abuse**.
- To inspire creativity and advocacy for a **healthy and responsible lifestyle**.
- To provide a platform for students to express their thoughts and ideas through various art forms.

Competitions Conducted:

1. **Poster Making Competition**

Theme: *HIV/AIDS*

Students designed impactful posters highlighting the importance of HIV prevention, awareness, and compassion towards people living with HIV/AIDS.

2. **Slogan Writing Competition**

Theme: *Strong Woman, Strong World*

Participants created motivational and empowering slogans promoting gender equality, women's strength, and leadership in society.

3. **Rangoli Making Competition**

Theme: *Anti-Drug Abuse*

Through vibrant and symbolic rangoli designs, participants conveyed messages on the harmful effects of drugs and the importance of living a drug-free life.

4. **Reel Making Competition**

Themes:

- a) Tuberculosis
- b) HIV/AIDS
- c) Anti-Drug Abuse

Students prepared short video reels to creatively depict real-life issues, awareness messages, and preventive measures related to the given themes.

The competitions received enthusiastic participation from students across the college. The participants displayed exceptional creativity, awareness, and sensitivity towards the social causes. The event created an environment of learning, motivation, and collaboration.

The event successfully met its objectives by engaging students in meaningful discussions through art and expression. It strengthened awareness about public health issues and contributed to shaping socially responsible youth. The winners were appreciated for their outstanding contributions, and all participants were encouraged to continue promoting social welfare initiatives.


Result of the activities:-

Sr. No.	Activity	Theme	1 st Position	2 nd Position	3 rd Position
1	Poster Making Competition	HIV- AIDS (Stigma & Discrimination)	Tanisha (B.A.3 rd Year) 23ECO001	Palak Choudhary (B. Com 3 rd Year) 23 Com014	Nancy Choudhary (B.A.3 rd Year) 23ECO004
2	Slogan Writing competition	Strong Woman, Strong World	Deeksha (B. Com 3 rd Year) 23 Com012	Neha (B. Com 3 rd Year) 23 Com013	Tanvi (B. Com 3 rd Year) 23 Com009
3	Rangoli making competition	Anti-Drug Abuse	Group-3 Priya (23 Com003) Vanshita (23 Com021) Mansi (23 Com016) Tanvi (23 Com025)	Group-5 Tanu Bala (24Eco003) Kiran(24Eco005) Sakshi(24Eco004) Kanika(24Eco002)	Group-2 Nidhi (23 HIS028) Tanisha(23Eco001) Nancy23Eco004) Aditi (25 HIS054) Group-1 Ankita Choudhary (23Pol015) Kavita Bharti (23Pol021) Sakshi Mehra (23Pol009) Priya (23Pol016) Special Appreciation Prateek (23 Com004) Ankush (23 Com010) Sahil (23 Com006) Vansh (23 Com008)
4	Reel Making Competition	a) Tuberculosis b) HIV/AIDS c) Anti-Drug Abuse	Suhani Kaundal (25Eco008) Shalu(25Eco009) Priya (25Eco007) Nitish(25Eco014) Aditi(25Hiso054) Arti (25Eco012)	Tanu Bala (24Eco003) Sakshi (24Pol029) Shivani (24Pol014) Tanvi(23His015) Nitish (25Eco001)	Sailsi (25 PED002) Sunidhi(23His010) Tanvi (23His015) Aditi(25Hiso054) Sonia (25Hin009) Riya (24His002)

Judges of the event:

1. Prof Sulakshan Kumar

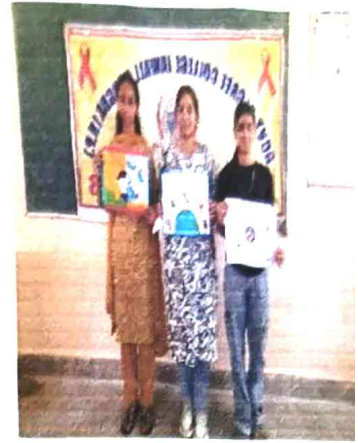
2. Dr. Sanoj Kumar


Prof. Sonika

Nodal Officer, Red Ribbon Club
Jawali

Government Degree College, Jawali


Principal
Government Degree College,
Jawali (Kangra) H.P.



Principal *[Signature]*

11/10



हिम 20 न्यूज़

राजकीय महाविद्यालय जवाली में विभिन्न प्रतियोगिताओं का आयोजन

October 17, 2025

राजकीय महाविद्यालय जवाली के रेड रिबन क्लब के तत्वावधान में आज विभिन्न प्रतियोगिताओं का सफल आयोजन किया गया। इस कार्यक्रम का उद्देश्य विद्यार्थियों में स्वास्थ्य-संवेदन, सामाजिक जागरूकता एवं स्वास्थ्य संबंधी विषयों के प्रति संवेदनशीलता को बढ़ावा देना रहा। कार्यक्रम में शुभाशंभु महाविद्यालय के प्राचार्य राजू दिनेश कुमार शर्मा की अध्यक्षता में किया गया। रेड रिबन क्लब

हिम लाइव टीवी



him20news.blogspot.com

राजकीय महाविद्यालय जवाली में विभिन्न प्रतियोगिताओं का आयोजन

महाविद्यालय जवाली के रेड रिबन क्लब के तत्वावधान में विभिन्न प्रतियोगिताओं का आयोजन

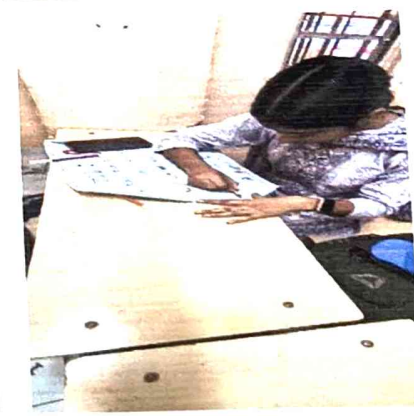
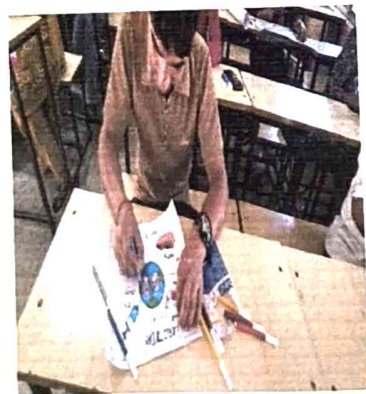


युवाओं को नैतिक मूल्य प्रदान करने के लिए कार्यक्रम का आयोजन किया गया। कार्यक्रम में विद्यार्थियों को नैतिक मूल्यों के प्रति संवेदनशीलता को बढ़ावा देना रहा। कार्यक्रम में शुभाशंभु महाविद्यालय के प्राचार्य राजू दिनेश कुमार शर्मा की अध्यक्षता में किया गया। रेड रिबन क्लब

के तत्वावधान में आयोजित की गई। कार्यक्रम में विद्यार्थियों को नैतिक मूल्यों के प्रति संवेदनशीलता को बढ़ावा देना रहा। कार्यक्रम में शुभाशंभु महाविद्यालय के प्राचार्य राजू दिनेश कुमार शर्मा की अध्यक्षता में किया गया। रेड रिबन क्लब

राजकीय महाविद्यालय जवाली में विभिन्न प्रतियोगिताओं का आयोजन

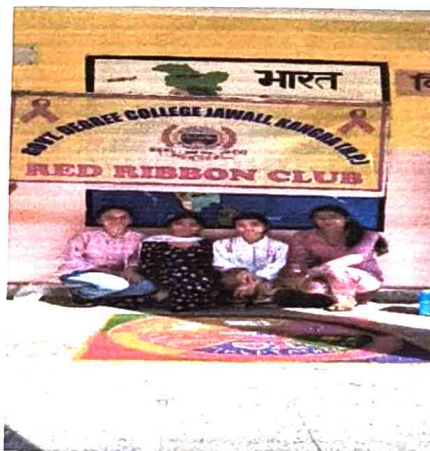
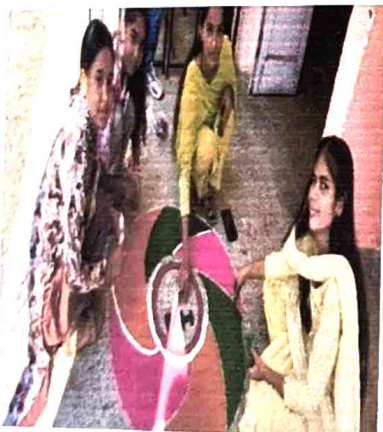
राजकीय महाविद्यालय जवाली के रेड रिबन क्लब के तत्वावधान में आज विभिन्न प्रतियोगिताओं का आयोजन किया गया। इस कार्यक्रम का उद्देश्य विद्यार्थियों में स्वास्थ्य-संवेदन, सामाजिक जागरूकता एवं स्वास्थ्य संबंधी विषयों के प्रति संवेदनशीलता को बढ़ावा देना रहा। कार्यक्रम का शुभारंभ महाविद्यालय के प्राचार्य राजू दिनेश कुमार शर्मा ने किया। रेड रिबन क्लब के रूपरेखा प्रस्तुत करते हुए विद्यार्थियों को प्रतियोगिताओं में भाग लेने हेतु प्रोत्साहित किया। प्रतियोगिताओं में पोस्टर प्रतियोगिता, स्लोगन गायिका प्रतियोगिता, रंगोली प्रतियोगिता, गैस मैकान इत्यादि का आयोजन किया गया। विद्यार्थियों ने इन प्रतियोगिताओं में उत्साहपूर्वक भाग लिया और अपनी प्रतिभा का शानदार प्रदर्शन किया। कार्यक्रम के माध्यम से युवाओं को नैतिक मूल्य, स्वास्थ्य के प्रति जागरूकता तथा महिलाओं की सतक भूमिका के महत्व को समझने का प्रयास हुआ।



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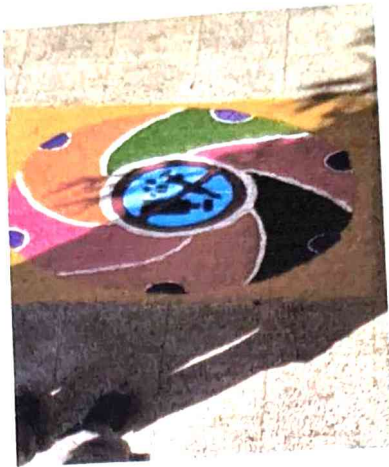
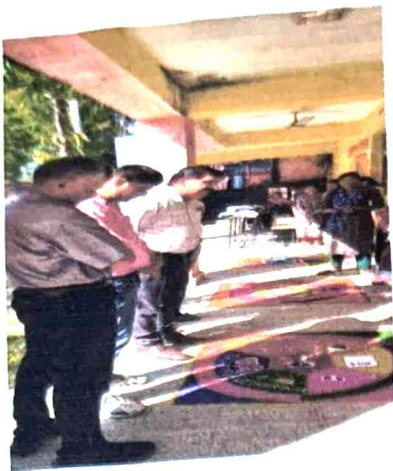
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Principal
Govt. Degree College
Jawali (Kangra) H.P.



Sand

Principal
Govt. Degree College
Jawali (Kangro) H.P



Sonika

Prof. Sonika
Nodal Officer, Red Ribbon Club GDC Jawali.
GDC Jawali.

[Signature]

Principal
Govt. Degree College
Jawali (Kangra) H.P.

Refreshment served to the participants during the activities held on
dated 17/10/2025

Sr. No.	Name	Class	Roll No.	Signature
1	Kiran	BA 2 nd year	24ECO005	Kiran
2	Sakshi Choudhary	BA 2 nd year	24ECO004	Sakshi Choudhary
3	Arpita Devi	BA 2 nd year	24HIN002	Arpita Devi
4	Archita Devi	BA 2 nd year	24HIN001	Archita Devi
5	Kanika Dhiman	BA 2 nd year	24ECO002	Kanika Dhiman
6	Tanu Bala	BA 2 nd year	24ECO003	Tanu Bala
7	Anavi	BA 2 nd year	24ECO007	Anavi
8	Neha	B.Com 3 rd Year	23COM013	-Ab-
9	Deeksha	B.Com 3 rd Year	23COM012	Diksha Thakur
10	Tanvi	B.Com 3 rd Year	23COM009	Tanvi Thakur
11	Nitika	B.Com 3 rd Year	23COM015	-Ab-
12	Muskan	BA 2 nd Year	24ECO009	Muskan
13	Nidhi	BA 2 nd Year	23HIS028	Nidhi
14	Palak Choudhary	B.Com 3 rd Year	23COM014	Palak choudhary
15	Shalu	BA 1 st Year	25ECO009	Shalu
16	Nancy Choudhary	BA 3 rd Year	23ECO004	Nancy Choudhary
17	Tanisha	BA 3 rd Year	23ECO001	Tanisha
18	Nitish	BA 1 st Year	25ECO014	Nitish
19	Ankita Choudhary	BA 3 rd Year	23POL015	Ankita choudhary
20	Kavita Choudhary	BA 3 rd Year	23POL021	Kavita Bhatt
21	Sakshi Mehra	BA 3 rd Year	23POL009	Sakshi Mehra
22	Priya	BA 3 rd Year	23POL016	Priya Devi
23	Priya	B.Com 3 rd Year	23COM003	Priya Devi
24	Vanshita	B.Com 3 rd Year	23COM021	Vanshita Guleria
25	Mansi	B.Com 3 rd Year	23COM016	Mansi
26	Tanvi	B.Com 3 rd Year	23COM025	Tanvi
27	Prateek	B.Com 3 rd Year	23COM004	Prateek
28	Ankush	B.Com 3 rd Year	23COM010	Ankush
29	Sahil	B.Com 3 rd Year	23COM006	Sahil
30	Vansh	B.Com 3 rd Year	23COM008	Vansh

31 Palak

32 Aditi Kumari

B. A 2 year

B. A 1st year

24 ECO008

25 HIS054

Palak

Aditi

SONIKA

RRC

GDC Jaula

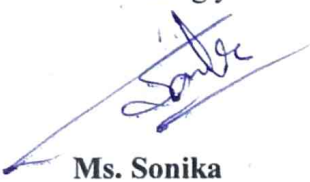
A Poster Making Competition and an awareness rally on the theme "Anti-Tobacco" was organized by the Red Ribbon Club of Government Degree College, Jawali on 31/10/2025. The event was conducted under the guidance of Principal, Dr. D. K. Sharma, and coordinated by the Nodal Officer, Ms. Sonika.

The primary objective of the competition was to create awareness among students about the harmful effects of tobacco use and to encourage them to adopt a healthy, tobacco-free lifestyle. A large number of students enthusiastically participated in the event, showcasing their creativity and understanding of the issue through impactful posters carrying strong messages against tobacco consumption.


Participants used various artistic mediums and slogans to highlight the ill effects of smoking and chewing tobacco, emphasizing the importance of a smoke-free environment for better health and well-being. The posters were judged based on creativity, relevance to the theme, and overall presentation.

In his address, Dr. D. K. Sharma, the Principal of the college, appreciated the efforts of the Red Ribbon Club and the students for their active participation. He also motivated the students to become ambassadors of the anti-tobacco campaign and spread awareness in society.

The event concluded with the announcement of winners and a vote of thanks by Ms. Sonika, the Nodal Officer of the Red Ribbon Club. The competition proved to be a successful step towards sensitizing youth about the dangers of tobacco use and promoting a healthy, tobacco-free campus.



Ms. Sonika
Nodal Officer
Red Ribbon Club,
Government Degree College
Jawali



Principal
Govt. Degree College
Jawali (Kangra) H.P
Government Degree College, Jawali



एंटी-टोबैको डे पर पोस्टर मेकिंग प्रतियोगिता आयोजित

देवभूमि मिरर/जवाली

राजकीय डिग्री कॉलेज जवाली के रेड रिबन क्लब की ओर से शुक्रवार को एंटी-टोबैको थीम पर पोस्टर मेकिंग प्रतियोगिता का आयोजन किया गया। प्रतियोगिता में कॉलेज के विद्यार्थियों ने बढ़चढ़कर हिस्सा लिया और तंबाकू सेवन के दुष्प्रभावों को अपनी कलात्मक अभिव्यक्ति के माध्यम से

प्रदर्शित किया। कार्यक्रम के उपरांत विद्यार्थियों ने तंबाकू उत्पादों के खिलाफ जागरूकता रैली भी निकाली। यह रैली जवाली कस्बे के मुख्य बाजार से होकर गुजरी, जिसमें छात्रों ने नारे लगाकर लोगों को तंबाकू सेवन न करने का संदेश दिया। यह कार्यक्रम कॉलेज के प्रधानाचार्य डॉ. डी. कं. शर्मा और नोडल अधिकारी मिस सोनिका की देखरेख

में संपन्न हुआ। प्रधानाचार्य डॉ. शर्मा ने इस अवसर पर विद्यार्थियों को संबोधित करते हुए कहा कि नशा व्यक्ति को शारीरिक, मानसिक व सामाजिक सेहत के लिए घातक है। उन्होंने छात्रों से नशे से दूर रहने और समाज में जागरूकता फैलाने का आह्वान किया। उन्होंने कहा कि युवाओं को समाज में सकारात्मक परिवर्तन के लिए आगे आना चाहिए



जवाली कॉलेज में सरदार पटेल की जयंती पर भाषण प्रतियोगिता आयोजित



राजकीय महाविद्यालय जवाली की एनएचएस इकाई की ओर से वल्लभभाई पटेल पुरुष सरदार जयंती के उपलक्ष्य में विभिन्न कार्यक्रमों का आयोजन किया गया। इस अवसर पर कॉलेज परिसर में भाषण प्रतियोगिता का आयोजन किया गया, जिसमें छात्र-छात्राओं ने सरदार पटेल के जीवन, उनके योगदान और राष्ट्रीय एकता में उनकी भूमिका पर अपने विचार प्रस्तुत किए। कार्यक्रम के उपरान्त रत्न फॉर न्यूमैटी वीड का आयोजन किया गया, जिसका शुभारंभ

कॉलेज के प्रधानाचार्य डॉ. दिनेश कुमार ने किया। वीड में कॉलेज के अनेक विद्यार्थियों ने प्रधानाचार्य डॉ. दिनेश कुमार से संवोधित करते हुए कहा कि सरदार वल्लभभाई पटेल ने देश की एकता और अखंडता के लिए अपना संपूर्ण जीवन समर्पित कर दिया। उन्होंने कहा कि हमें उनके प्रेरणा लेनी चाहिए क्योंकि ये दिन आज का दिन हमें देश की एकता, भाईचारे और सम्पूर्ण प्रेरणा देता है।



जवाली कॉलेज में तंबाकू विरोधी दिवस पर जागरूकता रैली निकालते कॉलेज छात्र। स्रोत : संस्थान

विद्यार्थियों ने पोस्टर से बताए तंबाकू के दुष्प्रभाव रहन (कांगड़ा)। राजकीय डिग्री कॉलेज जवाली के रेड रिबन क्लब की ओर से शुक्रवार को तंबाकू निषेध थीम पर पोस्टर मेकिंग प्रतियोगिता का आयोजन किया गया। इसमें विद्यार्थियों ने तंबाकू सेवन के दुष्प्रभावों को अपनी कलात्मक अभिव्यक्ति के माध्यम से प्रदर्शित किया।

कार्यक्रम के उपरांत विद्यार्थियों ने तंबाकू उत्पादों के खिलाफ जागरूकता रैली भी निकाली। यह कार्यक्रम कॉलेज के प्रधानाचार्य डॉ. डीके शर्मा और नोडल अधिकारी सोनिका की देखरेख में संपन्न हुआ। संवाद

नशे के विरुद्ध कॉलेज छात्रों ने निकाली रैली

पालमपुर (कांगड़ा)। शहीद कैप्टन विक्रम बत्रा राजकीय महाविद्यालय पालमपुर में नशे के विरुद्ध जागरूकता अभियान के तहत एक रैली एवं व्याख्यान का आयोजन किया गया। एनसीसी, एनएसएस और रेड रिबन क्लब के सदस्यों ने नगर में नशा विरोधी रैली निकालकर नारों और पोस्टरों के माध्यम से नशामुक्त समाज का संदेश दिया। प्राचार्य प्रोफेसर पंकज सूद ने कहा कि नशा व्यक्ति, परिवार और समाज तीनों के लिए विनाशकारी है। इस अवसर पर डॉ. बोविन्दर कटोच, लेफ्टिनेंट रेणु डोगरा, डॉ. अनुराधा शर्मा, डॉ. रमजीव भूरिया, प्रो. पुनम शर्मा आदि उपस्थित रहे। संवाद

Ms. Sonika

Nodal Officer

Red Ribbon Club

Govt. Degree College

Principal
Govt. Degree College
Jawali (Kangra) H.P

Government Degree College, Jawali



Government Degree College Jawali

District Kangra, Himachal Pradesh, Pin Code-176023

Website: www.gdcjawali.in

Phone No.: 01893-264004, 9418385584, 9459401684

Email.: gdcjawali@gmail.com

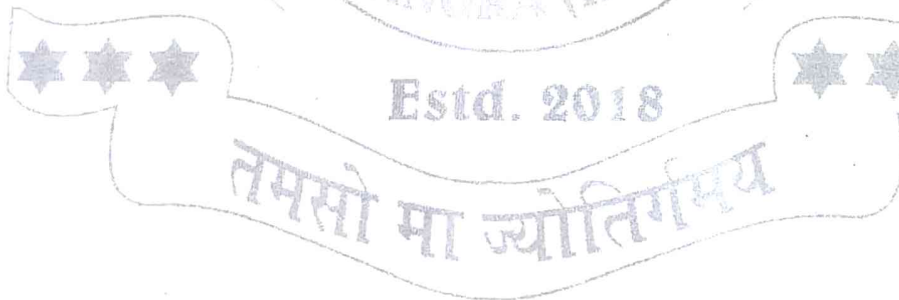
Date :-10-11-2025

NOTICE (Appointment of Tobacco Monitors)

In compliance to the DHE, Shimla letter No. EDN-HE(3)F(9)41/2025, dated 30-10-2025 following staff members are hereby nominated as TOBACCO MONITORS to check compliance, organize awareness events and report violations to ensure that the campus of GDC Jawali remain tobacco-free and comply with the provisions of the Cigarettes and other Tobacco Products Act (COTPA), 2003 and the Juvenile Justice Act, 2015. The main objective of appointment of tobacco monitors is to protect students from exposure to tobacco and nicotine, promote awareness about their health hazards and ensure a healthy learning environment.

Tobacco Monitors:-

- 1) Prof. Sulakshan Kumar, Assistant Prof. of History
- 2) Prof. Sonika, Assistant Prof. of Economics
- 3) Dr. Sanoj Kumar, Assistant Prof. of Physical Education
- 4) Sh. Sumer Nath, Supdt.(G-II)
- 5) Sh. Jukesh Kumar, Assistant Librarian
- 6) Diksha Thakur, CSCA-President




Principal
Govt Degree College
GDC Jawali
Jawali (Kangra) H.P



Date: 18/11/2025

Report on HIV-AIDS Awareness Programme

The HIV-AIDS Awareness Programme was organised by Red Ribbon club of Govt. Degree College Jawali in Collaboration with Sub Divisional legal Services on dated 18/11/2025 with the objective of educating students and staff about the prevention, transmission, and stigma related to HIV-AIDS. The programme was held under the guidance of principal of the college, Dr. D.K.Sharma. The event began with a warm welcome address delivered by prof. Sonika, Nodal Officer Red Ribbon Club, who highlighted the importance of awareness and the role of the youth in spreading correct information. The session was graced by esteemed resource persons, whose presence added great value to the programme.

The resource persons conducted an informative session covering essential topics such as:

- Meaning and full form of HIV & AIDS
- Modes of transmission
- Myths and misconceptions
- Preventive measures
- Importance of early testing and counselling
- Government initiatives and helpline services
- Need to treat people living with HIV with dignity and compassion.

The session included an interactive discussion in which students asked relevant questions and cleared doubts. The resource persons also emphasized the importance of safe practices, non-discrimination, and maintaining a supportive attitude toward individuals affected by HIV. The event witnessed active participation from students and faculty members, making it highly successful. The programme concluded with a formal vote of thanks proposed by Prof. Sulakshan Kumar, expressing gratitude to the resource persons, organisers, and participants for their contribution. Overall, the HIV-AIDS Awareness Programme proved to be an impactful initiative, helping attendees gain accurate knowledge and encouraging them to spread awareness in the community.

Resource persons

1. Sh. J.S.Bhatia, Advocate Panel Lawyer, Court Complex Jawali.
2. Sh. Vinod Kumar PLV VLCSC Jawali.
3. Sh. Ganesh Kumar PLV VLCSC Jawali.
4. Mrs. ShiwalICTC Counsellor, Civil Hospital Nurpur.


18/11/25

Mrs.Sonika
Nodal Officer Red Ribbon Club
Govt. Degree College Jawali



Principal
Govt. Degree College
Jawali (Kangra) H.P.

Meeting... Govt. Degree College Jawali Date 18-11-25 Venue Govt. Degree College

Name	Organisation	Location (Eg. Community Health Nurse, Council Staff Etc)	Address
Sahil Choudhary	B.Com Final Year	- Address	V.P.O Pharian Teh. Jawali
Nitish	B.A. 4th year	V.P.O Mairia	Teh. Jawali
Prateek	B.Com Final Year	Village - Ludhian,	P.O. Sidburgh, Teh. Jawali
Abhishek	B.A. 1st Year	village - JAWALI	P.O. JAWALI Teh. JAWALI
Vansh	B.Com final year	village Bari	P.O. Chakwara Teh. Jawali
Ankush	B.com final year	Village Bari	P.O. Chakwara Teh. Jawali
Kashish	B.A 2nd year	V.P.O	Jawali
Sneha	B.A 2nd year	Vill. Ludhian,	P.O. Sidburgh. Jawali
Kaitika	B.com 3rd year	Vill. Mawa,	P.O. Daskati, Teh. Jawa
Meenakshi	B.COM 3rd year	Vill. Thohra	P.O. Bhalled Teh. Jawali

Queensland Stay On Your Feet® Community Good Practice Toolkit



Attendance sheet

Meeting

Date

Venue

Name

Organisation

Location

(Eg Community Health Nurse, Council Staff Etc)

Address

Telephone & Email

Neeta Devi

BLOM final year

V.P.O Daskati Teh

Jawali, Distt. Kangra (H.P)

Ka choudhary

BLOM Final year

vill. Ludhian, P.O Daskati Teh. Jawali Distt Kangra (H.P)

K chowdhary

BLOM final year

vill. Ludhian, P.O Daskati Teh. Jawali Distt Kangra (H.P)

Trakur

BLOM Final Year

vill Kuthua. P.O Daskati Teh. Jawali Distt Kangra (H.P)

Trakur

BLOM final year

Vill. Nagrota P.O Daskati Teh. Jawali Distt Kangra (H.P)

Di-Dhiman

BLOM 3rd year

vill. Chalwara, P.O-chalwara, Dist.-Kangra (HP) 176023, Teh-Jawali

n-Sharma

BLOM 3rd year

vill- Nona Khas. P.O- Nona, Distt- Kangra (HP) 176023, Teh-Jawali

Bardhan

BLOM 3rd year

vill- Nona Khas, P.O- Nona, Distt- Kangra (HP) 176023, Teh-Jawali, Distt- Kangra (H.P) 176023

and Stay On Your Feet® Community Good Practice Toolkit

4. Mrs. Shiwal ICTC Counsellor, Civil Hospital Nurpur.

Sonika
18/11/25
Mrs. Sonika
Nodal Officer Red Ribbon Club
Govt. Degree College Jawali

[Signature]
Principal
Govt. Degree College
Jawali (Kangra) H.P.

Attendance Sheet

Name	Organisation	Position (Eg. Community Health Nurse, Council Staff Etc)	Address	Telephone & Email
Imran	B.Ed 1st year	V.P.O. Harsar Teh. Jawali		
Meer	B.A 1st year	V.P.O. Harsar Teh. Jawali		
Ahmed	B.A 1st Year	Village Dehri V.P.O. - Harsar, Distt Kangra, Teh. Jawali		
Muskan	B.Com 3rd year	Village Kasial P.O. Pharyjan Teh. Jawali Distt Kangra		
Sikhan	B.Com 3rd Year	Village Khudlo, P.O. Sonho Distt Kangra		
Muskan	B.Com 3rd Year	Vill. Jharan P.O. Har Teh. Jawali. Distt. Kangra (HP)		
Prerna	B.Com Final Year	V.P.O Takdi Ghisohan, Teh. Fakhra, Distt. Kangra		
Kansha	B.Com Final year	V. Bother P.O. Mallohar Teh. Jawali D. Kangra (MP)		
Chandhary	B.Com Final Year	Vill Ludhian P.O. Sidhaur Ghora, Teh. Jawali, Dist Kangra (HP)		
S	B.Com final year	Vill Gfara P.O. Harsar Teh. Jawali Distt Kangra (HP)		

[Signature]
Principal
Govt. Degree College
Jawali (Kangra) H.P.

Queensland Stay On Your Feet® Community Good Practice Toolkit

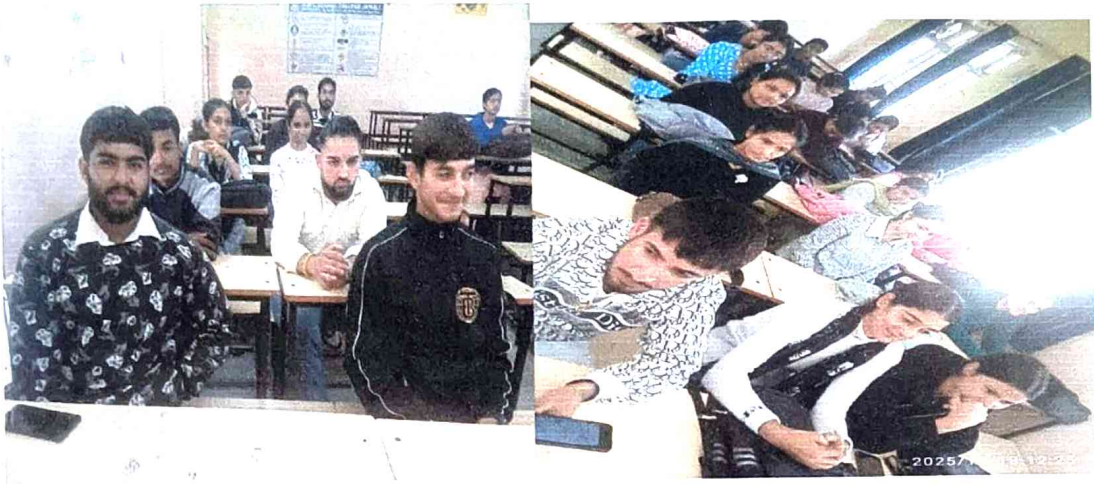


Distt. Chandrapur,
ted, Ph.: +91-124-

Report on HIV-AIDS Awareness Programme

Date: 18/11/2025





हिमाचल प्रदेश राज्य एड्स नियंत्रण समिति

हिमाचल को एचआईवी/एड्स मुक्त बनाएं

इस संघर्ष लोहे से कि धारण के निरन्तर सामूहिक के रूप में HIV/AIDS के अन्त के लिए हम अपनी आभिकारी सुनिश्चित करते। हम प्रश्न लेते हैं कि अपने साथी के प्रति सही प्रतिक्रिया देंगे। यही हमें पताचल का जीवन नहीं करे। HIV/AIDS और यौन रोगों पर खुलकर बातचीत करने। हम सब HIV को जीत अवश्य करवाएंगे एच HIV के साथ जी रहे व्यक्ति को कोई भीकाय नहीं करे। इस हिमाचल प्रदेश को एचआईवी मुक्त बनाने का प्रश्न लेते हैं।

यौन रोग के लक्षण पहचाने और पूरा इलाज करवायें

- गुप्ता अंगों में खुजली, घाव या फोड़े।
- पेशाब करते समय दर्द।
- स्त्रियों में पेट के निचले भाग में दर्द।
- अत्यधिक सफेद स्राव।

अगर जीव आपकी रानी टोनी बनावेका सौंदर्य और जीवन रीति का पूरा उपचार सुपरा करवाए।

एच.आई.वी. स्टैटस के कारण भेदभाव **#AbnahjChhoga**

एचआईवी और एड्स (हिमाचल एच नियंत्रण) अधिनियम, 2017 के अनुसार एचआईवी के कारण जो रहे व्यक्ति से किसी भी तरह के भेदभाव करने पर रोक है। एचआईवी स्टैटस के कारण भेदभाव होने कि निवारण राज्य के अधिनियम को ही जा सकती है। एचआईवी और हिमाचल भेदभाव www.sacshp.org या टेलीग्राम [abnahjchhoga](https://t.me/abnahjchhoga) के माध्यम से करें करवाए।

1097 स्वास्थ एवं परिवार कल्याण विभाग हिमाचल प्रदेश

1097 SACSHP Himachal Pradesh SACSHP www.sacshp.org IndiaFights HIVandAIDS



Sonika

Mrs.Sonika
Nodal Officer
Red Ribbon Club
Govt. Degree College Jawali

Sonika

Principal
Principal
Govt. Degree College
Jawali (Kangra) H.P

NOTICE







Celebration of World HIV/AIDS Day

Date: 1st December

The Red Ribbon Club of Government Degree College Jawali will organize a series of awareness activities on the occasion of World HIV/AIDS Day on 1st December. All students are hereby informed and encouraged to participate in the following events. The programme will conclude with an awareness rally.

Note:


Interested students may submit their names to the teacher in charge of the respective activities.

Sr.No.	Activity	Theme	Teacher Incharges	Signature
1	Poster Making Competition	HIV/AIDS	Mrs. Sonika	
2	Rangoli Making Competition	HIV/AIDS		
3	Slogan Writing Competition	Drug Abuse	Dr. Sanoj	
4	Forming Human Chain	Women, Health and Hygiene		
5	Declamation Competition	Awareness on HIV/AIDS	Dr. Shashi Kala	
6	Awareness Rally	Awareness on HIV/AIDS	Dr. Madhu Bala	

Jury Members:

Prof. Sulokshan Kumar 

Prof. Nishant Narang 


Mrs. Sonika

Nodal Officer

Red Ribbon Club

GDC Jawali


Principal

GDC Jawali

Date : 01/12/2025

REPORT ON WORLD HIV-AIDS DAY AWARENESS PROGRAMME

The Red Ribbon Club of Government Degree College Jawali organized an awareness programme on **World HIV-AIDS Day on 1st December** in the college campus. The aim of the programme was to spread awareness about **HIV-AIDS prevention**, break stigma, and promote **women's health and hygiene** among students. A series of competitions and activities were conducted as part of the celebration. Following the competitions, a **HIV-AIDS Awareness Rally** was organized in and around the campus. Students carried charts and slogans promoting health awareness, safe practices, and empathy for those affected by HIV-AIDS. Near about 130 students participated in the event. The Principal and the Red Ribbon Club Convenor appreciated the enthusiasm of all participants and emphasized the importance of conducting such programmes to educate youth and strengthen community awareness. The event concluded successfully, achieving its goal of sensitizing students towards HIV-AIDS, women's health, and overall public health responsibility.

Result of the activities:

Sr.No.	Activity	Theme	1 st Position	2 nd Position	3 rd Position
1	Poster Making Competition	HIV-AIDS Awareness	Tanisha B.A.3 rd 23ECO001	Aditya B.A.1 st 25POL023	Damini B.A.1 st 25HIND008
2	Slogan Writing Competition	Anti- Drug Abuse	Tania B.A.3 rd year 23HIND005	Suhani B.A.1 st 25ECO008	Priya Devi 25ECO007
3	Declamation Competition	Women Health and Hygiene	Shivani B.A.2 nd 24PPol014	Kashish Sharma B.A.1 st 25Pol016 Mannat Pawa 24POLM41	Arshi 25HIS042 Karam 25POL025 Nitika 25POL020
4	Rangoli Making Competition	HIV-AIDS Awareness	Team-III Tanu Bala 24ECO003 Kanika 24ECO002 Kiran 24ECO005 Sakshi 24ECO004 Tanisha 24ECO009	Team-I Diksha Thakur 23COMO12 Tanvi Thakur 23COMO09 Neha 23COMO13 Suhani 23COMO11 MUSKAN 23COMO18 Team -II Priya Devi 23Com003 Tanvi 23Com025 Vansh 23Com008 Ankush 23Com010 Prateek 23Com004	Team-IV Palak 25HIST020 Komal 25HIST022 Vinakshi 25HIST013 Simran 25HIST012

The competitions were evaluated by the esteemed jury members:

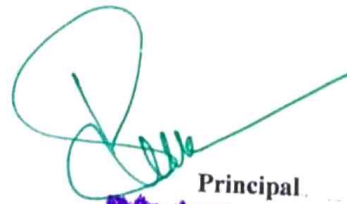
Prof. Sulakshan Kumar

Prof. Nishant Narang


Sonika
01/12/25

Nodal Officer

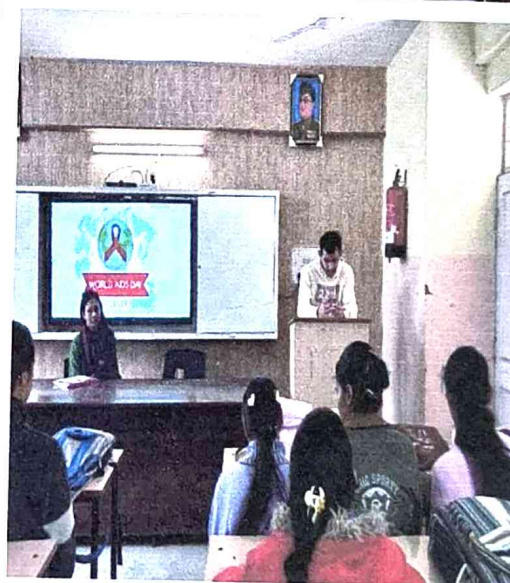
Red Ribbon Club
Government Degree College Jawali



Principal

Principal
Govt. Degree College
Jawali (Kangra) H.P.

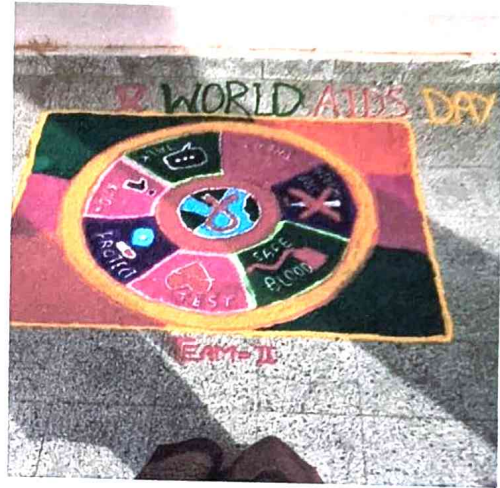
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दिव्य हिमाचल

14/20



छात्रों ने रैली निकाल दिया जागरूकता का संदेश

जवाली। राजकीय महाविद्यालय जवाली के रेड रिबन क्लब द्वारा सोमवार को विश्व एड्स दिवस के अवसर पर कालेज परिसर में विभिन्न जागरूकता गतिविधियों का आयोजन किया गया। कार्यक्रम के अंतर्गत विभिन्न प्रतियोगिताओं जैसे पोस्टर मेकिंग, स्लोगन राइटिंग, रंगोली मेकिंग तथा भाषण प्रतियोगिता का आयोजन किया गया। इन प्रतियोगिताओं का मूल्यांकन प्रो. सनोज कुमार एवं प्रो. निशांत नारंग द्वारा किया गया। कार्यक्रम के अंत में विद्यार्थियों एवं शिक्षकों ने एचआईवी एड्स जागरूकता के लिए एक जागरूकता रैली भी निकाली, जिसमें सभी ने सक्रिय रूप से भाग लिया और समाज को जागरूक करने का संदेश दिया।

विश्व एड्स दिवस पर करवाई विभिन्न प्रतियोगिताएं



जवाली/दौलत चौहान : राजकीय महाविद्यालय जवाली के रेड रिबन क्लब द्वारा विश्व एड्स दिवस के अवसर पर कालेज परिसर में विभिन्न जागरूकता गतिविधियों का आयोजन किया गया। इस कार्यक्रम का मुख्य उद्देश्य विद्यार्थियों एवं समाज एच.आई. वी. एड्स के प्रति जागरूकता फैलाना, महिलाओं के स्वास्थ्य, स्वच्छता तथा समानता को बढ़ावा देना रहा। कार्यक्रम के अंतर्गत विभिन्न प्रतियोगिताओं पोस्टर मेकिंग, स्लोगन राइटिंग, रंगोली मेकिंग तथा भाषण प्रतियोगिता का आयोजन किया गया। रेड रिबन क्लब की संयोजक प्रोफेसर सोनिका तथा महाविद्यालय के प्राचार्य डॉ. दिनेश कुमार शर्मा ने कहा कि ऐसे कार्यक्रम युवाओं में जागरूकता बढ़ाने के साथ-साथ सामाजिक उत्तरदायित्व की भावना को भी मजबूत करते हैं।



विश्व एड्स दिवस के अवसर पर जवाली कालेज परिसर में आयोजित रंगोली प्रतियोगिता में भाग लेते विद्यार्थी। और, संस्थान

रिबन क्लब की ओर से दो दिवसीय जागरूकता कार्यक्रम आयोजित किए गए।

जवाली : विश्व एड्स दिवस पर राजकीय महाविद्यालय जवाली में रेड रिबन क्लब ने विद्यार्थियों और समाज में एचआईवी/एड्स जागरूकता फैलाने के लिए विभिन्न प्रतियोगिताओं का आयोजन किया। इस दौरान पोस्टर मेकिंग, स्लोगन राइटिंग, रंगोली मेकिंग और भाषण प्रतियोगिता का आयोजन किया गया।

वहीं, सहोद सुरेंद्र सिंह आईटीआई जवाली के प्रिंसिपल और स्टाफ ने एड्स पर जागरूकता रैली निकाली। प्राचार्य विनोद शर्मा ने हरी झंडी दिखाकर रैली को रथाना किया। रैली लंबे बाजार तक गई और वापस संस्थान पहुंची।

Sonika

Nodal Officer

Red Ribbon Club

Government Degree College Jawali

Principal

Principal

Govt. Degree College

Jawali (Kangra) H.P.

Date: 09/03/2026

Report on Poster Making Competition and slogan writing competition Organized by Red Ribbon Club

The Red Ribbon Club of the college organized a Poster Making and slogan writing Competition on 9th March on the occasion of **International Women's Day**. The competition was conducted on the theme "**Women and Awareness about HIV/AIDS.**" The main objective of the activity was to spread awareness among students about HIV/AIDS and highlight the importance of women's health and empowerment.

"On this occasion, the significance of International Women's Day was also highlighted. The day serves as a reminder to recognize the achievements of women and to promote gender equality and empowerment in society. It also emphasizes the importance of women's health, awareness, and access to proper information. Through activities like the poster making and slogan writing competition, students were encouraged to reflect on the role of women in building a healthy and progressive society and to spread awareness about important health issues such as HIV/AIDS."

Students enthusiastically participated in the competition and expressed their ideas creatively through posters. The participants used different colours, slogans, and illustrations to convey messages related to prevention of HIV/AIDS, the importance of awareness, and the need to remove social stigma associated with the disease.

The posters reflected strong messages about safe health practices, early diagnosis, and the role of education in preventing the spread of HIV/AIDS. Students also emphasized the importance of supporting people living with HIV/AIDS and promoting equality and respect in society.

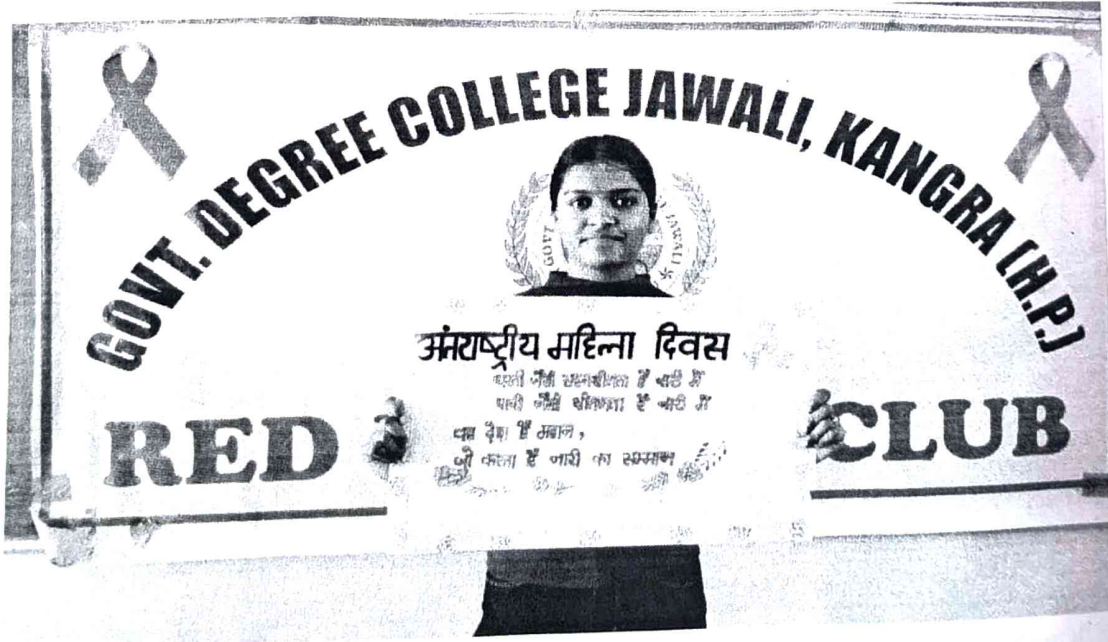
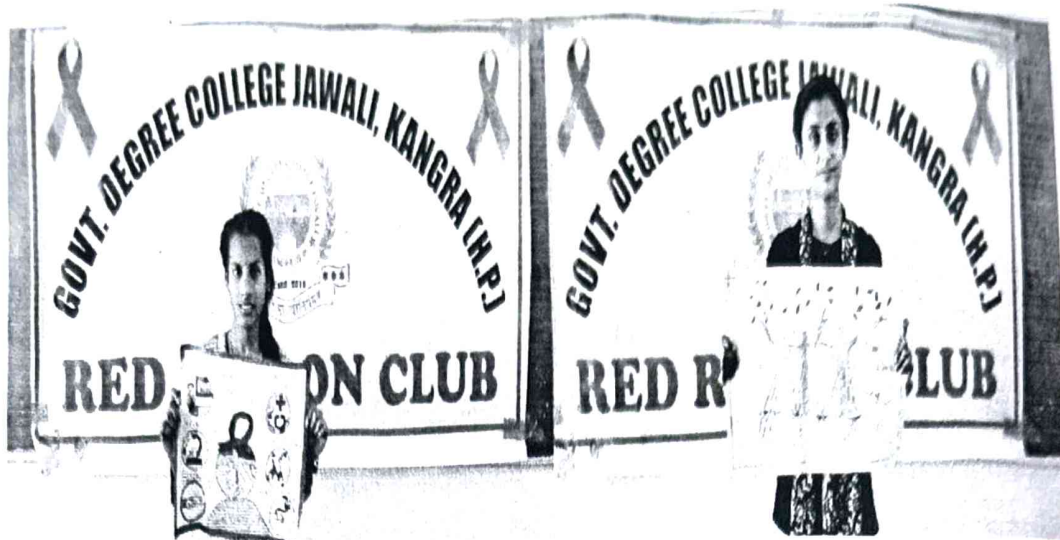
The competition was organized under the guidance of Prof. Sonika, Nodal Officer of the Red Ribbon Club, who encouraged students to participate actively and spread awareness about HIV/AIDS through creative expression."



**Prof. Sonika,
Nodal Officer,
Red Ribbon Club.**



Principal



Sandhu