

Session - 2024-25

~~XXXXXXXXXX~~

Date

~~XX~~

Page

bilt 10 on 10 Student Notebooks



Government Degree College Jawali
District Kangra, Himachal Pradesh, Pin Code 176023
Phone No. 01893-264004, Email id: gdcjawali@gmail.com

No:- EDN-GDC-JWL/Estt-47/RRC /2024/- 598

Dated:- 13.08.2024

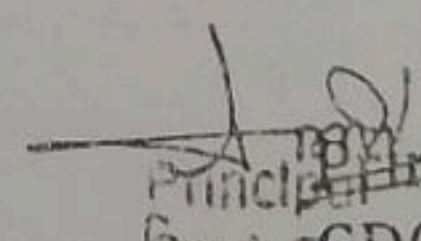
To

The District Welfare Officer,
Kangra at Dharamsala.

Subject:- Information regarding holding of Pledge and other events on 12.08.2024.

Sir,

With reference to the Deputy Commissioner District Kangra (HP) office letter no. Wel-Ka-1/37-2022-NMBA-2731-2834 Dated 09.08.2024, Pledge taking ceremony was organized at GDC Jawali and 130 students participated in the pledge taking ceremony. The students were aware about the bad effects of drug addiction and they were asked to make general public aware about side effects of drug addiction. The photographs of said event are attached here with.

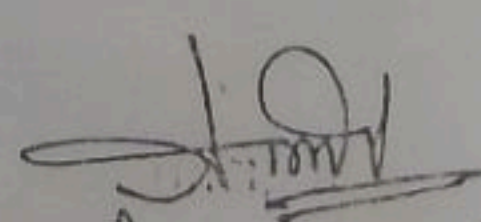

Principal
Govt. GDC Jawali
Jawali (Kangra) H.P.

Endst. No: - Even

Dated :- Even

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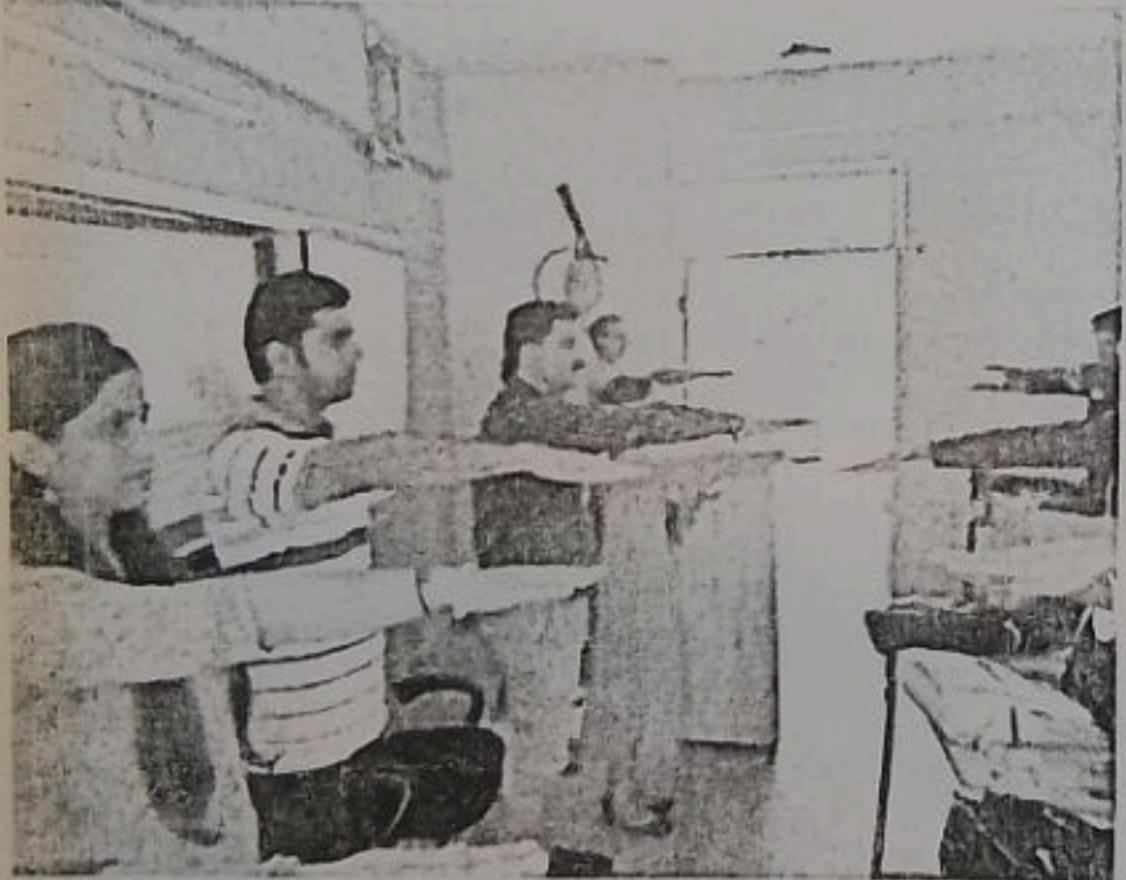
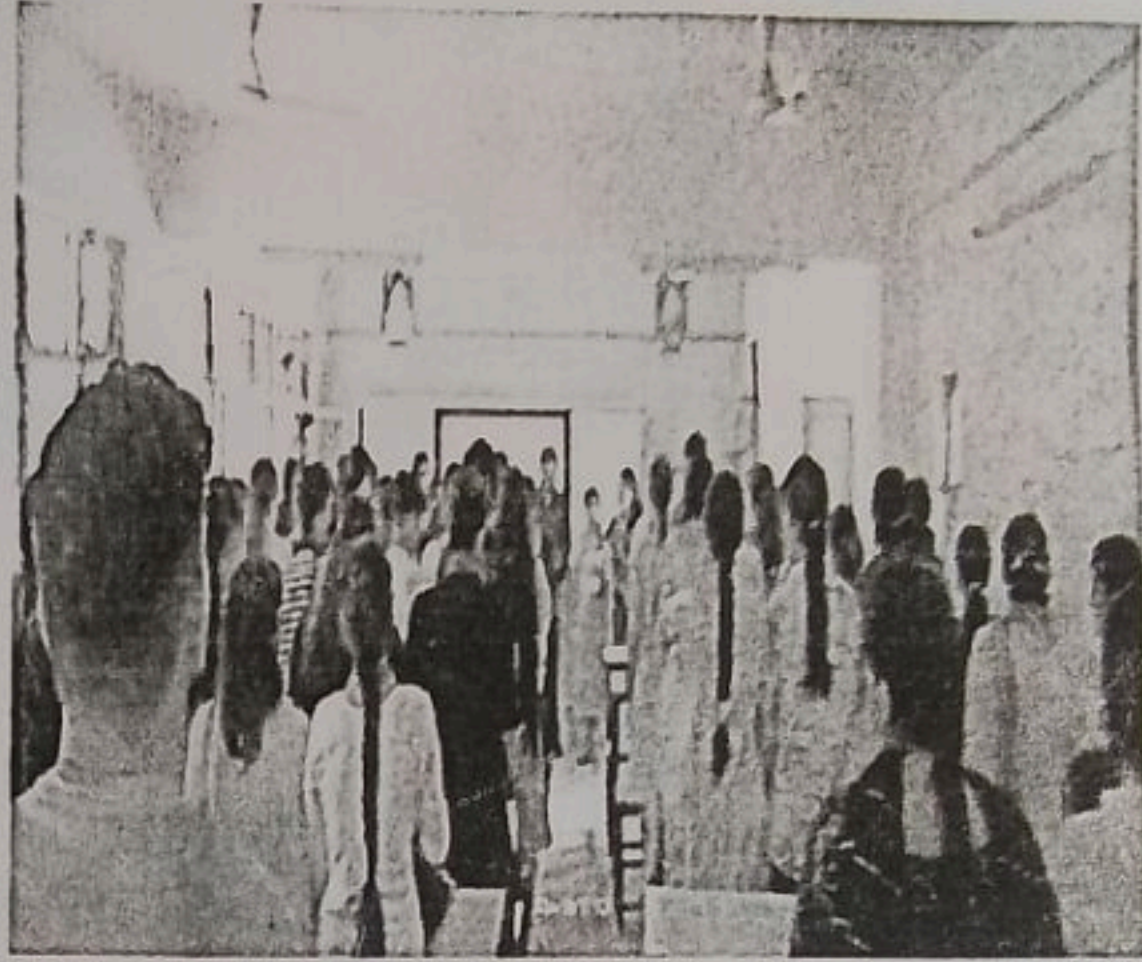
- 1. Guard file.


Principal
Govt. GDC Jawali
Jawali (Kangra) H.P.



Government Degree College Jawali
District Kangra, Himachal Pradesh, Pin Code 176023

JAWALI (KANGRA)



Sonika

ADAL OFFICER

DC JAWALI

Principal
Govt. Degree Collage
Jawali (Kangra) HP

10/08/2017

n
f
P.)
er:-



Government Degree College Jawali
District Kangra, Himachal Pradesh, Pin Code 176023
Phone No. 01893-264004, Email id: gdcjawali@gmail.com

No:- EDN-GDC-JWL/Estt-~~56~~⁴⁷/RRC/2024/-

Dated:- 25.07.2024

To

The Chief Medical Officer
Kangra at Dharamsala.

Subject: **Inviting entries for Youth Fest Marathan-"Red Run"(Distt. Kangra).**

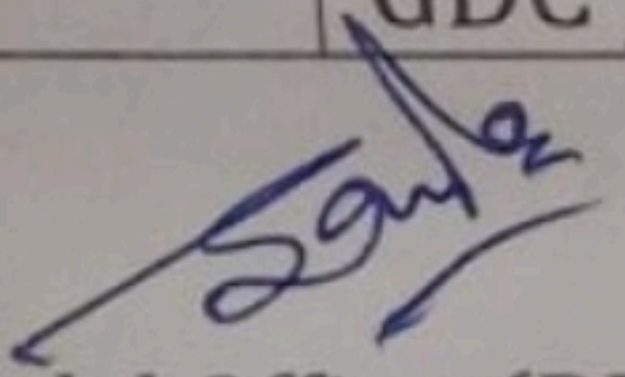
Sir,

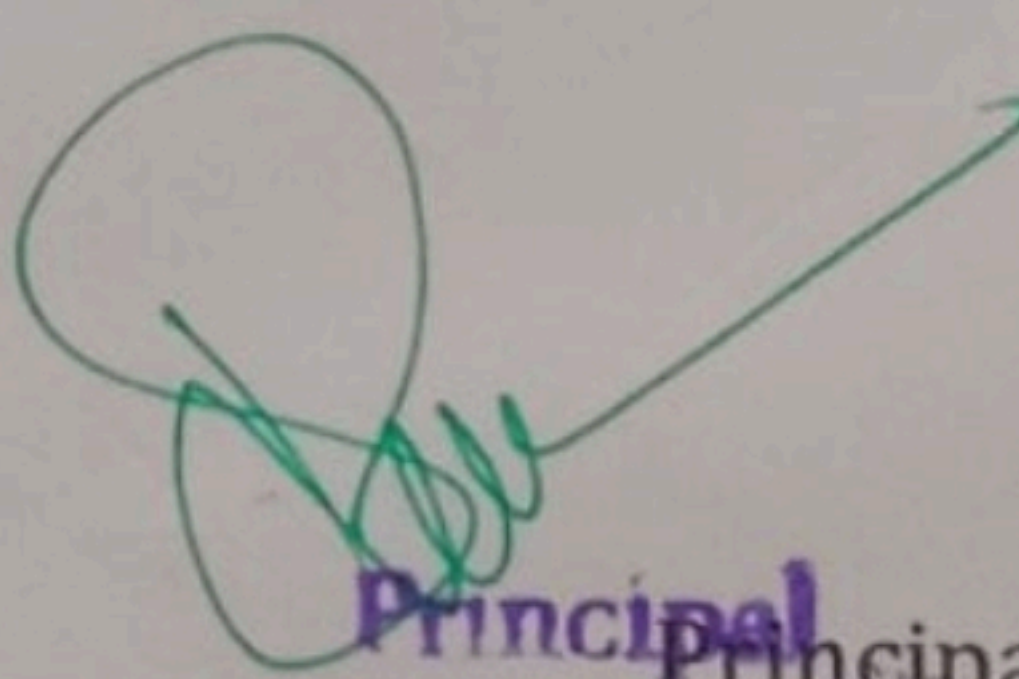
With reference to your office letter no. HFW/KGR/NACP/2024/-1366-1468 Dated 10/07/2024, on the subject cited. The nomination for participants in Youth Fest Marathan-"Red Run" (Distt. Kangra) in r/o GDC Jawali is given as under for information please.

ANNEXURE-1

Nomination for Participants in Youth Fest Marathan-"Red Run" (Distt.Kangra)

Sr.No.	Name of RRC	Name of Participants	Contact No.
		Name of Nodal Officer	
1.	GDC Jawali	Mrs. Sonika	7018606432.
		Name of Male Participants	
1	GDC Jawali	Mr.Anuket (BA- III)	8629018632
2	GDC Jawali	Mr. Aman Guleria (B.Com.-I)	7807932743
3	GDC Jawali	Mr.Shival (BA-III)	7876141225


Nodal Officer(RRC)
GDC Jawali

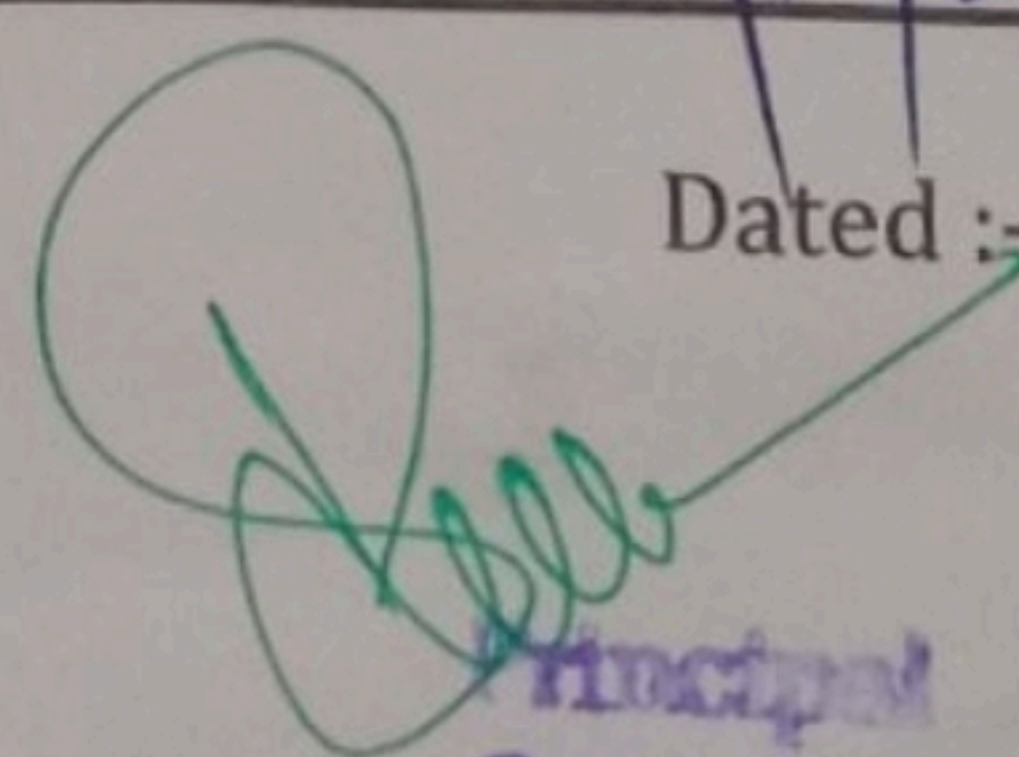

Principal
Govt. Degree College
Jawali, Distt. Kangra (H.P.)

Dated :- Even

Endst. No: - Even

Copy to:

1. Guard file.


Principal
Govt. Degree College
Jawali, Distt. Kangra (H.P.)

To,

The In-charges of RRCs, (as per list attached).

Subject: Release of Funds to the Red Ribbon Clubs – Distt Kangra(FY 2024-2025).

Sir,

With reference to letter no. HPSACS/IEC/Budget/16/21-IX-827-31 on the subject cited above. In this regard the fund of Rs. 7500/- to the each RRC has been released to you on 26/06/2024 according to financial guidelines for implementation of activities for FY 2024-2025 (PFMS Payment ID C062421867854). The Guidelines for FY 2024-2025 for implementation of activities RRCs has been enclosed herewith.

Hence you are requested to reconcile your accounts & conduct the activities at your respective institutions for financial year 2024-2025.

to
requested share the training nominations as per format attached.

Yours Sincerely,



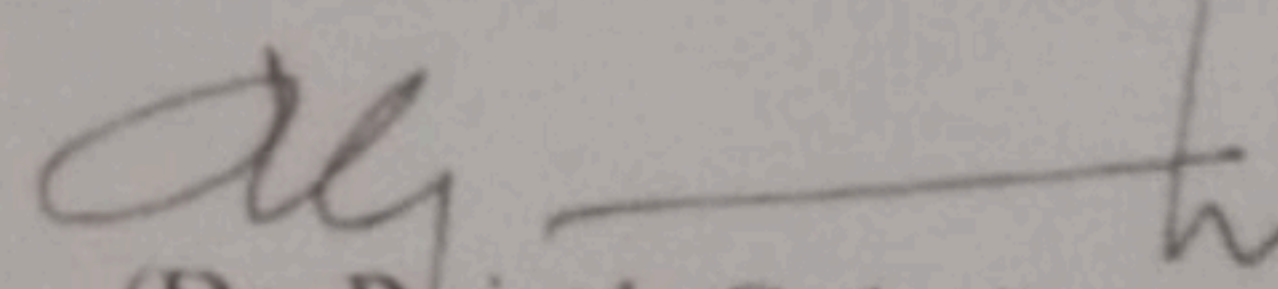
(Dr. Rajesh Guleri)
Chief Medical Officer,
Kangra at Dharamshala
01892-224874

Dated:

Endst No: As above/-

Copy to:

- The Project Director HPSACS, Shimla-02 for information with remarks that payment 73 RRCs has been released today. Budget for additional 25 RRCs may released as requested earlier Vide this office letter No. HFW-KGR/NACP/2024/-1104-1105
- The All the ICTCs in Distt for information & follow-up with concerned RRCs.



(Dr. Rajesh Guleri)
Chief Medical Officer,
Kangra at Dharamshala

26/6/2024

Annexure -1

Training nomination for Red Ribbon Club

Sr. No.	Name of RRC	Name of Peer Educator	Contact No.
1			
2			
3			
		Name of Nodal Officer	Contact No.
1			

Signature of Head of the Institution

Red Ribbon Club Guidelines

The meeting of the committee members to Finalize RRC Guideline for implementation of Activities for FY 2024-25 was held on dated 27th May 2024 under the chairmanship of Deputy Controller (F&A) HPSACS.

Following members attended the committee meeting:-

- a) Dr. Lalit, SPO (BSD/IEC)
- b) Mr. Vishal Acharya, RC NACO (IEC/MS)
- c) Mr. Rahul Chauhan, AD (IEC)
- d) Kritika Sharma, AD (Youth)
- e) Mr. Rajinder Thakur, Accountant HPSACS

The committee finalized following guidelines for Red Ribbon Clubs:

The committee has gone through existing guidelines of NACO & guidelines of HPSACS. It is recommended by the committee that all the guidelines will remain same as the previous guidelines as per (**Annexure-1**) and revision has been done in following guidelines as per details below:-

1. Route of funds:

The funds to the tune of Rs. 9000/- for New RRC & old RRC Rs. 9000/- will be released directly to all the Chief Medical Officers/ District AIDS Programme Officer by HPSACS. The Chief Medical Officers will release funds directly to RRC Institutions through DAPOs and not to any other agency.

2. Entire Academic Year Activity Calendar:

The activity calendar for New RRCs & old RRCs is at **Annexure-“2”** for year 2024-25. The RRCs will club the events of HIV/AIDS Prevention with other activities conducted by the college administration, NCC, NSS, ECOClubs and others.

3. Financial Guidelines:

3.1 Financial Guidelines for New RRCs will be as under:

- a) 4 Registers for maintenance of Records (detail of registers as per Sr. No. 4) @ Rs. 500/- for 4 registers.
- b) Bulletin Board @500/- per RRC
- c) Front/Main gate board @ 1000/- per RRC
- d) Maintenance/Branding @ 500/- per RRC
- e) Activity @ Rs. 5000/- per RRC (as per Annexure-2)
- f) Training of Nodal Officer and 3 Peer students @ Rs. 1500/- per RRC. Training to be conducted by District and funds for training not to be released to RRC. In case there is saving from training funds after completion of trainings same be utilized for World AIDS Day activities in RRCs.

3.2 Financial Guidelines Old RRCs will be as under:

- a) Maintenance/Branding of RRC @1000/-.
(If there is no maintenance needed, the fund to be utilized for RRC activities)
- b) Activity @ Rs. 6,500/- per RRC (**as per Annexure-2**)
- c) Training of Nodal Officer and 3 Peer students @ Rs. 1500/-per RRC. Training to be conducted by District and funds not to be released to RRC. In case there is

Whether	Out	Whether	Result of	Whether	Result of	Whether	Result of
37.							KSHATRIAY COLLEGE OF EDUCATION INDORA
38.							GOVT. DEGREE COLLEGE NURPUR
39.							GGDSD COLLEGE RAJPUR TEHSIL PALAMPUR
40.							GOVT. ITI SALIANA VILL SALIANA TEHSIL PALAMPUR DISTT KANGRA
41.							NSCN NURSING COLLEGE PALAMPUR DISTT KANGRA
42.							AIM ITI THAKURDWARA TEHSIL PALAMPUR DISTT KANGRA
43.							GOVT. ITI PALAMPUR ,TEHSIL PALAMPUR
44.							CAPTAIN VIKRAM BATRA COLLEGE, PALAMPUR
45.							SRI SAI UNIVERSITY , PALAMPUR
46.							GOVT. COLLEGE NAURA TEHSIL PALAMPUR DISTT KANGRA
47.							KLV COLLEGE PALAMPUR
48.							GOVT. COLLEGE KOTLA BEHAR
49.							CHANDER GULERI GOVT. COLLEGE HARIPUR GULER
50.							THAKUR COLLEGE OF EDUCATION DHALIARA THE DEHRA DISTT KANGRA
51.							GOVT. DEGREE COLLEGE DHALIARA TEHSIL DEHRA DISTT KANGRA
52.							GOVT. DEGREE COLLEGE, RAKKAR, TEH KANGRA
53.							GOVT. DEGREE COLLEGE DEHRA
54.							BABA KANSHI RAM GOVT. COLLEGE DADASIBA
55.							MSCM GOVT. DEGREE COLLEGE THURAL
56.							GOVT. DEGREE COLLEGE, SHIVNAGAR, VPO LAHAT TEH JAISINGHPUR
57.							GOVT. POLYTECHNIC TALWAR, TEHS JAISINGHPUR,
58.							VISHWAKARAMA PVT ITI LAMBAGAON, KANGRA
59.							KDC GOVT. ITI BALAKRUPI, KANGRA
60.							KANWER DURGA CHAND GOVT.. DEGREE COLLEGE JAISINGHPUR
61.							LAUREATE INSTITUTE OF PHARMACY, KATHOG, TEHSIL DEHRA
62.							RC COLLEGE OF EDUCATION AT DHANOT , PO. ADHWANI , TEH. DEHRA
63.							GOVT. DEGREE COLLEGE MAJHEEN DISTT KANGRA
64.							GOVT. DEGREE COLLEGE JAWALAMUKHI DISTT KANGRA (HP)
65.							UNIVERSAL EDUCATIONAL TRUST ITI GAGLOO, JAWALAMUKHI
66.							GOVT. COLLEGE KHUNDIAN
67.							GOVT. DEGREE COLLEGE REY TEHS FATEHPUR DISTT KANGRA
68.							GOVT. POLYTECHNICFOR WOMEN , REHAN
69.							WRSGC COLLEGE DEHRI TEHSIL FATEHPUR DISTT KANGRA
70.							GOVT. DEGREE COLLEGE JAWALI
71.							GOVT. DEGREE COLLEGE NAGROTA SURIAN
72.							GOVT. DEGREE COLLEGE SUGBHATOLI
71.							GOVT. DEGREE COLLEGE NAGROTA SURIAN
72.							GOVT. DEGREE COLLEGE SUGBHATOLI

Office of the Chief Medical Officer,
Kangra at Dharamshala

To

All In-charges of Educational/Technical Institutions (Having RRCs).
As per list attached (Annexure-1)

Subject: - **Regarding Intensified Campaign, International Youth Day Activities for RRCs (Flash Mobs & Stigma & Discrimination) - Distt Kangra.**

Sir,

With reference to letter no. HPSACS /IEC/Intensified Campaign/2024-2025-2039 on dated 30th July, 2024 on the subject cited above. In this regard **Stigma & Discrimination activity & Flash Mob** are to be conducted by All RRCs. The implementation plan is as mentioned below:-

Implementation plan for Awareness Sessions on Stigma & Discrimination in the colleges

- The Nodal Officers to share the ATR with good photographs in Annexure-1 along with HD videos.
- Students can also perform activities on stigma & discrimination at the college level
- Ideally 100% students of the college to attend this session, however, 75% minimum students should attend the sessions.

Implementation plan for Stigma & Discrimination activity Flash Mob

- Minimum of 10 students will perform in this flash mob activity.
- Timeline: 10-15 minutes.
- Topic will be based on HIV/AIDS (Route of transmission, Testing, Stigma & discrimination, HIV Act 2017 & toll-free number 1097)
- Performance should be carried out in key place preferably in rural areas having large people gathering.
- The Nodal Officers to share the ATR with good photographs in Annexure-2 along with HD videos @ cpmnacpkgr@gmail.com.
- All students should pin up Red Ribbons while performing Flash mob
- Proper miking sound system be available with students
- Wide news coverage of activity may be done and as well as on social media platforms.

Chief Medical Officer,
Kangra at Dharamshala

Dated: 24/8/2024

Endst No: As above/-

Copy to:

- The Project Director HPSACS Shimla for information please.
- The Distt AIDS Programme Officer, Kangra at Dharamshala for information.
- Dr Neha Koundal, CPM for inf. Follow-up and compliance.
- All ICTC/STI Counsellors, Distt Kangra in Distt Kangra for inf. Follow-up and compliance.

Chief Medical Officer,
Kangra at Dharamshala

Notice

Date: 29/8/2024

The Red Ribbon Club of Government Degree College Jawali is proud to present a Declamation Competition and poster making Competition followed by a Flash Mob activity on dated 02/09/2024. Interested students may submit their names to Prof. Sonika, Nodal Officer of the Red Ribbon Club, latest by 31/08/2024. This is an excellent opportunity to showcase your public speaking skills, confidence, and creativity.

Don't miss this opportunity to showcase your talent.

Competition Details:

1. **Declamation Competition** (Venue: Room No.103 at 11:00A.M)

- Theme: HIV/AIDS (Route of transmission, Testing, Stigma & Discrimination.)
- Language: Hindi & English.
- Time Limit: 3-5 minutes per participant

Rule:

- A panel of judges will evaluate the performances based on content, delivery, and overall impact.

2. **Poster making Competition** (Venue: Room No.104 at 11:00A.M)

- Theme: HIV/AIDS (Route of transmission, Testing, Stigma & Discrimination.)
- Time duration will not be more than 2 hours.

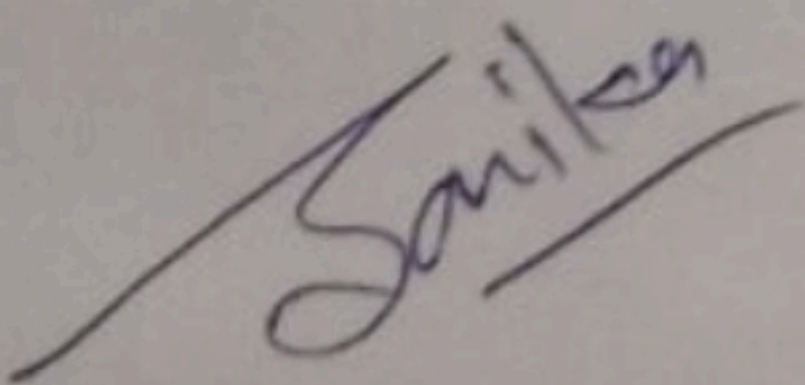
3. **Flash Mob activity** (HIV/AIDS)

- Prizes:

Certificates will be given to all the participants.

We look forward to seeing you shine!

Best regards,

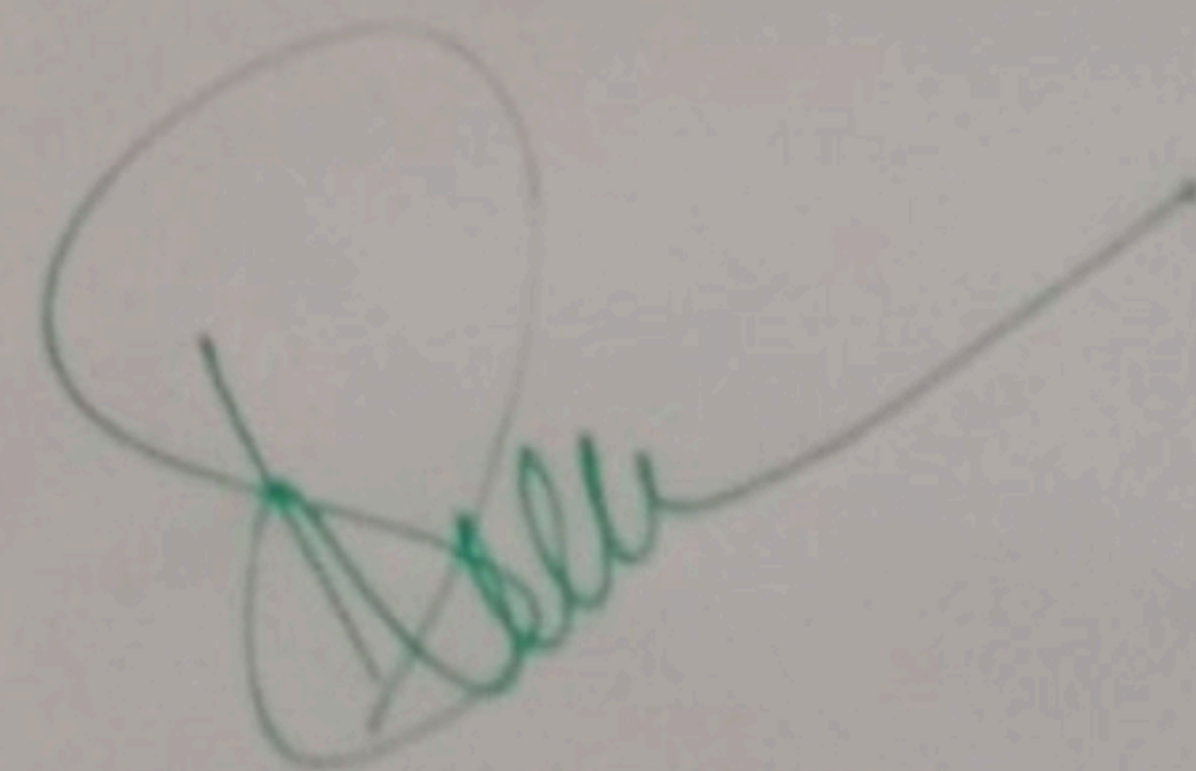


Mrs.Sonika

Nodal Officer

Red Ribbon Club

GDC Jawali



Principal

02/09/2024



Government Degree College Jawali
District Kangra, Himachal Pradesh, Pin Code 176023
Phone No. 01893-264004, Email id: gdcjawali@gmail.com

No:- EDN-GDC-JWL/Estt-47/RRC /2024/- ~~656~~ Dated:- 16.09.2024
To

The Chief Medical Officer
Kangra at Dharamsala.

Subject: Report of the activities held on intensified Campaign, International Youth Day.

Sir,

It is hereby submitted that as per directions of your worthy office letter no. HFW/KGR/NACP/2024/-1873-2021 Dated 24/08/2024, the following activities organized in by the Red Ribbon Club of this college on dated 02.09.2024.
Photographs of the events are attached as supportive documents: ✓

Sr. No.	Activity	Theme	1 st Postion	2 Nd Postion	3 Rd Position
1.	Poster Making	HIV-AIDS (Stigma Discrimination) &	Suhani Dhiman 22HIN006	Anshuman 22COM023	Kiran 24ECO005
			Kashish 24HIS016	Simran Thakur 22ECO016	Dipika Thakur 22POL019
2.	Slogan writing competition		Tanisha 23ECO001	Sonia 22HIST018	Nitin 22ECO004
			Kiran 24ECO005	Saneha 24COM016	
3.	Declamation competition		Mehakpreet Kaur 22COM003	Tanu Bala 24ECO003	Saneha B.A. 1 st Shivani B.A. 1 St
4.	Flash Mob Activity(Rally)		Near about 120 students participated in the activity.		

Nodal Officer (RRC)
GDC Jawali

Principal
GDC Jawali

Endst. No: - Even

Dated :- Even

Copy to:

1. Guard file.

02/09/2024

Govt. Degree College Jawali

Red Ribbon Club
of
Govt. Degree College Jawali

Organized by

1998-2000



"Get the facts, get tested, get involved."



ks

02/09/2024

GD JAWALI



Sri Lanka
Nedra office (PRC)
CIBC Jawali

[Handwritten signature]
Sri Lanka
CIBC

Lanka

List of Participants in intensified campaign on International Youth Day. (02/09/2024)

Sr. No	Name	Class	Roll. No	Signature
1	Nidhi	BA 2nd year	23 HIS 028	Nidhi
2	Shrita Bhatti	BA 2nd year	23 HIS 033	Shrita Bhatti
3	Shreuti	B.A. 2nd year	23 HIS 034	Shreuti
4	Priyanshi Reharia	BA 2nd year	23 POL 004	Priyanshi
5	Ankita choudhary	B.A. 2nd year	23 POL 016	Ankita choudhary
6	Priya Devi	BA 2nd year	23 POL 016	Priya Devi
7	Shanika Dhiman	BA 2nd year	23 POL 005	Shanika Dhiman
8	Babita Kumari	B.A. 2nd year	23 HIS 027	Babita Kumari
9	Anshuka	B.A. 2nd year	23 HIS 004	Anshuka
10	Paiti choudhary	BA 2nd year	23 HIS 002	Paiti choudhary
11	Reeha	B.A. 2nd year	23 POL 013	Reeha
12	Anu Radha	B.A. 2nd year	23 POL 012	Anu Radha
13	Shivani Pathania	B.A. 3rd year	22 HIS 022	Shivani
14	Sonia	B.A. 3rd year	22 HIS 018	Sonia
15	Deepika	B.A. 3rd year	22 POL 019	Deepika
16	Suhani Dhiman	B.A. 3rd year	22 HIS 006	Suhani
17	Kiran Kumar	B.A. 1st year	24 ECO 005	Kiran
18	Sakshi Choudhary	B.A. 1st year	24 ECO 004	Sakshi
19	Kashish Thakur	B.A. 1st year	24 HIS 016	Kashish
20	Anvi	BA 1st year	24 ECO 007	Anvi
21	Nancy Choudhary	B.A. 2nd year	23 ECO 004	Nancy Choudhary
22	Tanisha	BA-2nd year	23 ECO 001	Tanisha
23	Taniya Rana	BA-2nd year	23 HIS 005	Taniya
24	Shreuti	B.Com 1st year	24 COM 008	Shreuti
25	Kanika Dhiman	BA-1st year	24 ECO 002	Kanika
26	Souparv Kumar	B.A. 1st year	24 POL 001	Souparv
27	Amit Kumar	B.A. 1st year	24 HIS 027	Amit
28	Ankit Choudhary	B.A. 1st year	24 POL 028	Ankit
29	Aman Gulzari	B.Com 1st year	24 COM 002	Aman
30	Shival	B.A. 3rd year	22 HIS 001	Shival
31	Ankita Koundal	B.A. 3rd year	20 POL 057	Ankita Koundal
32	Manisha Humari	B.A. 3rd year	22 HIS 051	Manisha
33	Anil Bhatti	B.A. 3rd year	22 HIS 010	Anil Bhatti
34	Aniket	B.A. 3rd year	22 ENG 01	Aniket
35	Shankit	B.A. 2nd year	23 HIS 026	Shankit
36	Souparv Narwal	B.A. 2nd year	23 HIS 025	Souparv Narwal
37	Vansh Burdan	B.A. 2nd year	23 PED 008	Vansh Burdan
38	Tanu Bala	B.A. 1st year	24 ECO 003	Tanu Bala
39	Smeha Sharma	B.A. 1st year	24 POL 015	Smeha
40	Shivani	B.A. 1st year	24 POL 014	Shivani

02/09/24

Sr. No	Name	Class	Roll. No	Signature
81	Kavita choudhary	BCOM 1st year	24COM012	Kavita
82	Vanshika Thakur	BCOM 1st year	24COM010	Vanshika
83	Shivani	BA III year	21POL012	Shivani
84	Jyoti	BA III year	21HIS013	Jyoti
85	Saloni Devi	BA III year	21POL040	Saloni
86	Arati	BA II Year	23ECO006	Arati
87	Swati Koundal	BA II year	23HINDI015	Swati Koundal
88	Gurjan	BAT year	24POL18	Gurjan
89	Palak	BAT year	24POL19	Palak
90	Niya Sharma	Bcom 1st year	24COM009	Niya Sharma
91	Aparna	BOM 1st year	24COM003	Aparna
92	Sheetal Guleria	Bcom 1st year	23COM005	Sheetal Guleria
93	Shikha Kumari	B.A 1st year	23HINDI01	Shikha
94	Bindu Devi	BA 1st year	24HIS012	Bindu Devi
95	Simran Samyal	B.A 1st year	24POL009	Simran Samyal
96	Lazma Bibi	B.A 1st year	24HIS004	Lazma Bibi
97	Kavika choudhary	BA 1st year	24HIS003	Kavika choudhary
98	Nishita	BA 1st year	24POL010	Nishita
99	Shadia	B.A. 1st year	24POL008	Shadia
100	Sakshi	B.A. 1st year	24HIS034	Sakshi
101	Palak	B.A. 1st year	24HIS020	Palak
102	Kashish	B.A 1st Year	24POL022	Kashish
103	Seema Devi	B.A 1st year	24POL027	Seema
104	Kanishka choudhary	B.A. 1st year	24POL030	Kanishka
105	Simran	B.A 1st year	23POL011	Simran
106	Vanshika	B.A 1st year	23POL014	Vanshika
107	Muskan choudhary	B.A 1st year	24POL016	Muskan choudhary
108	Suhani Choudhary	B.A 1st year	24POL026	Suhani choudhary
109	Bhavita Devi	B.A 3rd year	22HIS029	Bhavita Devi
110	Minakshi Dadwal	B.A. 3rd year	22HIS043	Minakshi
111	Mehak Choudhary	B.A 1st year	24POL002	Mehak Choudhary
112	Nehachambial	B.A 3rd year	22POL008	Nehachambial
113	Mehak Choudhary	B.A 3rd year	22POL016	Mehak
114	Sejal Choudhary	B.A 3rd year	22HIS002	Sejal
115	Shweta Choudhary	B.A 3rd year	22HIS005	Shweta
116	Anshika Thakur	B.A 3rd year	22HIS030	Anshika
117	Harshita Sital	B.A 3rd year	22HIS050	Harshita
118	Anushka Choudhary	B.A 3rd year	22HIS047	Anushka
119	Anu Devi	B.A 3rd year	22HIS015	Anu Devi
120	Nitesh Kashyap	B.A 3rd year	22HIS021	Nitesh

02/09/24

Sr. No	Name	Class	Roll. No	Signature
121	Manju Choudhery	B.A 3rd Year	22 HIN 003	Manju Choudhery
122	SHIVANI	B.A 3rd Year	22 HIS 038	Shivani
123	Aashita	B.A 3rd year	22 HIS 033	Aashita
124	Tamanna Devi	BA 3rd year	22 HIS 010	Tamanna
125	Kusum Sharma	BA 3rd year	22 POL 026	Kusum Sharma
126	Ankita Choudhary	BA 1st year	24 HIS 023	Ankita Ch.
127	Riya Choudhary	BA 1st year	24 HIS 015	Riya
128	Tamanna Choudhary	BA 1st year	24 HIS 026	Tamanna
129	Naina	B.Com 1st year	24 COM 005	Naina
130	Ankita Bala	BA 1st year	24 HIS 29	Ankita Bala
131	Simran Kour	BA 1st year	24 POL 035	Simran Kour
132	Anjali	BA 1st year	24 HIS 011	Anjali
133	Renu Bala	BA 1st year	24 HIS 035	Renu
134	Supriya	BA 1st year	24 HIS 022	Supriya
135	Anjali Dhiman	BA 1st year	24 POL 035	Anjali Dhiman
136	Palak	BA 1st year	24 POL 034	Palak
137	Harshita devi	BA 1st year	24 HIS 005	Harshita
138	Kiran Bala	BA 1st year	24 HIS 032	Kiran Bala
139	Keetika	BA 1st year	24 HIS 013	Keetika
140	Vanshika Koundal	BA 1st year	24 POL 021	Vanshika
141	Sakina	BA 1st year	24 POL 006	Sakina
142	Pallavi Koundal	BA 1st year	24 POL 002	Pallavi
143	Amushika	BA 1st year	24 HIS 028	Amushika
144	Abhinav Chambial	B.Com 1st year	24 COM 027	Abhinav Chambial
145	Palak Guleria	B.A 3rd year	22 HIS 062	Palak Guleria
146	Palak Choudhary	B.A 3rd year	22 HIS 044	Palak Choudhary
147	Anjali Kumari	B.A 1st year	24 POL 020	Anjali Kumari
148	Ritika Begum	B.A 3rd year	22 HIS 070	Ritika
149	Ankita Devi	B.A 3rd year	22 HIS 024	Ankita
150	Suhani Choudhary	B.A 3rd year	22 ENG 006	Suhani
151	Anjana	B.A 3rd year	22 PED 001	Anjana
152	Akshita	B.A 3rd year	22 HIS 023	Akshita
153	Tanisha Choudhary	B.A 3rd year	22 HIS 014	Tanisha
154	Sneha Devi	B.A 3rd year	22 HIS 013	Sneha
155	Kajal	B.A 3rd year	22 HIS 069	Kajal
156	Saloni	B.Com 3rd year	22 COM 010	Saloni
157	Komal	B.Com 3rd year	22 COM 002	Komal
158	Nikita	B.Com 3rd year	21 COM 017	Nikita
159	Balvita	B.Com 3rd year	22 COM 001	Balvita
160	Samxiti	B.Com 1st year	24 COM 006	Samxiti

02/09/24

Sr. No	Name	Class	Roll. No	Signature
41	Tania	B.A 2nd Year	23 Pol 002	Tania
42	Suhani Choudhary	B.A 2nd year	23 Pol 010	Suhani
43	Khushi	B.A 2nd Year	23 POL019	Khushi
44	Mangsi Devi	B.A 2nd year	22 HIS025	Mangsi Devi
45	Ritika Thakur	B.A 2nd year	23 HIS036	Ritika
46	Sneha Thakur	B.A 2nd year	23 Pol 003	
47	Nyjal jaryal	B.A 2nd year	23 HIN 009	Nyjal jaryal
48	Pooja	B.A 2nd year	23 HIS044	Pooja
49	Anjali	B.A 2nd year	23 HIS035	Anjali
50	Shikha	B.A 2nd year	23 HIS022	Shikha
51	Arissha	B.A 2nd year	23 Pol 022	Arissha
52	Siya	B.A. 2nd year	23 HIS040	Siya
53	Reena	B.A. 2nd year	23 HIS045	Reena
54	Anjana Kumari	B.A 2nd Year	23 HIS039	Anjana Kumari
55	Murkan	BA 3rd Year	22 Pol 005	Murkan
56	Manish Kumar	B.COM 1st Year	24 COM 17	Manish
57	Tushar	B.COM 1st Year	24 COM 19	Tushar
58	Mohan	B.COM 1st Year	24 COM 25	Mohan
59	Janvi Thakur	B.COM 1st Year	24 COM 24	Janvi
60	Murkan	B.A 1st year	24 ECO 009	Murkan
61	Sonali	BA 1st Year	24 POL 004	Sonali
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72	Nodal officer			Principal
73	RRC			
74				
75				
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77				
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79				



Government Degree College Jawali
District Kangra, Himachal Pradesh, Pin Code 176023
Phone No. 01893-264004, Email id: gdcjawali@gmail.com

No:- EDN-GDC-JWL/Estt-47/RRC /2024/-

Dated:- 20.09.2024

To

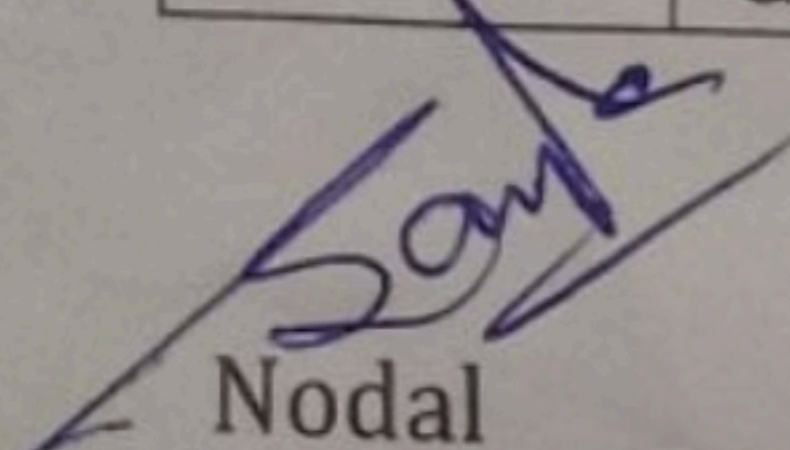
**The Chief Medical Officer
Kangra at Dharamsala.**

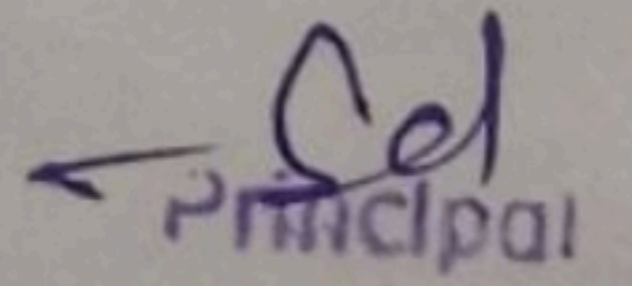
Subject: One Day Training of Nodal Officer & Peer Educators Youth of RRC (NACP).

Sir,

With reference to your office letter no. HFW/KGR/NACP/2024/-2059-2106 Dated 05/09/2024, on the subject cited. Smt. Sonika, Nodal Officer, Red Ribbon Club GDC Jawali is hereby relieved off her duties today the 20th September 2024(AN) and directed to attend one day training along with two peer educators held at Rajiv Gandhi Engineering College, Massal Nagrota Bhagwan, on 21.09.2024 at 9:30 AM. Detail of Nodal Officer and peer educators is given as under:

Sr.No.	Name of RRC	Name of Peer Educators	Contact No.
1	GDC Jawali	Mr. Vansh Bardhan (BA- II)	9015218873
3	GDC Jawali	Miss. Shruti (B.Com.-I)	7807362048
		Name of Nodal Officer	Contact No.
1.	GDC Jawali	Mrs. Sonika	7018606432


Nodal
Officer (RRC)
GDC Jawali

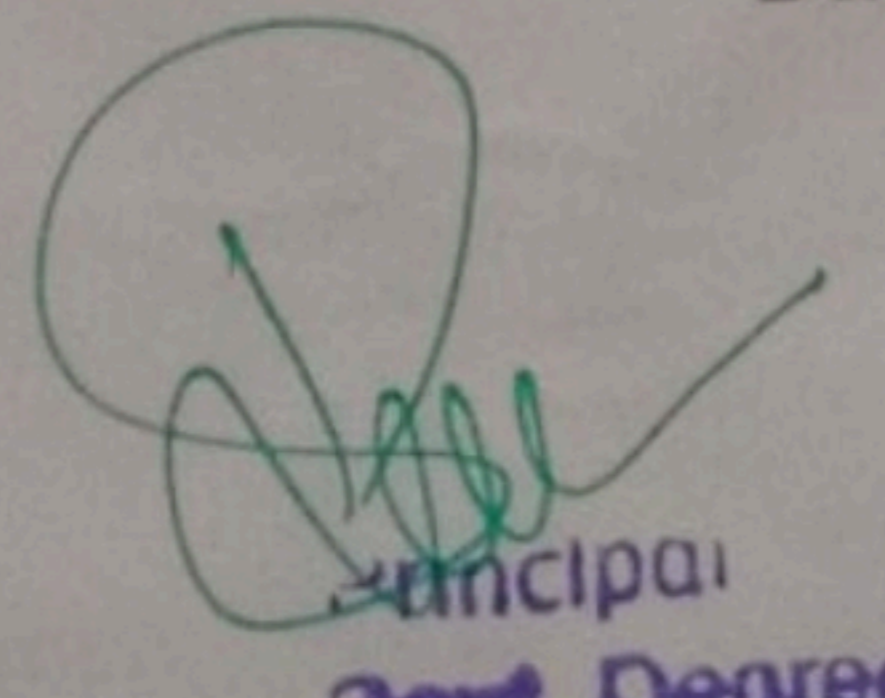

Principal
Govt. Degree College
Jawali (Kangra) H.P.

Endst. No: - Even

Copy for information to:

Dated :- Even

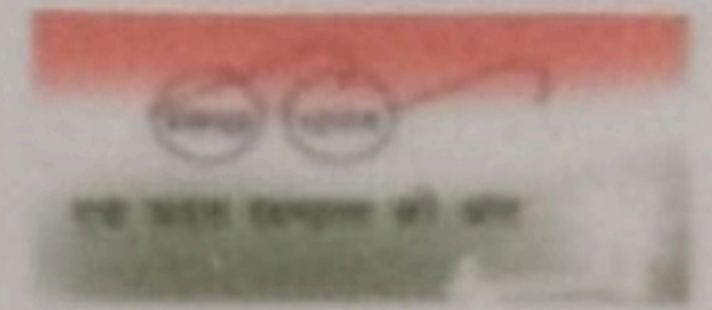
2. Smt. Sonika, Nodal Officer, RRC GDC Jawali.
1. Guard file.


Principal
Govt. Degree College
Jawali (Kangra) H.P.

Women Health and Hygien cell & Red Ribbon club incharge Prof. Sonik for further necessary action. 23/10/2024



TIENS INTERNATIONAL



एक कदम स्वास्थ्य की ओर

Date : 23/10/2024

To

The Principal
Govt. Degree College
Taveli
Distt. Ranges CHA

Subject : Permission regarding Demonstration on Women Health & Cancer Awareness

Respected Sir,

With due respect We want to state that we are working with a International Company "TIENS INTERNATIONAL" which is established in 1995 and working in the field of Healthcare Biotechnology and Human Engineering. Our company is member of United Nation and in view of our work in the field of health, we have been awarded with the "UN Title" and "UN Flag" by the United Nation.

We take care of the health of women and children and work on the instructions and directions given by the WHO an UNESCO.

Recently, in the research conducted by WHO, It has been found that every year in India, the death of a women in seven minutes is being caused due to Uterus Cancer. The main reason behind it is poor quality polythene based sanitary pad. As it became known that almost all the companies use low quality of polythene and chemicals for added much more profit which causes the so many cancers like Uterus cancer, Ovarin Cancer, Breast Cancer, Cervical Cancer etc.

CSR has taken initiative to make women and our Bahu-Betiyan aware of the problem of Cancer and get rid of it. TIENS Internatioinal is his partner Company in this Compaign of welfare of us.

In this compaign we wants to give a demonstration of 45 to 60 minutes at your reputed Institution. Through this demonstration, we make our daughters aware about the fatal diseases caused by the use of wrong sanitary pads and also tell how to avoid these diseases without any harm to health by natrual method

So, you are requested please give to us the permission for demonstration in the benefit of womens.

Thanking - you,

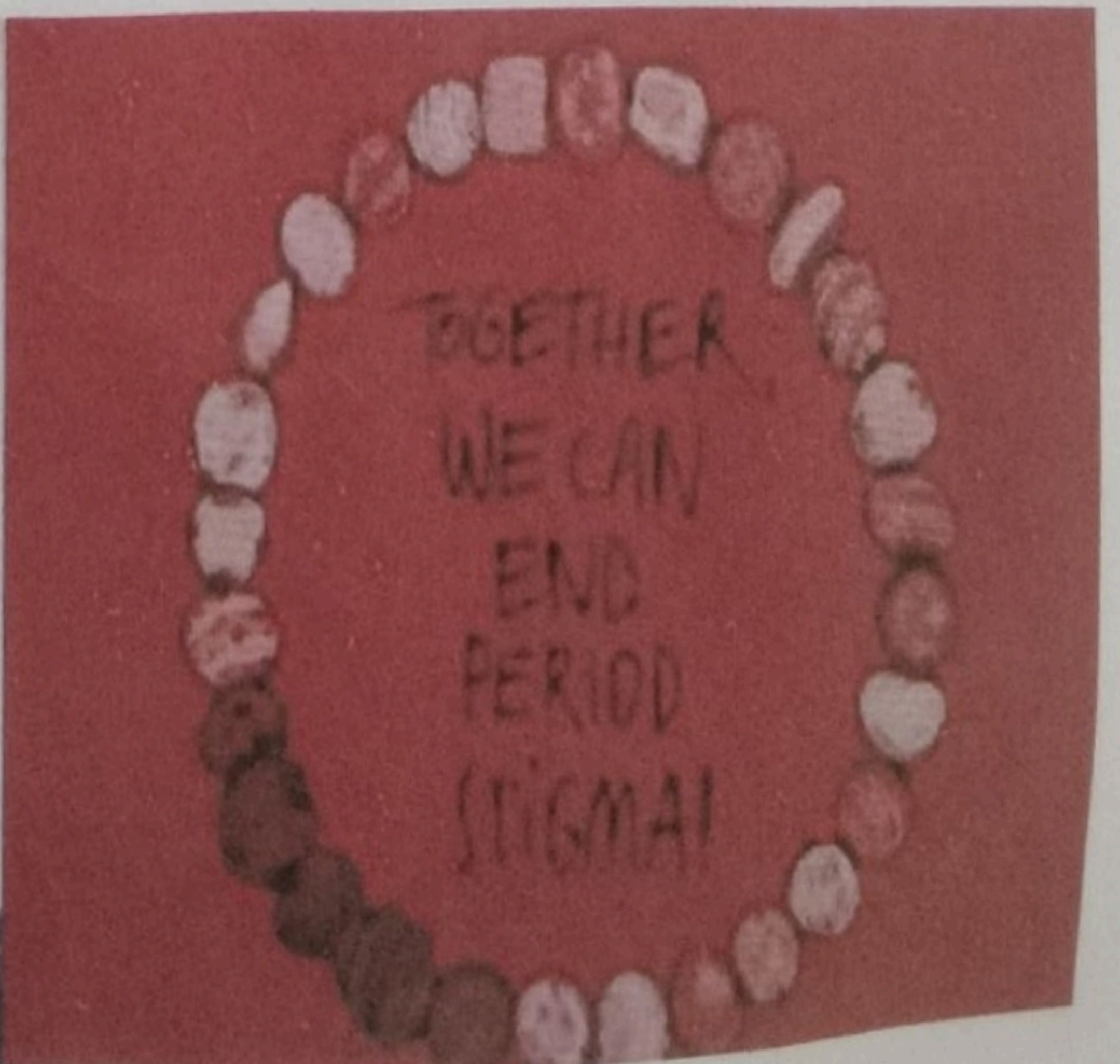
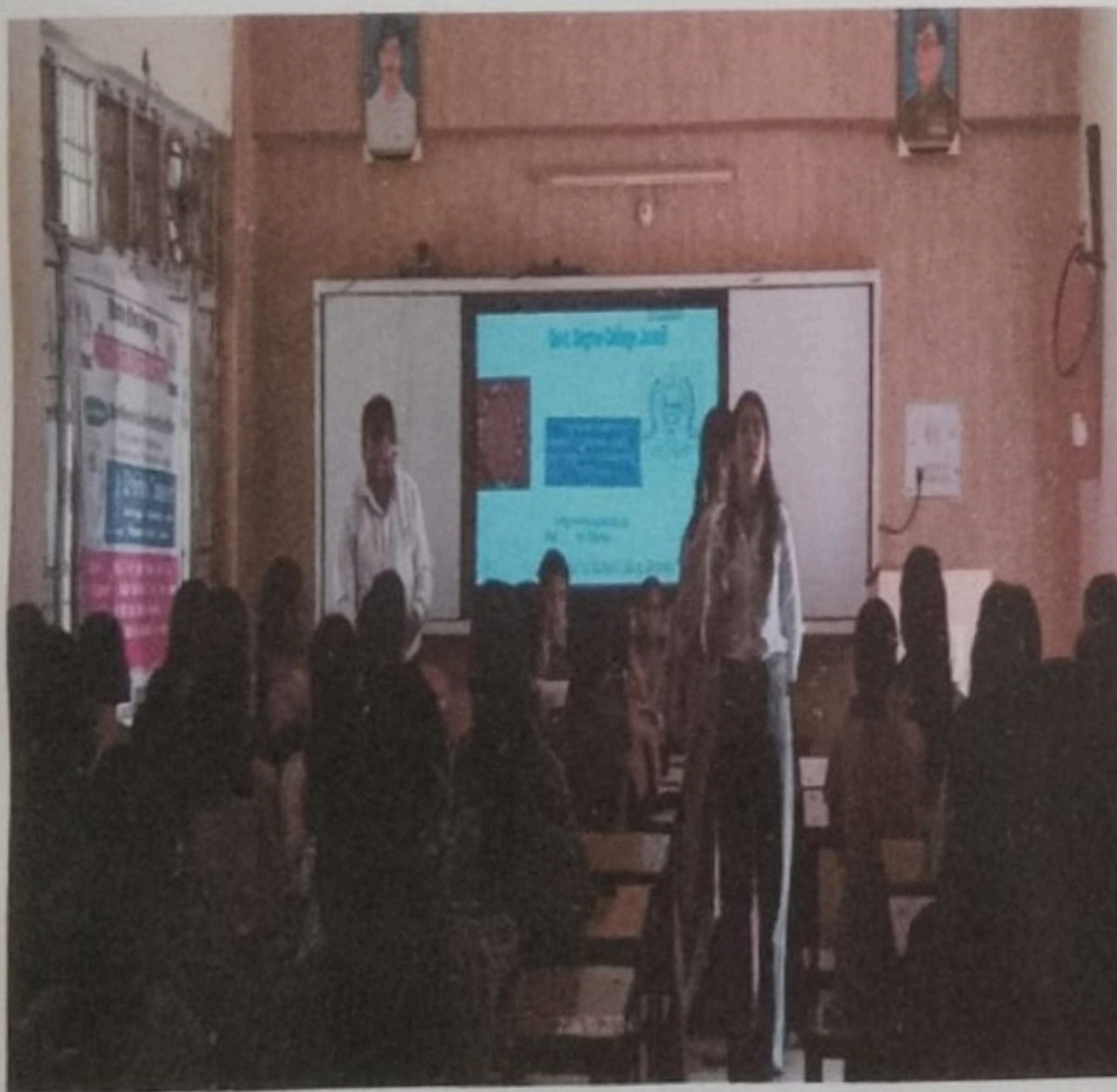
Permission granted to conduct an awareness program on Women Health & Hygien 23/10/24

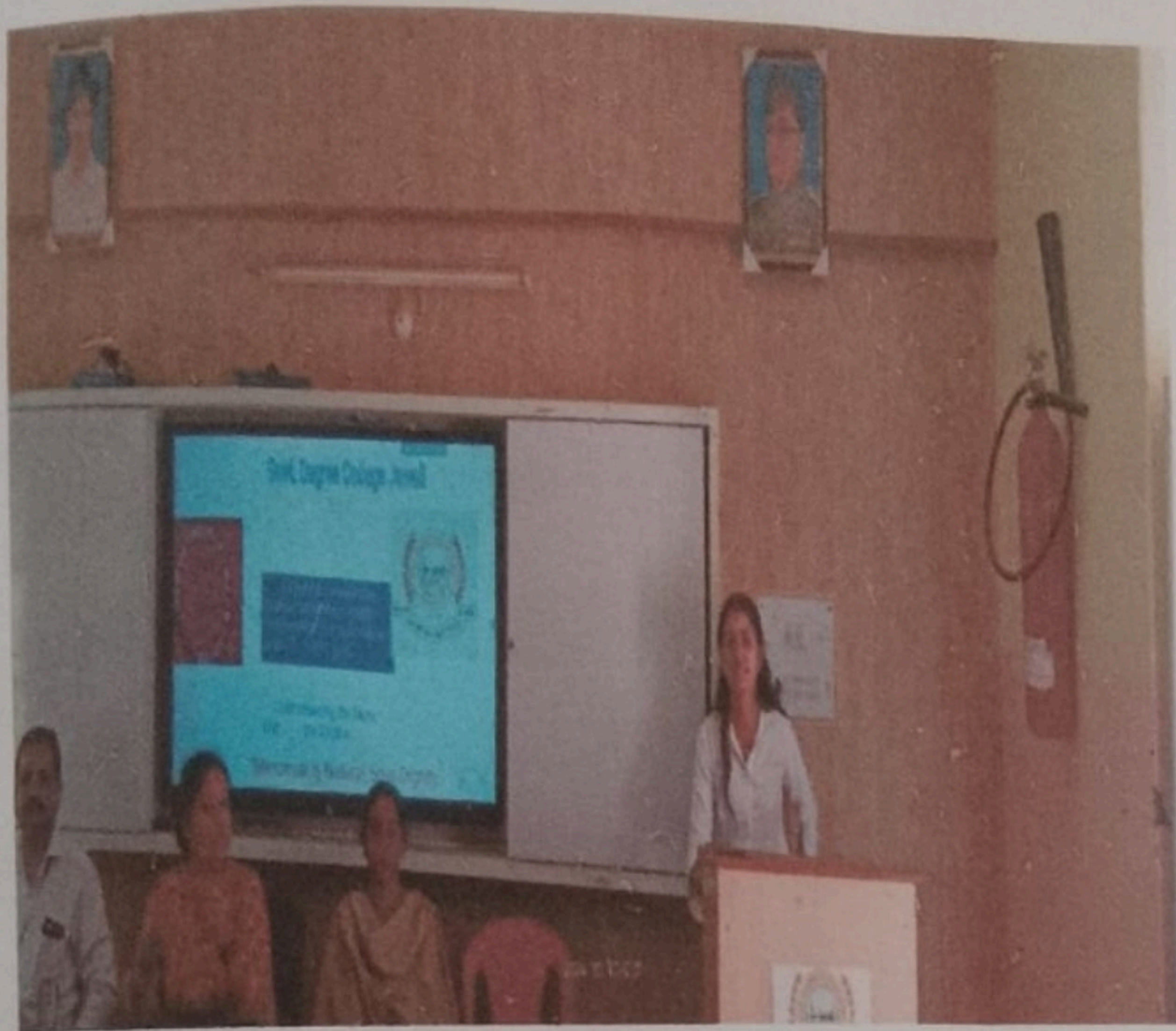
(1) Name
Om Dutt

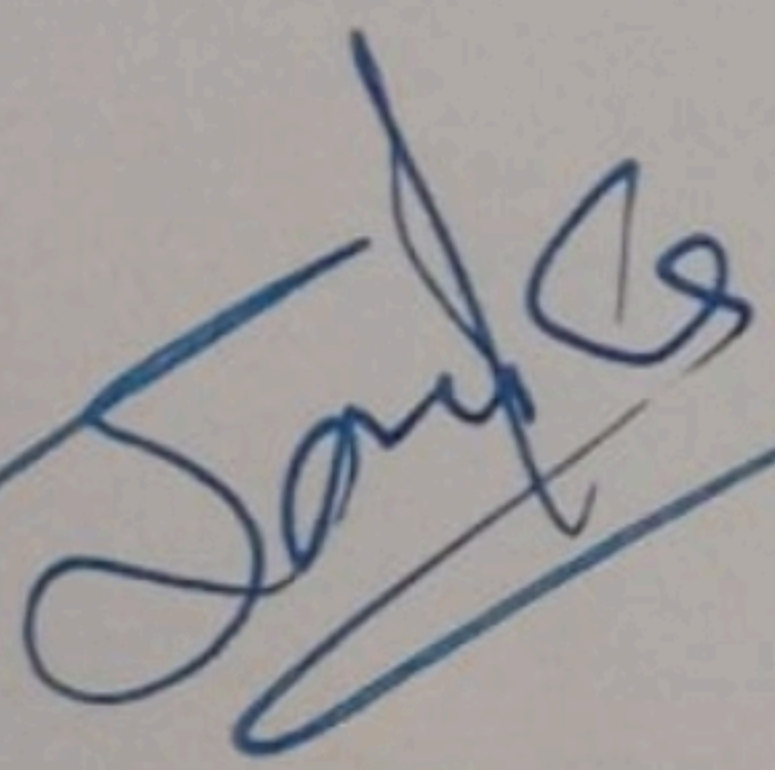
(2) Palak

Signature

Palak

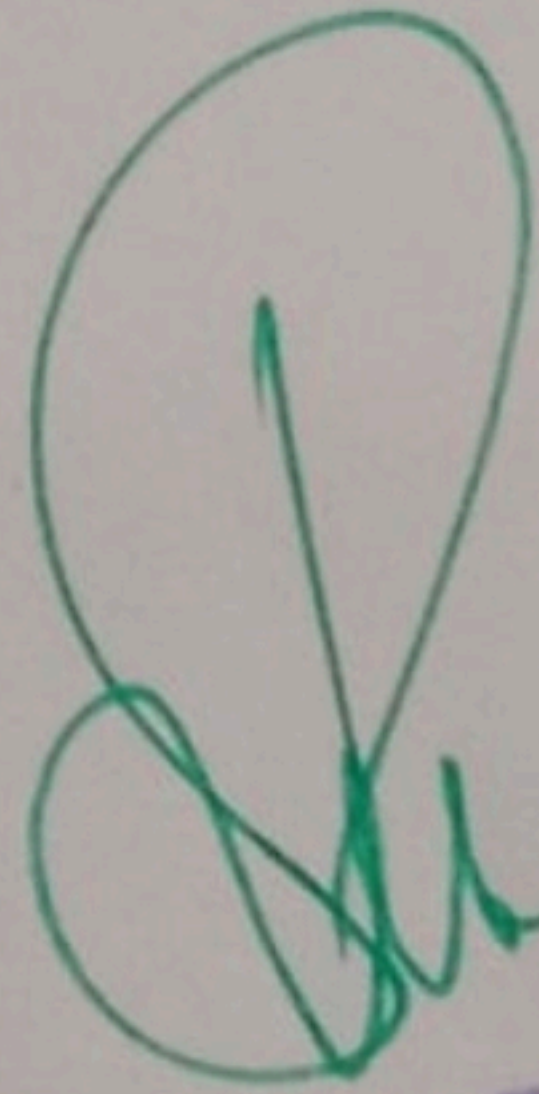





SONIKA

Convener / Nodal officer

- Red Ribbon Club
- Women Health & Hygiene

 Principal
G.D.C. Jaulali

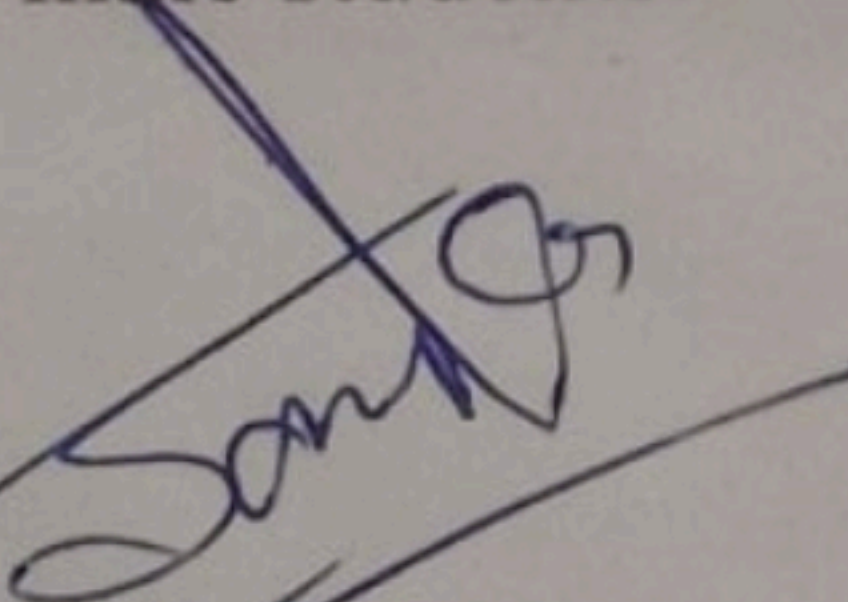
Principal
G.D.C. Degree College
Jaulali (Kangra) H.P.

Today on dated 23/10/2023 an awareness lecture was organised by Women Health and Hygiene Cell and Red Ribbon club of the GDC Jawali to promote awareness and education on Women's Health and Hygiene in **Collaboration with TIENS NGO**. Mr. OmDutt, Miss Palak Dutt and Mrs. Arti were the resource person for today's event. Near about 120 girls attended the session. A detailed discussion was done to develop good menstrual hygiene habits which can empower students to take control of their own health and feel confident about managing their period.

The objectives of the session:

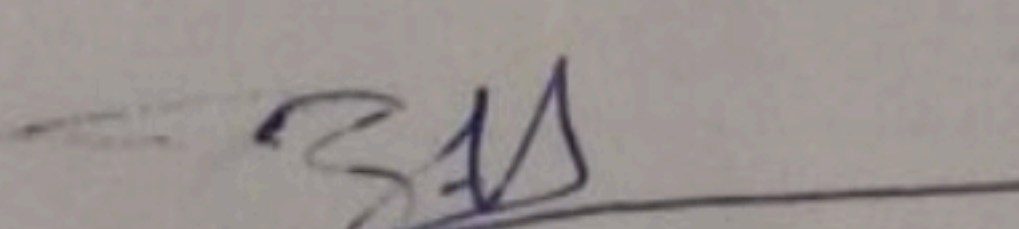
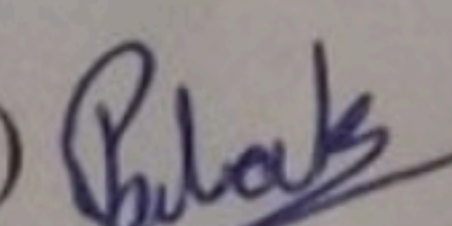
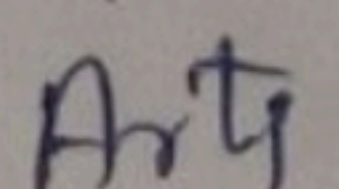
- **Raising awareness:** To educate people about menstrual hygiene and break down myths and taboos
- **Improving health:** To improve health and dignity by reducing the risk of infections from poor hygiene practices
- **Increasing access:** To increase access to sanitary products and facilities
- **Empowering girls:** To empower girls by helping them feel more comfortable discussing menstruation and making it a pleasant experience
- **Increasing economic growth:** To boost economic growth by tapping into the multibillion-dollar feminine hygiene industry.
- **Topics Covered:**
 1. Menstrual Cycle and Hygiene
 2. Sanitary Products and Usage
 3. Menstrual Health Issues and Solutions
 4. Breaking the Stigma around Menstruation

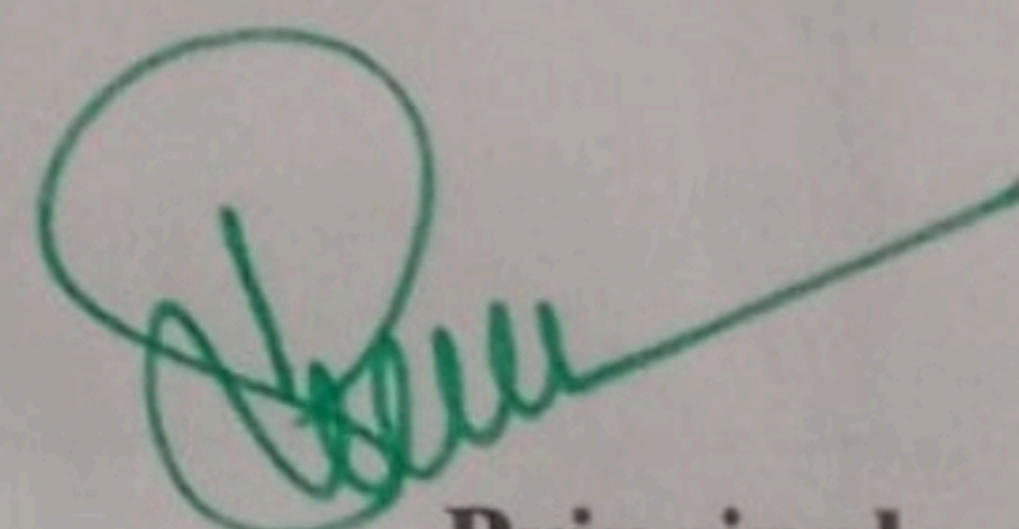
The awareness lecture on menstrual hygiene successfully educated and empowered attendees. The Women Health and Hygiene Cell plans to conduct regular workshops and expand the initiative to include male students.


Prof Sonika

Convenor Women Health and Hygiene Cell

Resource Person

- Dr. Om Dutt 
- Palak Dutt (Health Educator) 
- Mrs. Arti 


Principal

Principal
Govt. Degree College
Jawali (Muzaffar) M.P.



Government Degree College Jawali
District Kangra, Himachal Pradesh, Pin Code 176023
Phone No. 01893-264004, Email id:
gdcjawali@gmail.com
Website www.gdcjawali.in

No.EDN-GDC-JWL/Estt-68/NOTICE/2024/-

Dated: ~~26/10/2024~~ ^{23/10/24} 23/10/2024

Notice

Inter-House Competition

Theme: Women Health and Hygiene and Gender Discrimination

Women Health and Hygiene cell and Women Grievances and Redressal Cell of the GDC Jawali is going to organizing an Inter- House Competition to promote awareness on Women's Health and Hygiene, gender Discrimination and Sexual harassment on dated 26/10/2024. Interested students may submit their names to the Mentors of their respective groups, latest by 25/10/2024.

Sr. No.	Mentor	Students/ Mantee	Groups	Signature
1	Prof. Sulakshan Kumar	History Major	Group-1	
2	Prof. Nishant Narang/ Prof. Madhu Bala	Commerce	Group-2	
3	Prof. Sonika	Economics Major	Group-3	
4	Prof. Sanoj Kumar	Hindi/ English/Physical Education Major	Group-4	
5	Prof. Shashi Kala	Political Science Major	Group-5	

Events:

1. Poster Making:

1. Duration will not be more than 2 hours.
2. Material like paper, pencil, colours etc. will be provided by the college.
3. Topic "Unite ! Invest to Prevent Violence Against Women & Girls".

2. Slogan Writing:

1. Duration will not be more than 2 hours.
2. Material like paper, pencil, colours etc. will be provided by the college
3. Topic "Strong Women, Strong World".

3 Reel Making:

1. Duration will be 3 to 5 Minutes.
2. Topic " **Don't Smoke, Choose Life.**"

4 Essay Writing / Poem Writing:

1. Duration will not be more than 1 hour.
2. Topic "**Health is Your Treasure; Guard It**".

Judges of the Event

Sr. No.	Name	Signature
1	Prof. Sulakshan	
2	Prof. Nishant Narang	<i>Nishant Narang</i>
3	Prof. Shashi Kala	

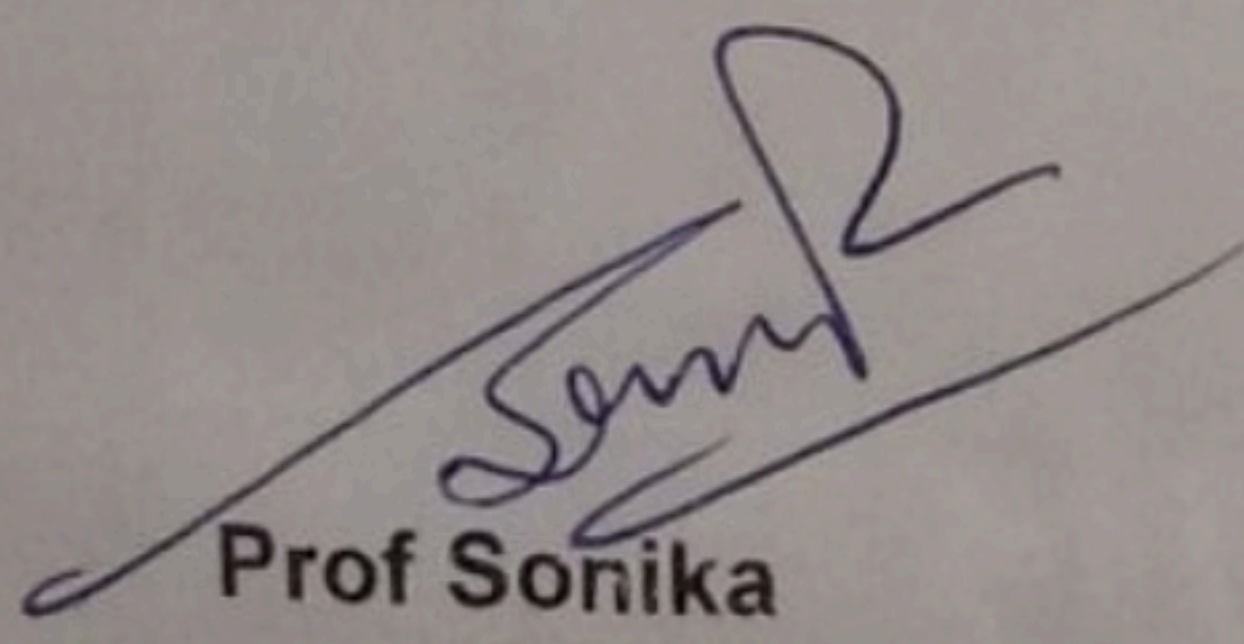
Judging Criteria:

- Creativity
- Originality
- Relevance to theme
- Presentation

Rules:

- Participants must be from the same house
- No external help allowed
- Decision of judges is final

We look forward to your participation!

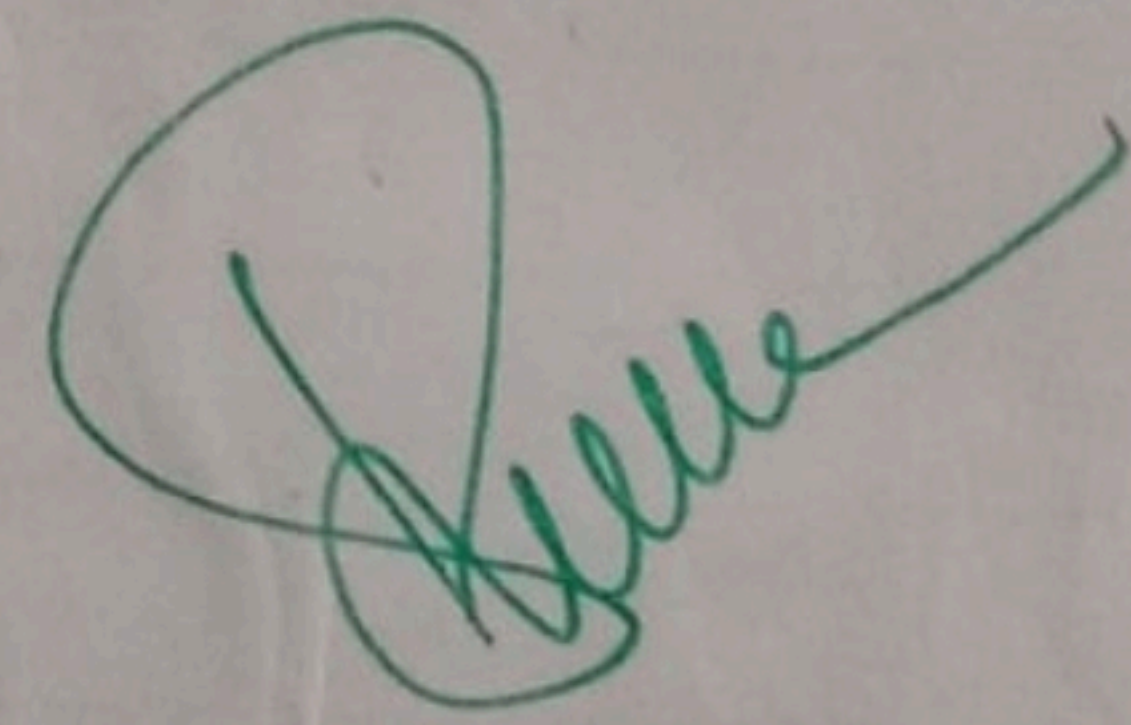


Prof Sonika

Convenor

Women Health and Hygiene Cell

Women Grievances and Redressal Cell

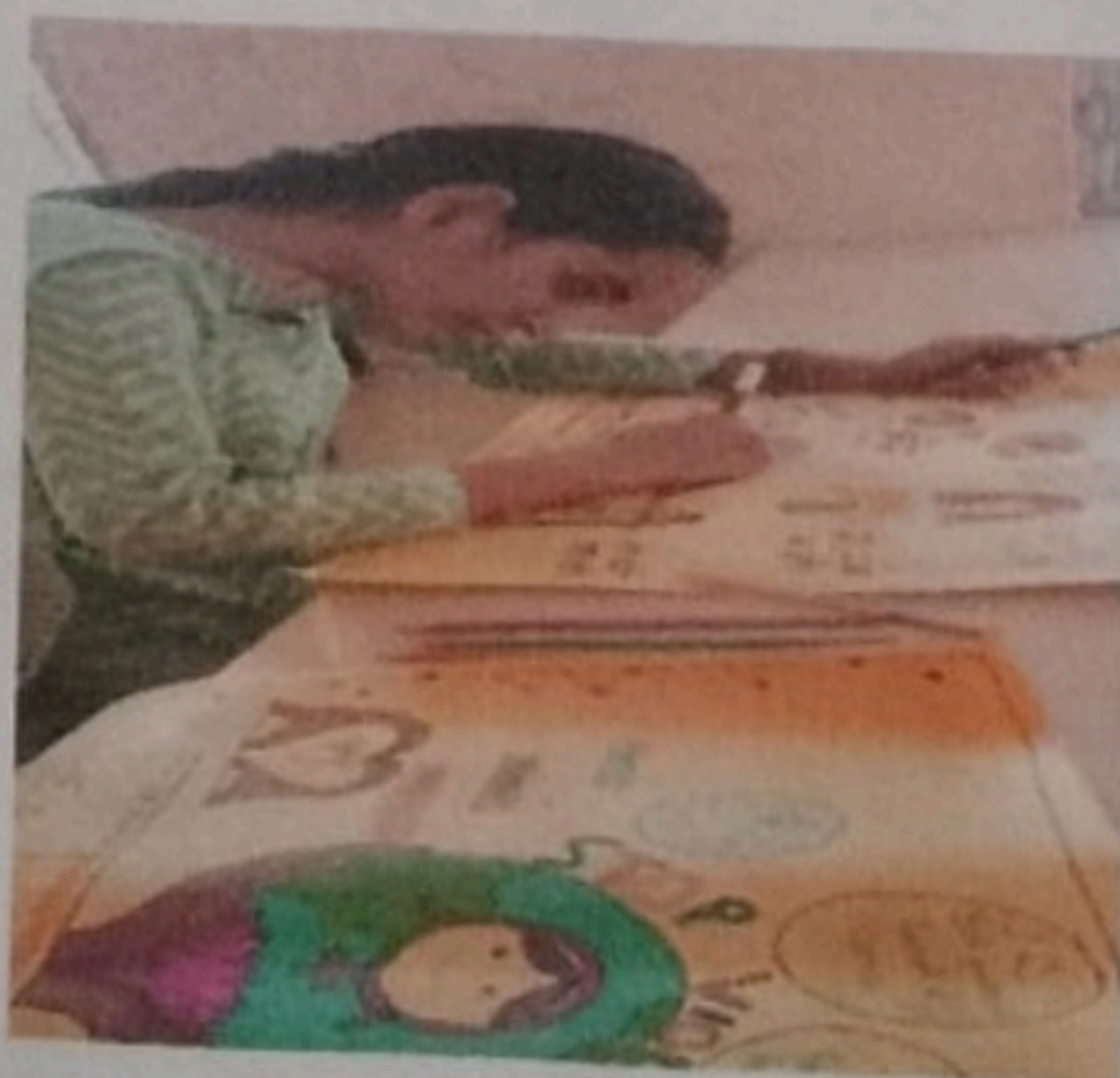


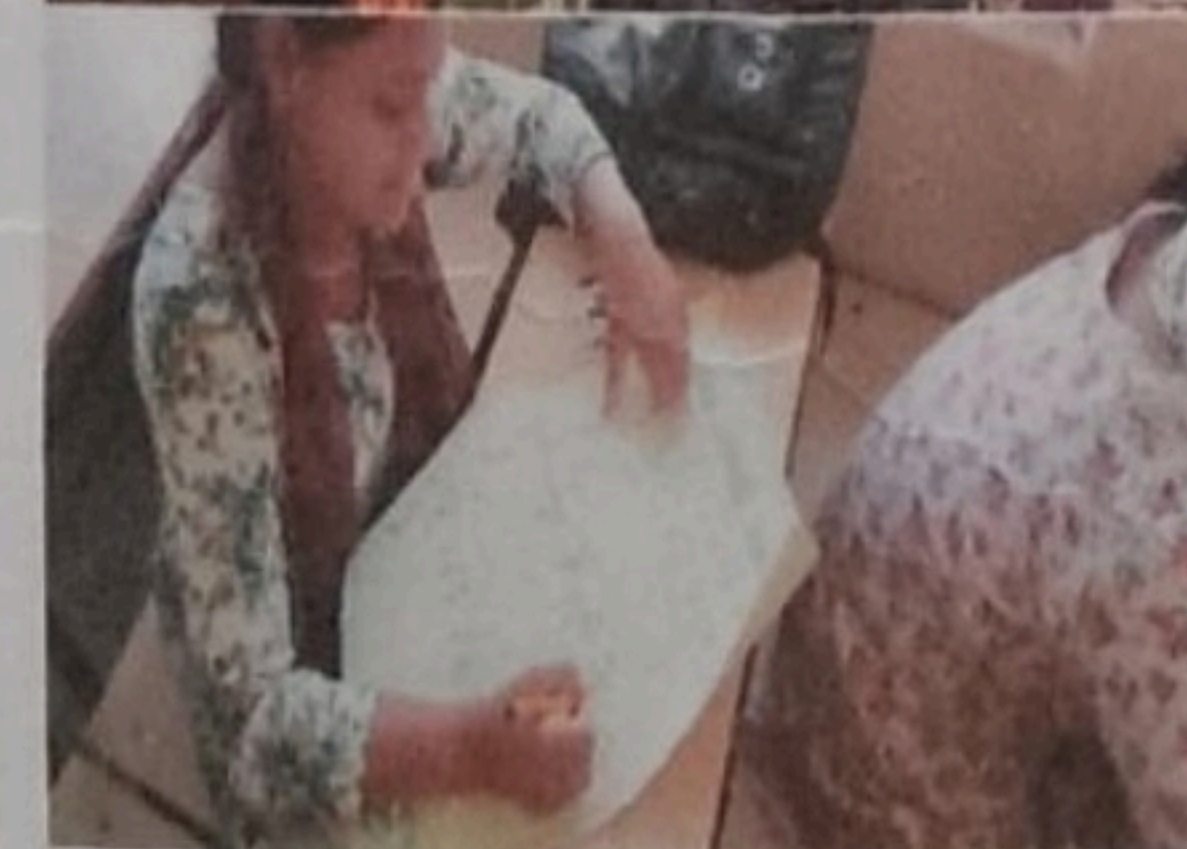
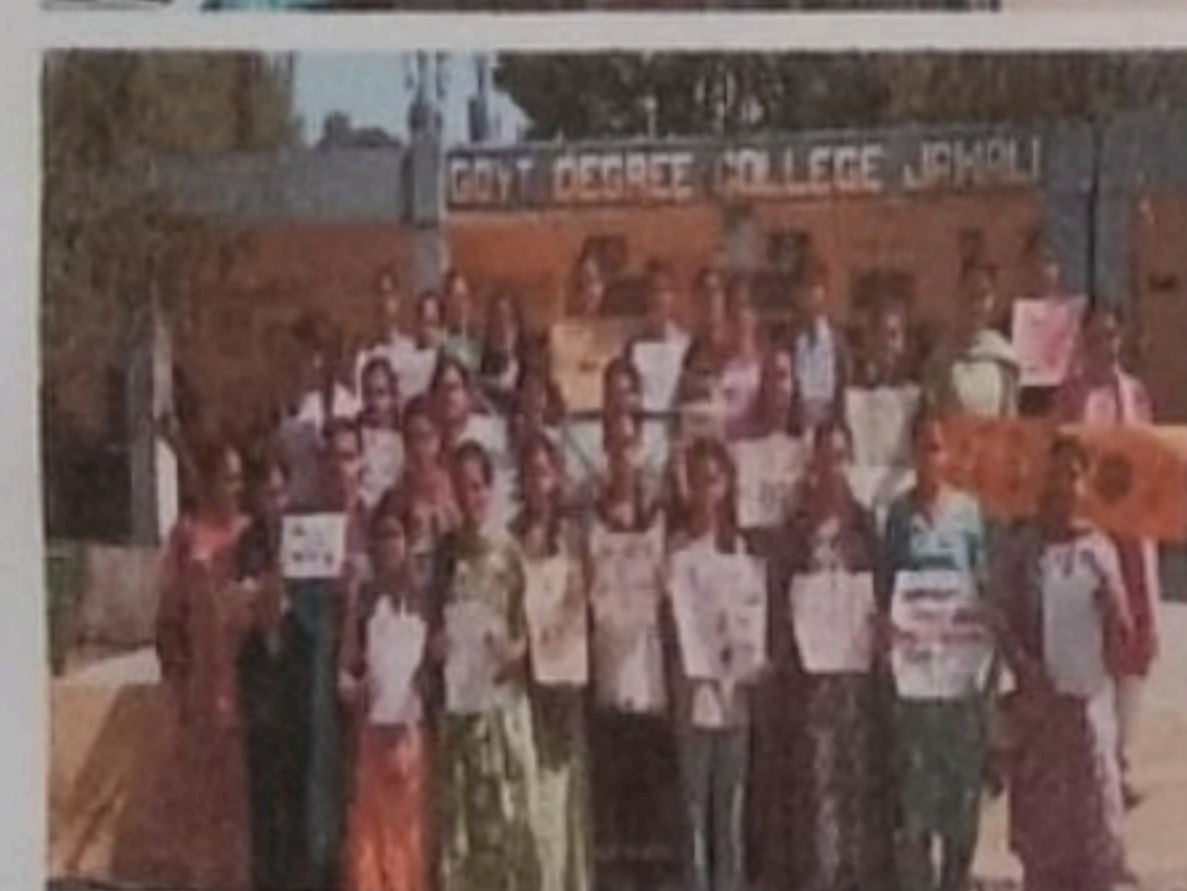
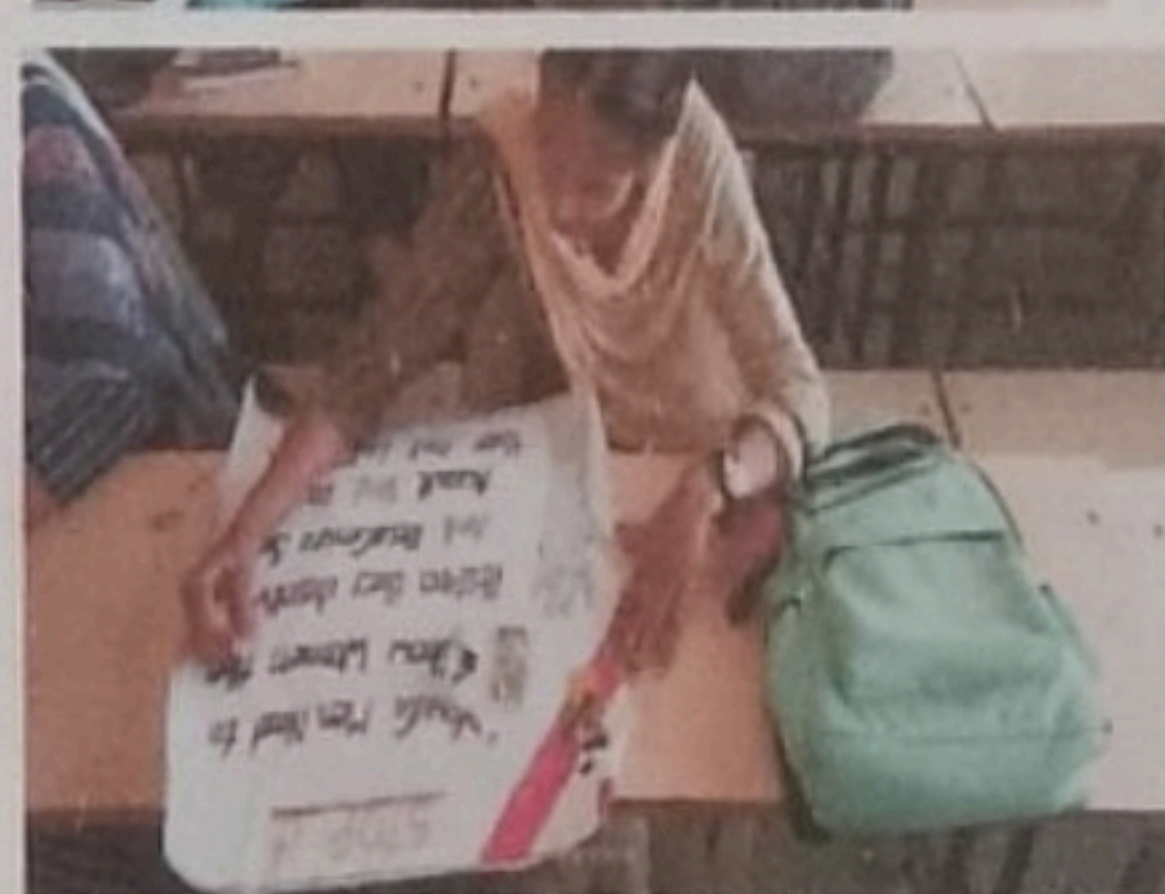
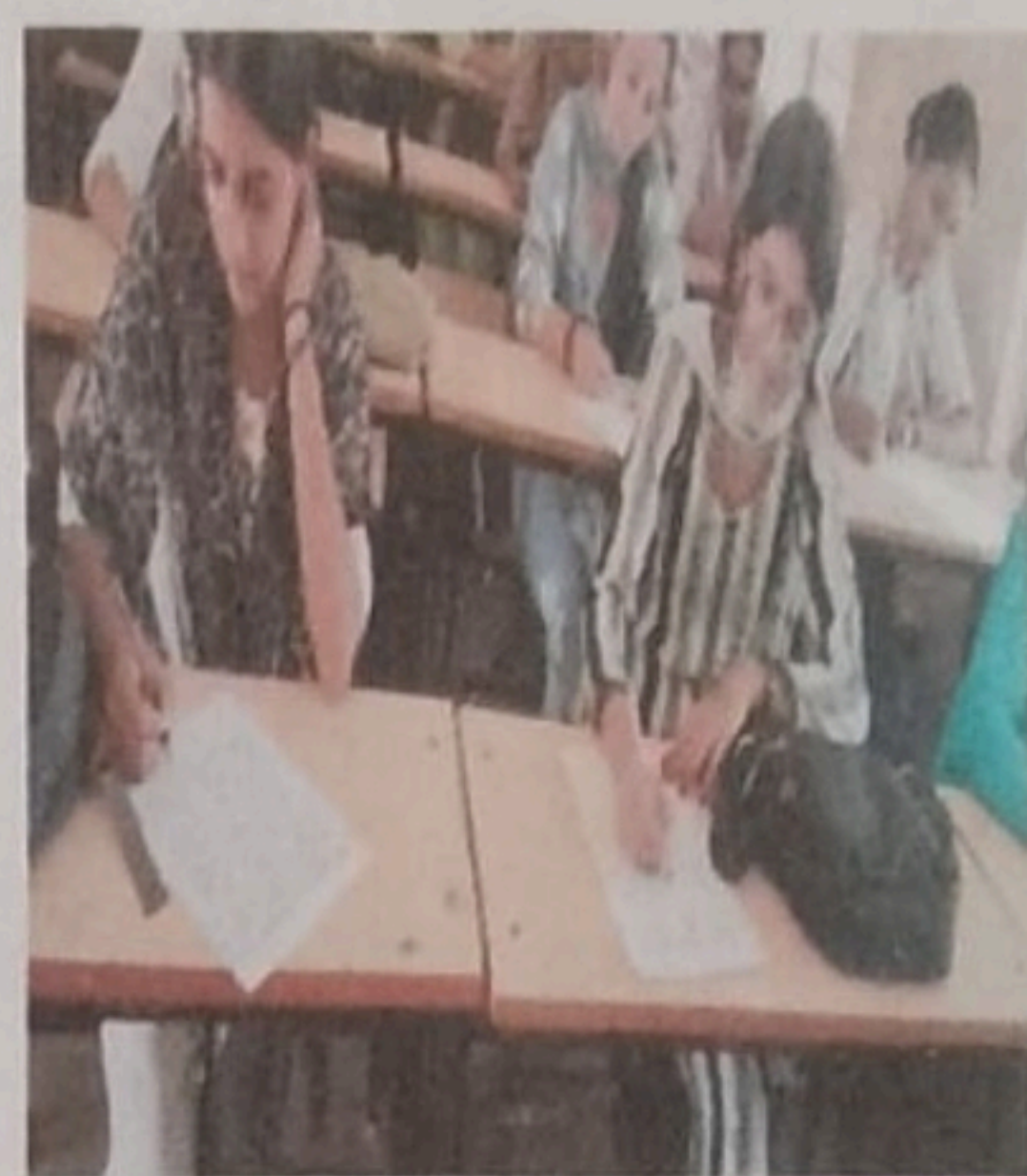
Principal
Principal
Govt. Degree College
Jawali (Kangra) H.P.
DDO-225

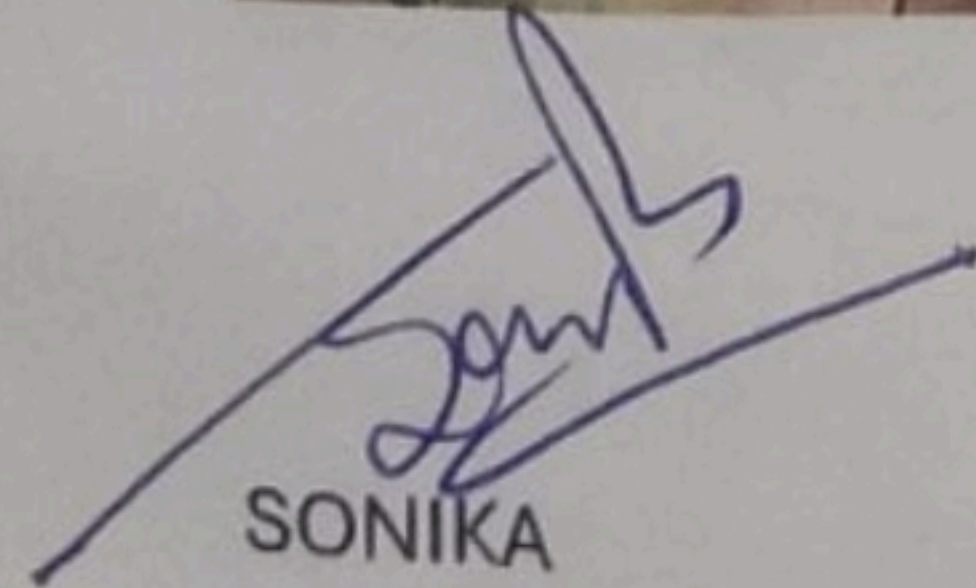
Inter-House Competition

Date: 26/10/2024

Theme: Women Health and Hygiene and Gender Discrimination





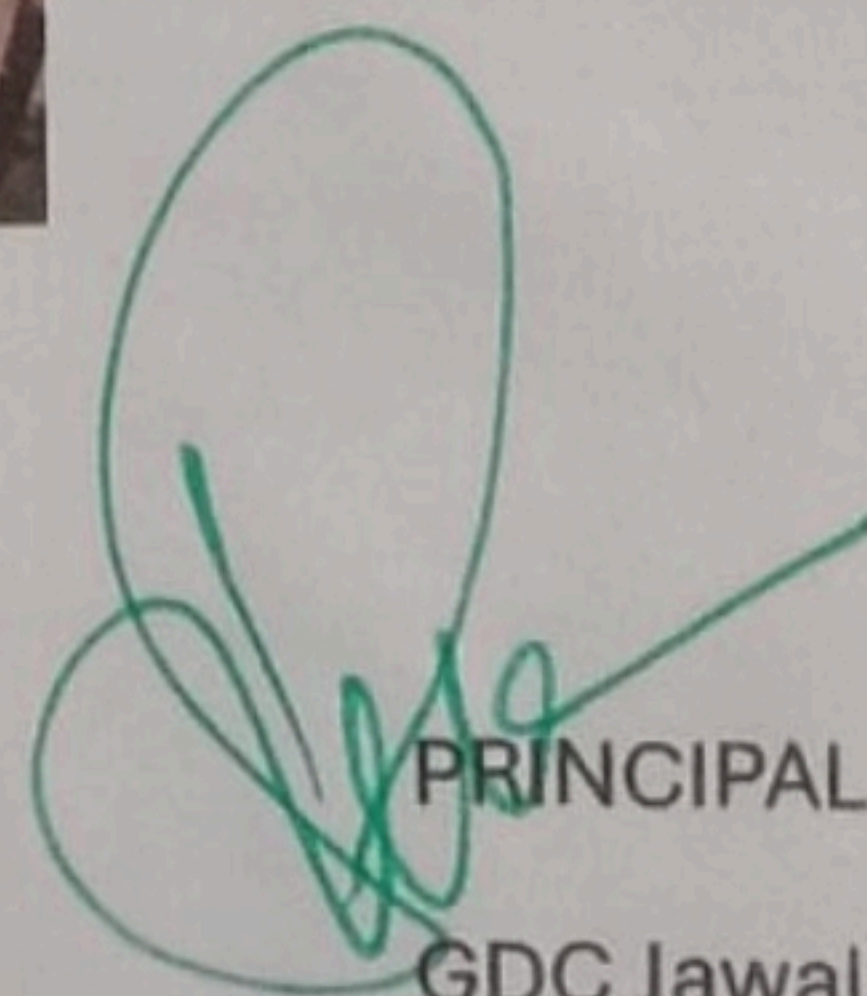


SONIKA

Nodal Officer Red Ribbon Club

Convenor Women Health & Hygiene Committee

Convenor Women Grievances and Redressal Cell.



PRINCIPAL

GDC Jawali

Principal
Govt. Degree College
Jawali (Kangra) H.P.

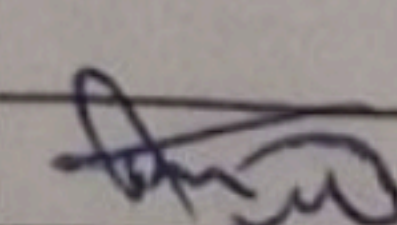
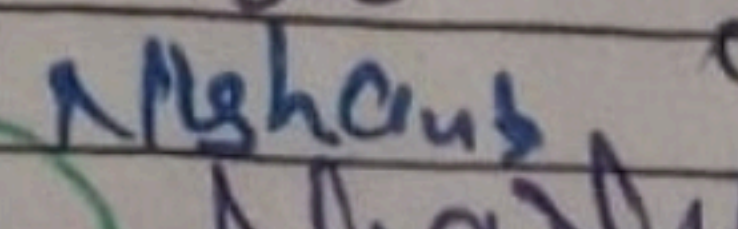
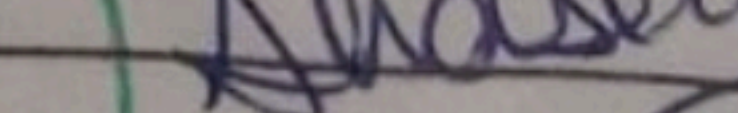
Result of Inter-House Competition

Date:26/10/2024

Theme: Women Health and Hygiene and Gender Discrimination

Sr. No.	Activity	Theme	Groups	1 st Position	2 nd Position	3 rd Position
1	Poster Making Competition	"Unite! Invest to Prevent Violence Against Women & Girls".	Group-1	Anshika 22HIST030	Harshita Sihol 22HIST 050	-
			Group-2	-	-	-
			Group-3	-	-	Sakshi 24ECO004 Simran Thakur22 ECO016
			Group-4	-	Suhani Dhiman 22HIN006	-
			Group-5	Shavi Bihal 22POL017	-	-
2	Slogan competition Writing	"Strong Women, Strong World".	Group-1	-	Tanvi 22HIST071	Saneha 22 HIST020
			Group-2	-	-	-
			Group-3	-	Kanika Dhiman 24 ECO002	-
			Group-4	Deeksha 22 ENG005	-	-
			Group-5	Dipika Thakur 22POL019	-	Saneha Sharma 24POL015
3	Essay Writing / Poem Writing	"Health is Your Treasure; Guard It".	Group-1	Harshita Sihol 22HIST 050	-	-
			Group-2	-	-	-
			Group-3	-	-	Kiran 24 ECO005 Anvi 24ECO007
			Group-4	Arpita 24 HIN002	Muskan 22HIN001	-
			Group-5	-	-	-
4	Reel Competition making	" Don't Smoke, Choose Life."	Group-1	-	-	Third
			Group-2	-	Second	-
			Group-3	First	-	-
			Group-4	-	-	-
			Group-5	-	-	-

Judges of the Event

Sr. No.	Name	Signature
1	Prof. Sulakshan	
2	Prof. Nishant Narang	
3	Prof. Shashi Kala	

Prof Sonika

Convenor

Women Health and Hygiene Cell

Women Grievances and Redressal Cell

Principal

Govt. Degree College
Jawal (Kangra) H.P

Unleash Your Hidden Talent!

"May the lights of Diwali illuminate your path and Rangoli add vibrant colors to your life."

Notice

Date:25/10/2024

Cultural Society and Red Ribbon club of the GDC Jawali is going to organize various competition on the theme festivity and Awareness on HIV AIDS on dated 28/10/2024. Interested students may submit their names to Prof Sonika, Nodal Officer Red Ribbon Club, latest by 27/10/2024.

Categories:

(1) Rangoli

1. Duration will not be more than 2 hours.
2. Participants shall have to prepare a rangoli within the space provided by the Committee.

Theme: Diwali.

(2) Pot Painting

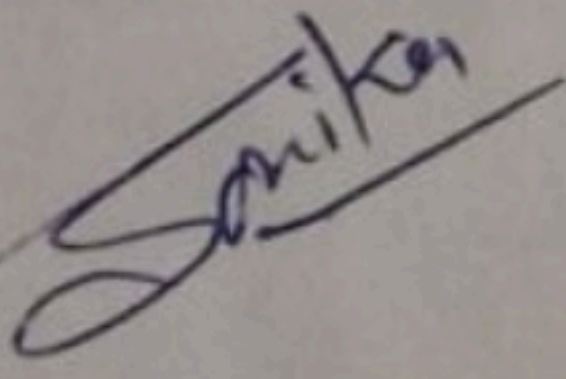
Theme: HIV AIDS

(3) Mehndi Making

1. Duration will not be more than 2 hours.

Regards!!

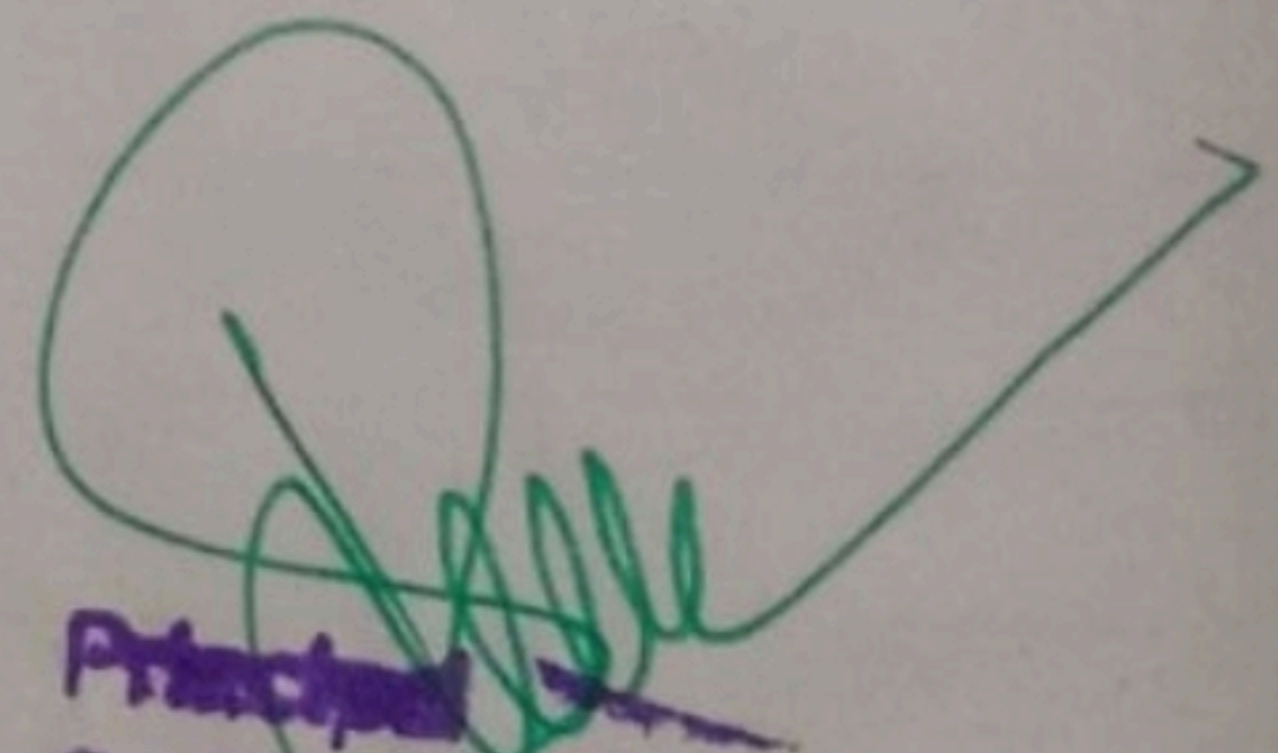
DON'T MISS THIS OPPORTUNITY TO SHOWCASE YOUR TALENT



Sonika

Nodal Officer

Red Ribbon Club



Principal
Govt. Degree College
Jawali (Kangra) H.P.
000-225

NOTICE

Date: ~~29/11/2024~~
25/11/2024.

Let's unite to fight against HIV/AIDS!

The Red Ribbon Club of Government Degree College Jawali is going to observe the World AIDS Day on dated 30/11/2024. World AIDS Day is observed globally on December 1st to raise awareness about AIDS (Acquired Immune Deficiency Syndrome) and HIV (Human Immunodeficiency Virus). This year's theme is "**Take the Right path**".

Interested students may submit their names to Prof. Sonika, Nodal Officer of the Red Ribbon Club, latest by 29/11/2024.

Events:

1. **Poster making Competition**

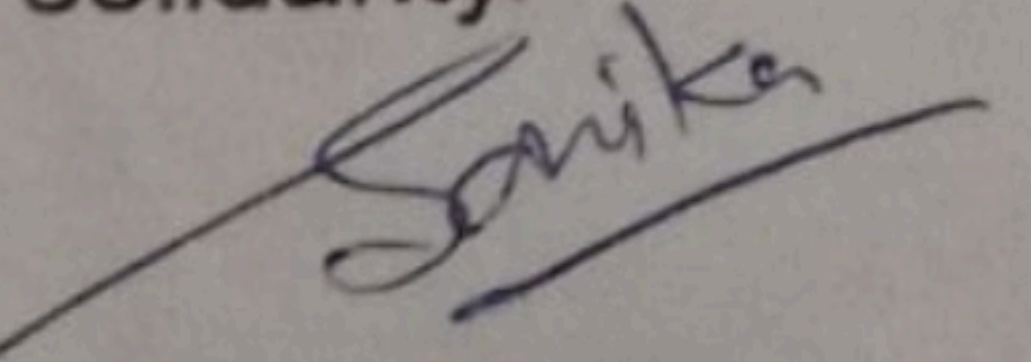
- Theme: HIV/AIDS (Route of transmission, Testing, Stigma & Discrimination.)
- Time duration will not be more than 2 hours.

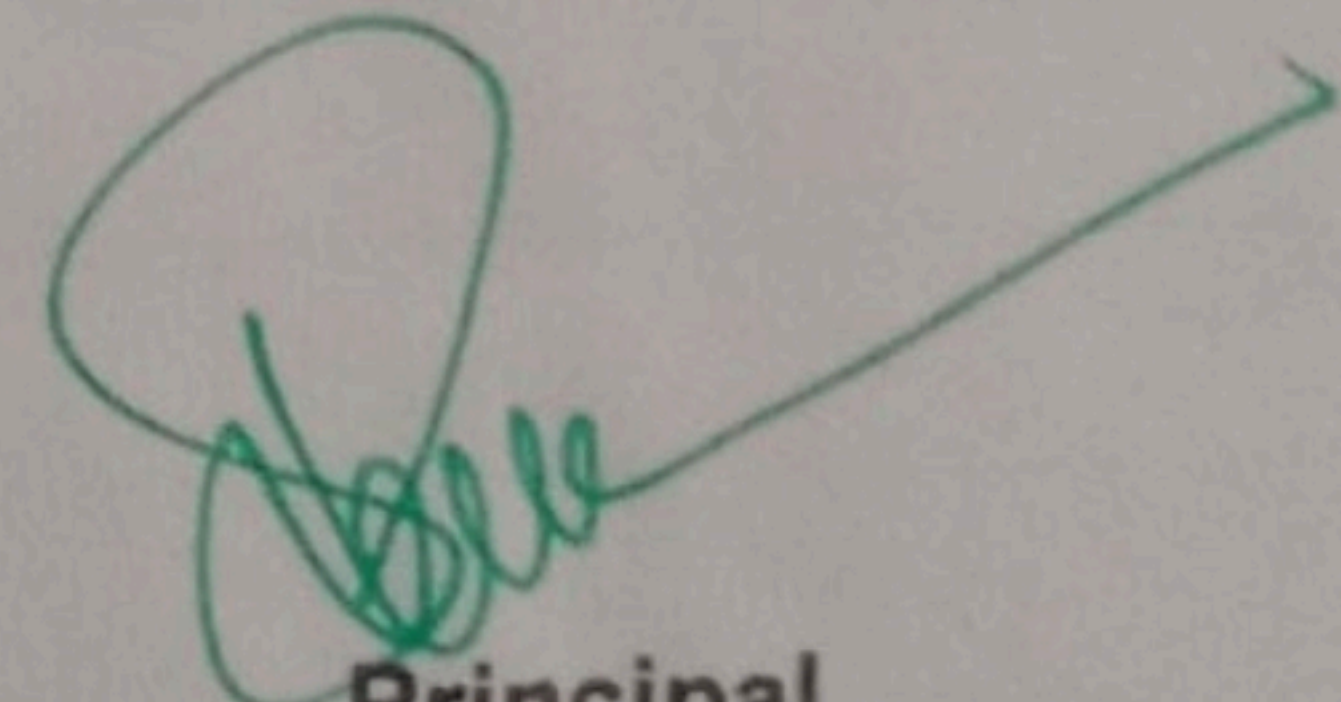
2. **Slogan Writing Competition.**

- Time duration will not be more than 1 hours.

3. **Awareness Rally**

All students are encouraged to participate in the events and wear red ribbons as a symbol of solidarity.


Mrs. Sonika
Nodal Officer
Red Ribbon Club
GDC Jawali


Principal
Principal
GDC Jawali
Govt. Degree College
Jawali (Kanam) H



Government Degree College Jawali
District Kangra, Himachal Pradesh, Pin Code 176023
Phone No. 01893-264004, Email id: gdcjawali@gmail.com

NO: EDN-GDC-JWL/E-47/Red Ribbon/2024-
To

Dated:-08/12/2024

The Chief Medical officer,
Kangra at Dharamshala.

Subject: Report of the activities held on intensified Campaign, HIV/AIDS Day.

Respected Sir,

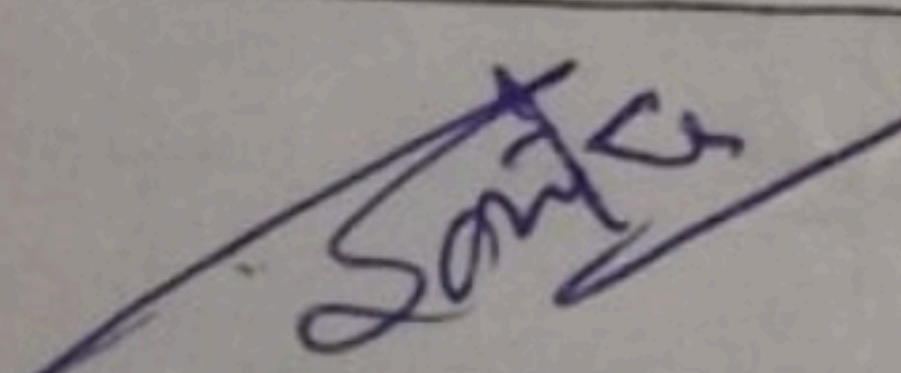
It is hereby submitted that as per the directions of your worthy office letter No. HFW-KGR/NACP/2024/-2595-2687, Dated 23/11/2024, the following activities organized by the Red Ribbon Club of this college on Dated 30/11/2024.

Objectives:

1. To educate students about HIV/AIDS prevention and control.
2. To promote awareness and reduce stigma around HIV/AIDS.
3. To encourage students to take an active role in preventing the spread of HIV/AIDS.

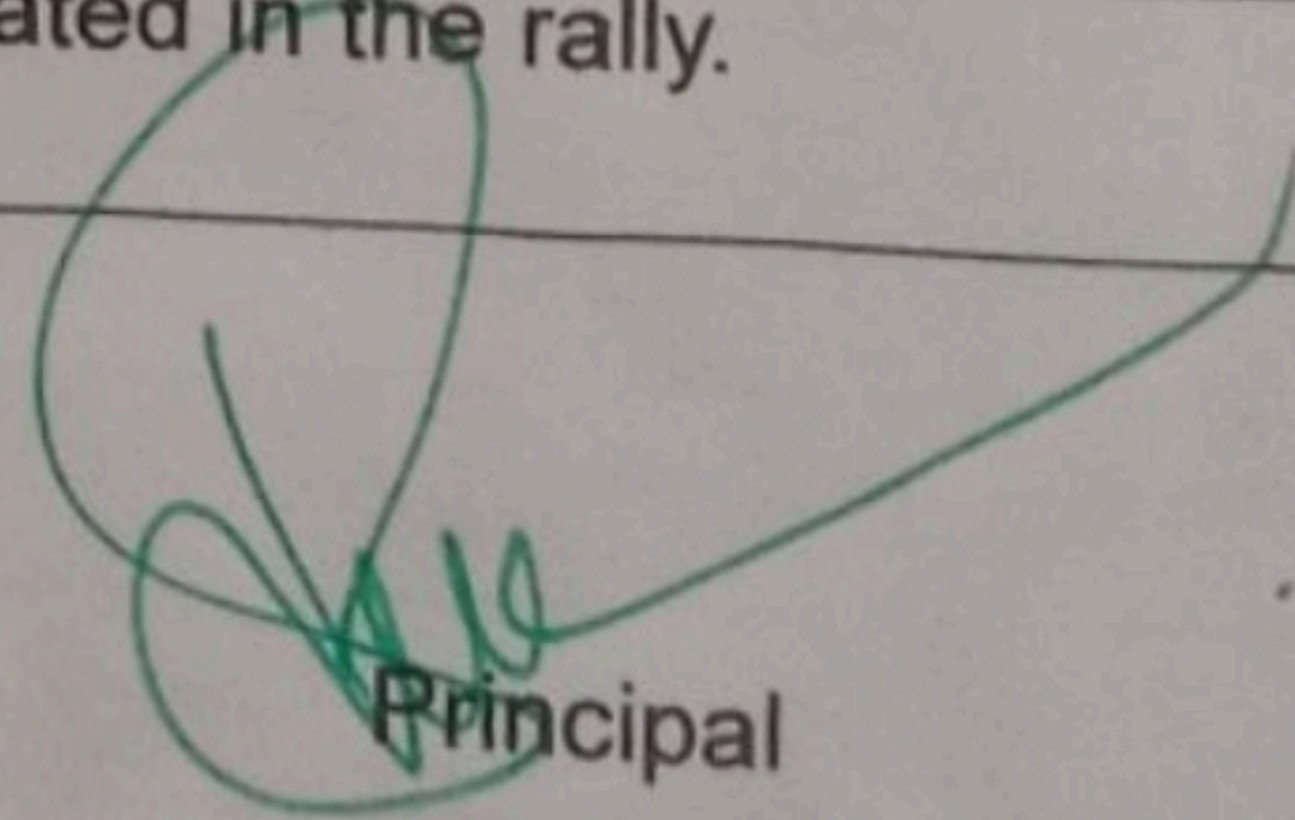
Photographs of the events are attached as supportive document

Sr. No.	Activity	Theme	1 st Position	2 nd Position	3 rd Position
1	Poster Making Competition	HIV- AIDS (Stigma & Discrimination)	Neha 22POL003	Simran 22ECO016	Sakshi 24ECO004
2	Slogan Writing competition		Muskan 22HIN001	Deeksha 22 ENG005	KanikaDhiman 24 ECO002
3	Rally	Near about 120 students participated in the rally.			


Nodal Officer

Red Ribbon Club

GDC Jawali


Principal

30/11/2024



20/11/24

30/11/2024



[Handwritten signature in blue ink]

Nodal Officer
Red Ribbon Club
GDC Jawali

[Handwritten signature in green ink]

Principal



Government Degree College Jawali

District Kangra, Himachal Pradesh, Pin Code-176023

Dated: 13/02/2025

Notice

Health Check-up Camp

It is for the information to all Students/parents and faculty members that the "Health and Hygiene Committee & NSS unit" of GDC Jawali in collaboration with Om Health Foundation is going to organize a "Health Check-up" on 13th Feb. 2025 in the college campus (Time : 11:00 am to 2:00 pm).

The camp will provide an opportunity for students/parents and faculty members to undergo a comprehensive health check-up, including:

- Blood Pressure Check
- MD Medicine
- Gynecologist
- Dental Check-up
- Eye Check-up
- Sugar test
- Hemoglobin test
- Blood group test
- ECG test
- BP test

Additionally, the team of experienced doctors and healthcare professionals will be available for the same:

- 1 Dr Kultar Dhiman (MD- Eye Specialist)
- 2 Dr Mansoor Ahmad (MD- Medicine)
- 3 Dr Shivani Bharti (MD- Gynecologist).

The team of experienced doctors will provide:

- Health advice and counseling
- Guidance on healthy lifestyle and nutrition
- Information on common health issues and prevention.
- Guest lecture on women diseases.

We encourage all students/parents and faculty members to take advantage of this opportunity to prioritize their health and well-being.

For more information, please contact:

1. Prof. Sulakshan Kumar , Program Officer (NSS).
2. Prof. Sonika, Convener, "Health and Hygiene Committee. "

We look forward to your participation.....

Principal
GDC Jawali



Government Degree College Jawali
District Kangra, Himachal Pradesh, Pin Code 176023
Phone No. 01893-264004, Email id: gdcjawali@gmail.com

Dated 13.02.2025

Report of Health Check-up Camp

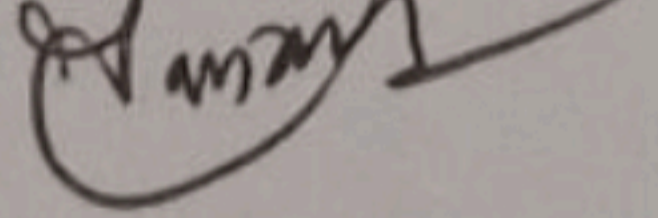
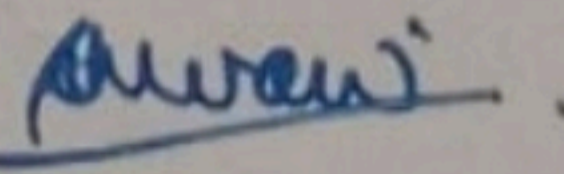
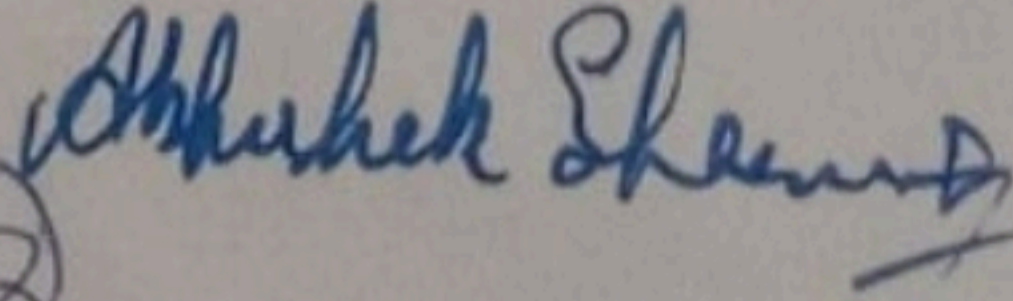
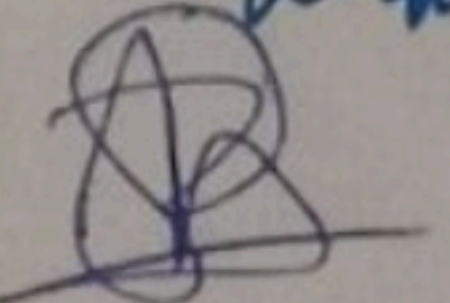
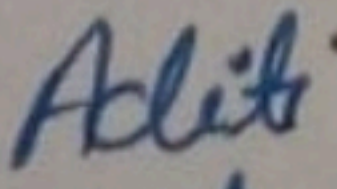
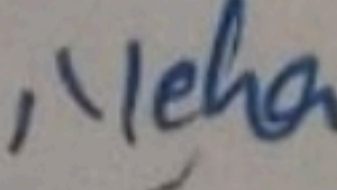
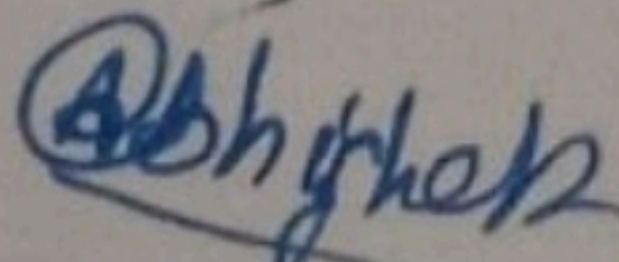
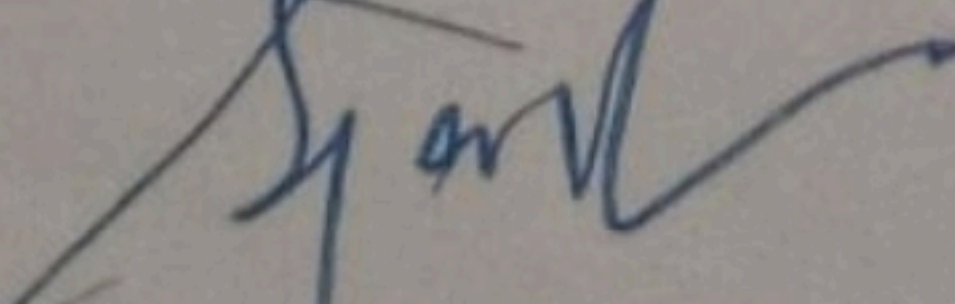
As part of our college's commitment to promoting health and wellness among students and faculty members, Govt. College Jawali organized a Health Check-up Camp on 13/02/25. The camp aimed to provide a comprehensive health check-up and raise awareness about healthy lifestyle habits. The main objectives of the camp was to provide a comprehensive health check-up to students and faculty member, to raise awareness about healthy lifestyle habits and disease prevention and to promote health and wellness among students and faculty members.

In this event, the participants underwent a comprehensive health check-up, including blood pressure check-up, blood sugar test, blood group, dental check-up, and eye check-up. Apart from this the team of experienced doctors and healthcare professionals provided health advice and counselling to participants. The event was concluded with health awareness sessions on the topics such as nutrition, stress management, and women health and hygiene. A total of 120 students and faculty members participated in the camp.

Conclusion:

The Health Check-up Camp was a successful event that achieved its objectives. We were able to provide a comprehensive health check-up to students and faculty members, raise awareness about healthy lifestyle habits, and promote health and wellness among participants. We plan to organize similar events in the future to promote health and wellness among our college community. Photos of the event are enclosed here with.

The team of experienced doctors and healthcare professionals was as under:

- 1 Dr. Mansoor Ahamd MD (Medicine) 
- 2 Dr. Shivani Bharti MD (Gynaecologist) 
- 3 Dr Kultar Dhiman (M.D Eye Specialist)
4. Dr. .Sumit Choudhary (MDS)
5. Dr. Geeta Choudhary (BDS)
6. Dr. Abhishek Sharma (Administrative Head) 
7. Mrs. Riya Sharma (Medical Officer) 
8. Miss Aditi (M.Sc. Nursing) 
9. Miss Neha (M.Pharma) 
10. Mr. Abhishek (O.T.A.) 
11. Mr Ajay Attri (PRO) 

12 Ms Sakshi (Head Technician)

Sakshi

13 Mr. Pranshul (Technician)

14 Mr. Pankaj (Health Supervisor and Manager)

Pankaj Kumar

15 Mr. Rohit (Assistant Technician)

Rohit

16 Ms Snehpreet (Co-owner)

Snehpreet Singh 2-17/4

Sulakshan

Prof. Sulakshan Kumar (Program Officer NSS)

Sonika

Prof. Sonika (Convenor-Health and Hygiene Committee)

Principal

Principal
GDC Jawali
Jalandhar (Muzaffargarh) N.P.

Health Check-up Camp



[Handwritten Signature]
Principal
College



OPPO A3x 5G

● 26mm f2.0 1/33s ISO120



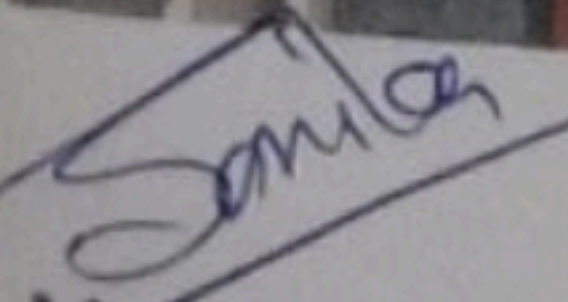
OPPO A3x 5G

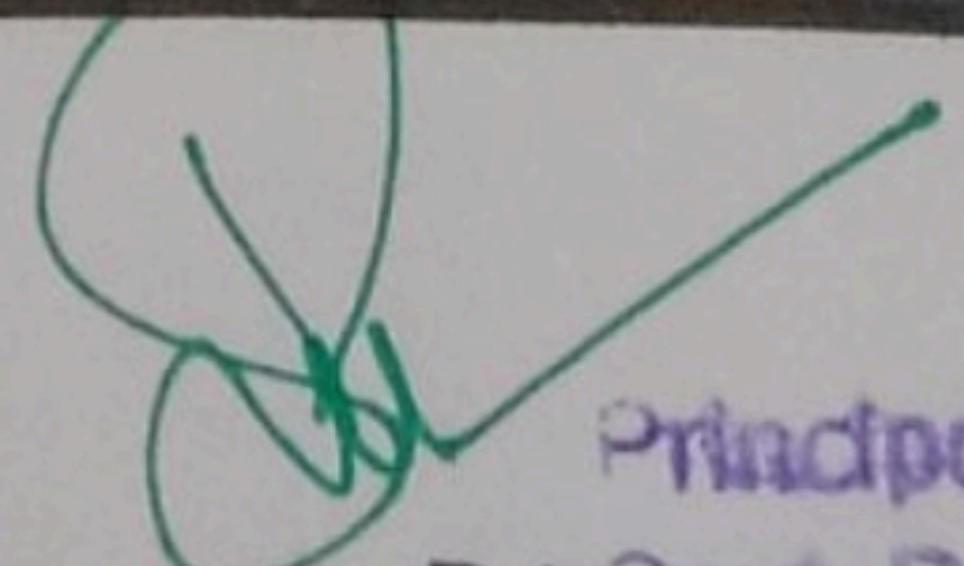
● 26mm f2.0 1/33s ISO160

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Principal
Govt. Degree College
[illegible text]




 Mrs. Sonika
 Nodal Officer
 Red Ribbon Club.


 Principal
 Govt Degree College
 Jawali (Kangra) H.P.
 Government Degree College Jawali

Diya Sharma Matlahar 8091511087
Weight 37.8 Kg. BP 120/74 HB 8.5
Sugar 96.

Swanti Chalmara 2 7807362048
Weight 51.3 Kg. BP 128/82 HB 11.4
Sugar 91 BG AB+

Acidya Jawali 8894949146
Weight. 53.5 Kg. BP 128/76 HB 11
Sugar 117 BG. A+

Abhishek Chondhary Samlana. 9882862055
Weight. 63 Kg. BP 127/85 HB 13
Sugar. 117

Manav Bhalra Jawali 979596866
Weight. 66 Kg. BP 105/58 HB 13.6
Sugar. 95

Tushar Baneri 6230649489
Weight 49.6 kg. BP 132/77 HB 17
Sugar. 122.

Saloni Devi Sindhpryhadh. 8629891738
Weight 41 Kg. BP 140/98 HB 11
Sugar 117 BG. AB+

Diya Sharma Matlahar 8091511087
Weight 37.8 Kg. BP 120/74 HB 8.5
Sugar 96.

Swanti Chalmara 2 7807362048
Weight 51.3 Kg. BP 128/82 HB 11.4
Sugar 91 BG AB+

Asidya Jawali 8894949146
Weight. 53.5 Kg. BP 128/76 HB 11
Sugar 117 BG. A+

Abhishek Chondhary Samlana. 9882862055
Weight. 63 Kg. BP 127/85 HB 13
Sugar. 117

Manav Bhalta Jawali 929596866
Weight. 66 Kg. BP 105/58 HB 13.6
Sugar. 95

Tushar Banahi 6230649489
Weight 49.6 kg. BP 132/77 HB 17
Sugar. 122.

Saloni Devi Sindhvaghadh. 8629891738
Weight 41 Kg. BP 140/98 HB 11
Sugar 117 BG. AB+

- 7807376412
- 8) Sarita Rani Bharmar
 Weight 76 kg. BP 156/90 HB 11.9
 Sugar. 165
 - 9) Neeraj Ludhiana 8894355720
 Weight 88.8 kg. BP 128/93 HB 13.8
 Sugar. 95.
 - 10) Sanil Ludhiana 8219155241
 Weight 52.3 BP 145/90 HB 13
 Sugar. 104 BG. ~~B~~ B+
 - 11) Akshat Lahore 8894549411
 Weight 56 kg. BP 145/94 HB 11.8
 Sugar. 91
 - 12) Aaryan Sahra 7876214173
 Weight 69 kg BP 139/81 HB 11.8
 Sugar ~~210~~ 98. D.G. AB+
 - 13) Himanshu Ludhiana 9805139134
 Weight 68.5 kg BP 129/81 HB 14
 Sugar. 117 D.G. AB+
 - 14) Sankit Badliana 9317095601
 Weight 41.3 kg BP 149/97 HB. 13.8
 Sugar. 125. R.H. - B+

- 5) Sanoj Kumar. Basa. 8894816365.
Weight 80.4 kg. BP 138/82 HB 10.5
Sugar 85 B.G. 0+
- 6) Mansi Harssar 7876922848.
Weight 29.9 kg. BP 131/93 HB
Sugar.
- 7) Munish. Nana Khas 7876075371
Weight 73.3 kg. BP 165/94. HB 14.1
Sugar. 87 B.G. A+
- Priya. Taharli 8627098430
Weight 50.8 kg. BP 131/87 HB 13.8
Sugar. 97. B.G. AB+
- 8) Vanshita Sohra. 9805034312
Weight 40.2 kg. BP 140/90 HB 10
Sugar. 97.
- 8) Nihika. Ludhianah 7807681380
Weight 56 kg. BP. 154/89. HB. 10.4.
Sugar. 92. B.G. AB+
- 9) Tanvi Thakur Kudhera. 8626907323
Weight 52 kg. BP 137/76 HB. 10.6
Sugar 105.

- 20) Neha. Darkhadi 6230492044.
 Weight 50 kg. BP 135/94. HB. 14.2
 Sugar. 93.
- 21) Palak. Ludhianah. 9805153432.
 Weight 44 kg. BP 128/85. HB. 10
 Sugar. 94.
- 22) Tanvi Choudhary. Ludhiana 7651089771
 Weight 35 kg. BP 128/79 HB. 10.2
 Sugar. 95.
- 23) Minakshi Therna 7018989608.
 Weight 37 kg. BP 116/80. HB. 11.9
 Sugar. 102
- 24) Muskan Jharadh 9805734801
 Weight 54 kg. BP 138/84 HB. 9.6
 Sugar. 94.
- 25) Rakesh Kumar Chalmasa. 858082049
 Weight 59 kg. BP. 124/72 HB. 10.8
 Sugar. 93.
- 26) Amisha Kothoria Sambekhar 858051740
 Weight 38 kg. BP 114/64 HB. 10.7
 Sugar. 128.

- 7) Sakshi Dhiman Chalmara 2 7807315902
 Weight 37 Kg. BP 114/74. HB. 8.8
 Sugar. 141
- 8) Vishakha. Janali 6230194864
 Weight 37 Kg. BP. 116/72. HB. 10.8
 Sugar. 117.
- 71 9) Anu Dhan 8627812845.
 Weight 45 Kg. BP. 145/84 HB. 10.2.
 Sugar. 107.
- 608 30) Diksha. Dhan 7807560539.
 Weight 52 Kg. BP. 152/86 HB. 11.3.
 Sugar. 101
- 480 31) Kunal Chalmara 8091433551
 Weight 68 Kg. BP 145/87. HB. 13.8
 Sugar. 105.
- 204 32) Babita Guglakra. 9816485066.
 Weight 36 Kg. BP 128/78. HB. 11.1
 Sugar. 107.
- 517 33) Anjali Samkhar 9805447559.
 Weight 39 Kg. BP. 121/69. HB. 10.4.
 Sugar. 93.

- 34) Tanu Bruga Ingi 7807674952
Weight 48.8 Kg. BP. 120/81 HB. 12.1
Sugar. 98.
- 35) Monika. Chalmasa. 7814553937
Weight 47.9 Kg. BP. 135/89. HB. 10.1
Sugar. 83.
- 36) Vansh Barshan. Nana Khas 9015218873
Weight 53 Kg. BP. 129/83. HB. 14.7
Sugar. 88.
- 37) Sakshi Jharadh 8894433263
Weight 40.1 Kg. BP. 119/76. HB. 7.8
Sugar. 92.
- 38) Sumair Kadhiyal 9859401684.
Weight 62 Kg. BP. 190/111 HB. 12.3
Sugar. 99.
- 39) Tanu Har. 9736746554.
Weight 47.6 Kg. BP. 132/76. HB. 10.2
Sugar. 94.
- 40) Sourabh Kumar. Sidhpurghadh. 981668237
Weight 50 Kg. BP. 145/100. HB. 14.5
Sugar. 101

- 41) Amit Kumar. Luchial 9459523921
Weight 43 Kg. BP. 109/58. HB. 10
Sugar. 102.
- 42) Anurag Manhas Narchan. 9015245932.
Weight 55 Kg. BP. 119/73. HB. 11.6.
Sugar. 98
- 43) Swati' Fakhria. 8894529803.
Weight 59 Kg. BP. 126/69 HB. 8.1
Sugar. 94.
- 44) Ankita. Palakha. 7876019430.
Weight 42 Kg. BP. 140/105. HB. 11.
Sugar. 94.
- 45) Sahani Guleria. Juncali 9816924511
Weight 54 Kg. BP. 135/85. HB. 11.2
Sugar. 95.
- 46) Anjana. Bharkhass. 9816205736.
Weight. 39 Kg. BP 140/95. HB. 12.8.
Sugar. 99.

Govt College Jawali
Camp details

No.	Name	Address	Mobile No.	Test
1)	Palak	Jawali	9816971764	All tests.
2)	Lazma	Harsar	8626829783	All tests.
3)	Simeran Samyal	Theru	7876902232	All tests.
4)	Tanu	Jawali	8626900398	All tests.
5)	Kanika Chaudhary	Matlahar	9805012505	All tests.
6)	Kiran	Jawali	8894508695	All tests.
7)	Sakshi Chaudhary	Matlahar	8894063160	All tests.
8)	Vanshika	Samlana	7807441374	All tests.
9)	Pallavi Koundal	Thangar	9816216412	All tests.
10)	Kalpna	Jawali	8091856887	All tests.
11)	Prizanka	Jawali	7590949206	All tests.
12)	Sneha	Jawali	8894327560	All tests.
13)	Angali	Jawali	8219857814	All tests.
14)	Angana	Bhanoli	9418574738	Eyes & All tests.

Sr No	Name	Address	Mobile No	Test
15)	Sonia	Kharota	9317113995	All test
16)	Sneha	Samkethar	8091142192	All test Eyes
17)	Ritika	ParKarti	8894526696	H.B.
18)	Muskan	Duggi	6230070210	H.B.
19)	Shivani	Papahan	7018194905	H.B & E
20)	Meenu	Baskwara	9015291034	All test
21) ✓	Shivani	Kimman	9816570762	All test
22)	Periyam Ka	Kardial	8278871540	H.B.
23)	Ankita	Jawali	9816762083	H.B.
24)	Riya	Jawali	8894869058	H.B.
25)	Palak	Jawali	8894327474	All test
26)	Anvi	Bhaneyi	8894650040	All test
27)				

Ser. No.	Name	Address	Mobile No.	Test
7) x	Mehak Preet Kaur	Jawali	9459608506	All test.
8) x	Simeran	Ludhiana	8894258861	All test.
9)	Simeran	Jawali	9805567413	All test. R.H. factor.
20)	Kirti Chaudhary	Bhatoli	7807886978	All tests R.H. fact.
31) x	Sanjana	Mawa	8219920221	All test.
32) x	Angali	Ludhiana	7650033389	R.H. fact. All tests.
33) x	Monika Bharti	Ludhiana	8988125760	R.H. fact. All tests.
34) x	Saloni	Gurha (Sambhara)	701802687	All tests.
35) x	Shweta	Baldoa	9015247407	All tests.
36) x	Sneha Chaudhary	Ludhiana	6230527603	All tests.
37) x	Amit Rana	Baudern	7876781973	All tests.
38) x	Shiva	Lahru	8629019023	All tests.
39) x	Anshuman	Balahur	6230301401	All tests.
40)	Tanvi	Fahriyan	7807980304	All tests.
41)	Muskan	Harsar	8580648088	All tests.
42)	Payal	Harsar	7018927385	All tests.
43)	Simeran Dhinan	Nargala	9805831791	All tests.

Sl No	Name	Address	Mobile No	Test
4) x	Ankita	Harsar	9317149902	All tests
5) -	Riya	Harsar	7807296785	All tests
6)	Anjali	Kharota	6230723556	All tests
7)	Kajal	Bhaglar	9805251303	All tests
8)	Sneha	Bhaneyi	7876827361	All tests
9)	Tanisha	Sunehar	8629018940	All tests
10)	Sapna	Kharar	8628823711	All tests
11)	Peiya	Chabbuan	9805185962	All
12)	Kiranbera	Jawali	7018994255	All
13)	Vanshika	Semlana	9816161491	All + R.H.
14)	Simeran	Bhaglar	9805079097	All + R.H.
15)	Tanvi	Harsar	8626880693	All
16)	Nancy	Khabhal	9816706049	All + R.H.
17)	Tanisha	Laknehar	7876038597	All
18)	Nidhi	Khabhal	8219976331	All
19)	Payal	Semkehar	9317931853	All

No	Name	Address	mobile No.	Test
60)	Vanshika	Patta Jattigan	8628859803	All tests.
61)	Rembala	Darkati	8544766618	All tests.
62)	Shivani	Kardial	9805726186	All tests.
63)	Manju Choudhary	Nargala	9805144285	+ R.H.
64)	Diksha	Kardial	8894691036	All test + R.H
65)	Tamisha	Takoli	9805113717	All test + R.H
66)	Sejal	Hawal	8219622624	All test + R.H
67)	Anjana	Fazel	9816205736	All test + R.H
68)	Shivani	Samketax	7807212530	All test + R.H
69	Pritya	Leeth	7807831132	All test + R.H
70)	Suhani	MeharKare	7807950913	All +
71)	Pratibha	Leeth.	7807454419	All + R.H.
72)	Shweta	Gihar	8626946942	All #
73)	Nisha Kumari	Harigan	7018731678	All.
74)	Palak Guleria	Chalwara	8629821713	All.
75)	Menakshi	Chalwara	7649982577	All.
76)	Tanvi	Laher	6230250922	All.
77)	Babita	Chalwara	6930158875	All.
78)	Suhani			
79)	Aryan	Sobara	7876214173	R.H-factor.
80)	Kunal	Chalwara	7876214173	R.H-factor

Sugar - 95.

Vishal

Sugar - 84.

7) Tanisha.

Weight - 49.6 Kg.

Sugar - 82

8) Nidhi

Weight - 53.9.

Sugar - 91

9) Payal

Weight - 40.8 Kg.

Sugar - 92

60) Aditya

Blood group - A+

Weight - 55 Kg.

61) Abhishek

Blood group - B+

Weight - 61 Kg.

= Nishant

Sugar - 104.

= Sonika.

Sugar - 94

= Sumair

Sugar - 91

= Juakesh. 9816612399

Sugar - 82

Blood Group - B+

62) Aman Guleria.

Blood group - A+

63) Sansat Kumar

Blood group - B+

64) Ansh Kumar

Blood group - B+

65) Nisha Kumari

Weight - 52.5 Kg.

HB - 9.1 g/dl

Sugar - 98 B.P. 117/76

66) Palak Guleria.

Weight - 35.6 Kg.

HB - 7.9 g/dl.

Sugar - 112 B.P. 122-82

67) Minakshi

Weight - 43.5 Kg.

HB - 12.9 g/dl

Sugar - 113

68) Tanvi

Weight - 55 Kg.

HB - 11.2 g/dl.

Sugar - 87

69) Babita.

Weight - 39.8 Kg.

HB - 12.6 g/dl.

Sugar - 84

71) Kunal -

69.2 Kg.

B+

71) Aryan - AB+

68.9 Kg.

70) Suhani

H.B - 11.7

Sugar - 97

Weight - 47.3

40) Tanvi

Weight — 39.1 Kg.

HB — 10.7 g/dl.

Sugar —

Kanta

Weight — 87.8 Kg.

HB — 8.9 g/dl.

Sugar — 108

41) Muskan

Weight — 36.7 Kg.

HB — 13.1 g/dl.

Sugar — 86.

42) Payal

Weight — 40.4 Kg.

HB — 11.4 g/dl.

Sugar — 95.

6) Anjali

Weight — 45 Kg.

Sugar — 84

13) Simran Dhiman

Weight — 71.5 Kg.

Sugar — 96

7) Kajal

Weight — 45.1 Kg.

Sugar — 76.

8) Sneha

Weight — 44.7 Kg.

Sugar — 92

Sunita

Weight — 61.9 Kg.

Sugar — 103

HB — 13.8 g/dl.

49) Tanisha.

Weight — 41.9 Kg.

Sugar — 106

50) Sapna.

Weight — 54.6 Kg.

Sugar — 110

51) Priya.

Weight — 41.9 Kg.

Sugar — 99.

52) Kiran Bala.

Weight — 41 Kg.

Sugar — 86.

53) Vanshika.

Weight — 39.2 Kg.

Sugar — 89

54) Simran

Weight — 45 Kg.

Sugar — 92.

55) Tanvi

Weight — 49.4 Kg.

Sugar — 91

56) Nancy

Weight — 52 Kg.

Sugar — 86.

Palak.

Weight - 44.9 Kg
HB - 10.4 g/dl
Sugar - 99 mg/dl

Lazma.

Weight - 45.4 Kg
HB - 11.3 g/dl
Sugar -

Simran.

Weight - 46.9 Kg
HB - 11.8 g/dl

Tanu

Weight - 32.5 Kg
HB - 13.8 g/dl
Sudarthan Kumar
Weight - 69 Kg
HB - 11.1 g/dl
Sugar - 157

Kanika Choudhary.

Weight - 51.7 Kg
HB - 10.3 g/dl

Kiran.

Weight - 37.4 Kg
HB - 9.0 g/dl

Sakshi Choudhary.

Weight - 41.9 Kg
HB - 8.5 g/dl
Sugar - 100

9) Vanshika.

Weight - 46.1 Kg
HB - 10.8 g/dl
Sugar - 99

10) Pallavi Koundal.

Weight - 42.2 Kg
HB - 11.2 g/dl
Sugar - 95.

11) Kalpna.

Weight - 46.1 Kg
HB - 11.5 g/dl
Sugar - 90

12) Priyanka.

Weight - 46.1 Kg
HB - 11.9 g/dl
Sugar - 104

13) Sneha.

Weight - 50.3 Kg
HB - 11.0 g/dl
Sugar - 89

14) Angali

Weight - 47 Kg
HB - 10.3 g/dl
Sugar - 95

15) Anjana

Weight - 52.5 Kg
HB - 10.8 g/dl
Sugar - 89.

- 16) Sonia
Weight — 45.1 Kg.
HB — 10.9 g/dl.
Sugar — 96
- 17) Sneha.
Weight — 49 Kg.
HB — 12.7 g/dl.
Sugar — 101
- 18) Ritika
Weight — 47.8 Kg.
HB — 9.5 g/dl.
Sugar — 78.
- 19) Muskan
Weight — 40 Kg.
HB — 11.2 g/dl.
Sugar — 96
- 20) Shivani
Weight — 45.3 Kg.
HB — 12.4 g/dl.
Sugar — 108
- 21) Meenu
Weight — 75.1 Kg.
HB — 9.6 g/dl.
Sugar — 114.
- 22) Priyanka.
Weight — 50.3 Kg.
HB — 11.3 g/dl.
- 23) Ankita.
Weight — 38.7 Kg.
HB — 9.4 g/dl.
- 24) Riya.
Weight — 39.6 Kg.
HB — 10.7 g/dl.
- 25) Palak.
Weight — 55.1 Kg.
HB — 12.7 g/dl.
Sugar — 97.
- 26) Anvi
Weight — 44.3 Kg.
HB — 10.8 g/dl.
Sugar — 105
- 27) Dinesh Sharma.
Sugar — 101
HB — 14.1 g/dl.
- 28) Simran (Jawali)
Weight — 41.2 Kg.
HB — 11.9 g/dl.
Sugar — 95 B.G. — A
- 30) Kirati Choudhary.
Weight — 65.6 Kg.
HB — 14.2 g/dl.
Sugar — 104.
Blood Group — B+



Government Degree College Jawali
District Kangra, Himachal Pradesh, Pin Code 176023
Phone No. 01893-264004, Email id: gdcjawali@gmail.com
Website www.gdcjawali.in

Dated:-05-03-2025

NOTICE

Subject: Visit of Health Counselor

Dear Students,

We are pleased to announce that a Health Counselor will be visiting our college on 07/03/2025. The Health Counselor will provide:

1. Confidential counseling sessions to address mental health concerns, stress, anxiety, and other personal issues.
2. Guidance on healthy lifestyle habits, including nutrition, exercise, and sleep management.
3. Awareness on Tuberculosis.
4. Awareness on Drug Abuse.
5. Awareness on HIV /AIDS.

This is a great opportunity for students to discuss their concerns and receive guidance from a qualified professional.

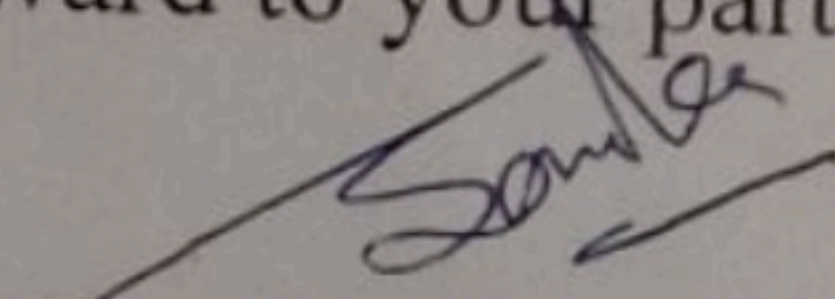
Session Timings:

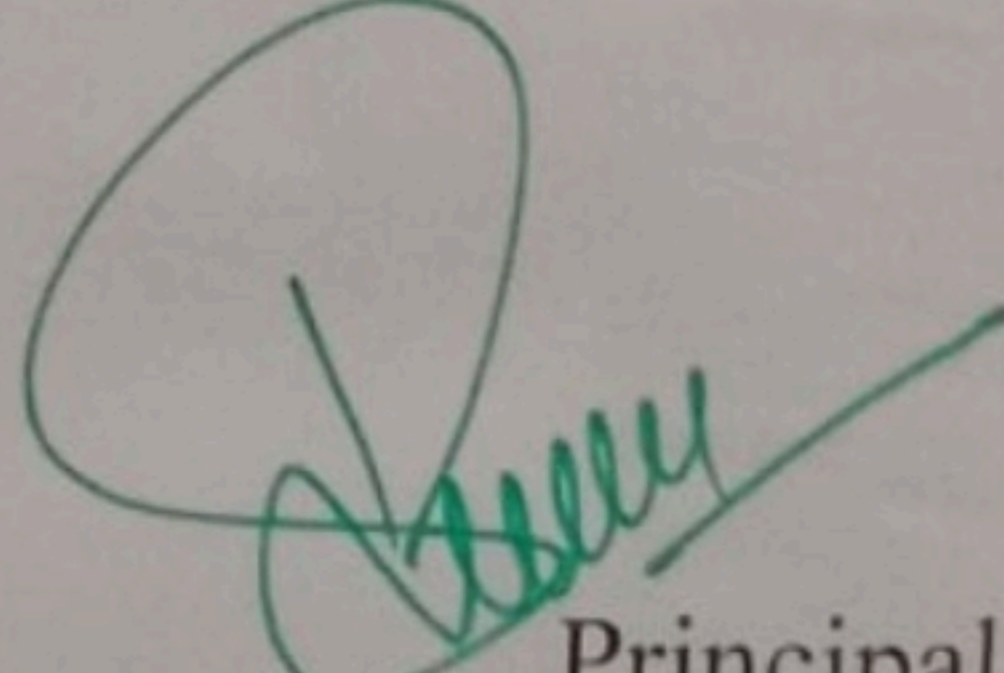
- One-on counseling sessions:[11:00]

-Group sessions:[12:00]

We encourage all students to take advantage of this opportunity and prioritize their mental health and well-being.

We look forward to your participation!


Mrs. Sonika
Nodal Officer
Red Ribbon Club
GDC Jawali .


Principal
GDC Jawali

Health Counselling session

Date: 07/03/2023

As part of our college's efforts to promote health awareness and wellness, a Health Counsellor visited our campus to educate students on the topics of Tuberculosis (TB) and Drug Abuse. The session aimed to raise awareness about the causes, symptoms, and prevention of TB, as well as the dangers of drug abuse and ways to seek help.

Objectives

1. To educate students about Tuberculosis and its prevention.
2. To raise awareness about the dangers of drug abuse.
3. To provide resources and support for students affected by TB or drug abuse.
4. To educate students about HIV /AIDS and its prevention.

Session Highlights

Tuberculosis

- The Health Counsellor explained the causes, symptoms, and transmission of TB.
- Students learned about the importance of early detection and treatment.
- The counsellor emphasized the need for proper hygiene, nutrition, and vaccination to prevent TB.

Drug Abuse

- The Health Counsellor discussed the types, causes, and effects of drug abuse.
- Students learned about the warning signs and symptoms of drug abuse.
- The counsellor provided information on resources available for students struggling with drug abuse, including counselling and support groups.

Conclusion

The Health Counsellor's visit was a valuable addition to our college's health awareness initiatives. Students gained valuable knowledge and insights on TB and drug abuse, and were provided with resources and support to address these issues. We look forward to organizing similar sessions in the future. A total of 120 students were benefited with this session.

Recommendations

1. Conduct regular health awareness sessions on various topics.
2. Invite experts to share their knowledge and experiences.

Health Counsellors:

1. Mr. Krishan Kumae Adolescent Health Counsellor
2. Mr. Subhas Chand Health Supervisor, Medical Block Nagrota Surian.
3. Mr. Ravinder Kumar Health Supervisor Civil Hospital Jawali.

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MHS

Judges of the event:

1. Dr. Sanoj Kumar
2. Dr. Shashi Kala

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Sonika
Nodal Officer
Red Ribbon Club
GDC Jawali

[Handwritten signature]
Principal
Govt. Degree College
Jawali (Kangra) M.P.

List of participants of declamation competition on the topic Drug Abuse and T.B. held during Health Counselling session.

1. Tanu (B.A. 1ST Year)
2. Saneha (B.A. 1ST Year)
3. Sonali (B.A. 1ST Year)
4. Palak (B.A. 1ST Year)
5. Mehakpreet Kaur (B. Com 3rd Year)

Winners of the Declamation Competition are as Under:

Sonali (B.A. 1ST Year)

1st Position.

Saneha (B.A. 1ST Year)

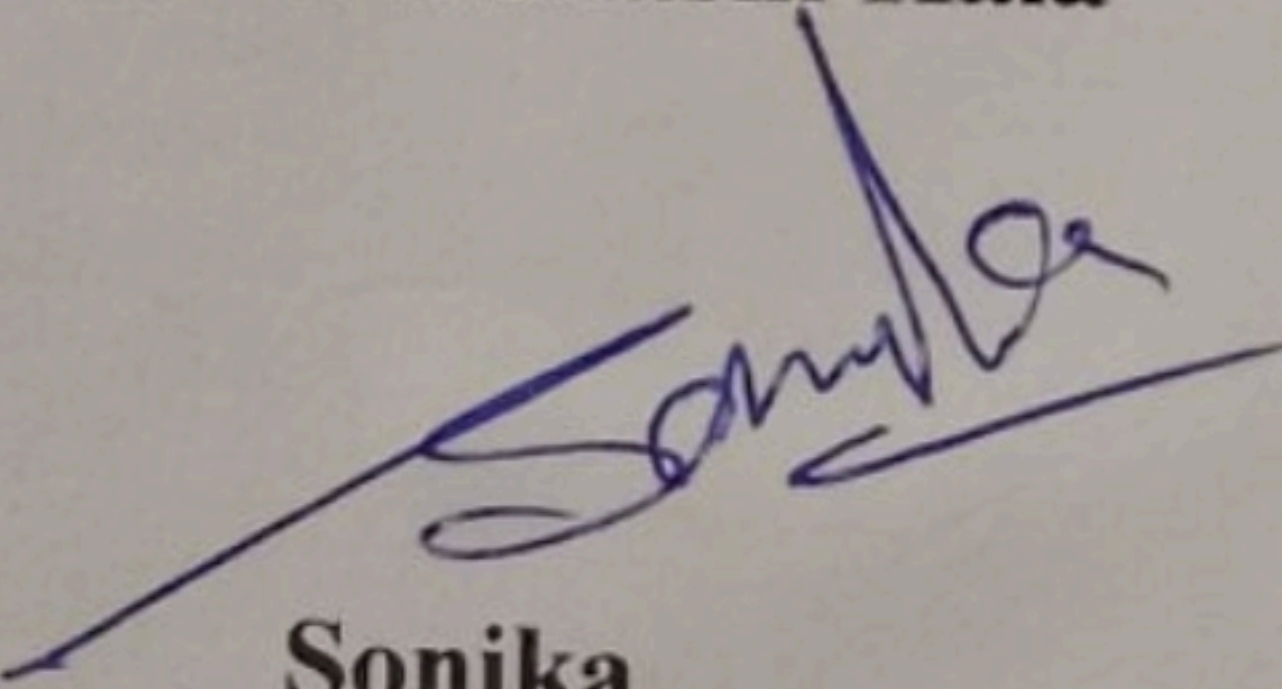
2nd Position.

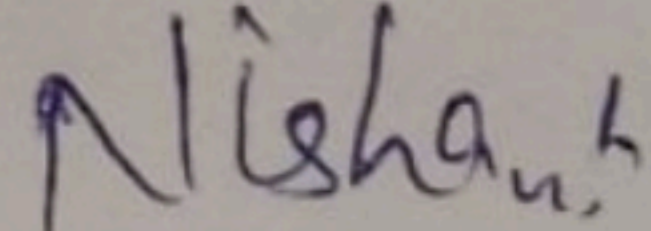
Mehakpreet Kaur (B. Com 3rd Year)

3rd Position.

Judges of the event:

1. Dr. Sanoj Kumar
2. Dr. Shashi Kala


Sonika
Nodal Officer
Red Ribbon Club
GDC Jawali

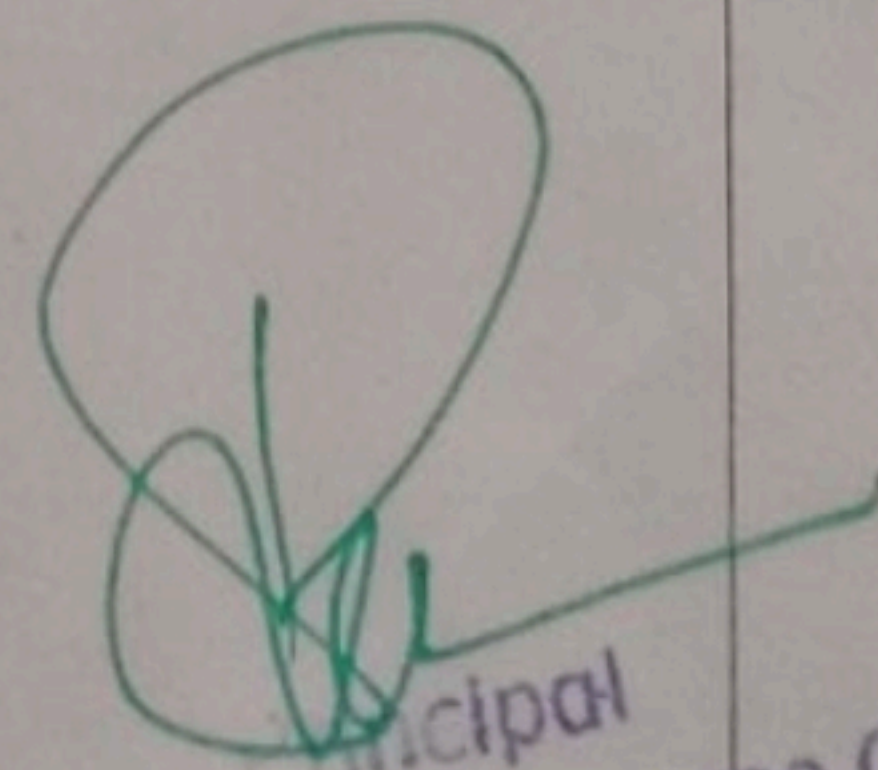

Principal
Principal
Govt. Degree College
Jawali (Meharaj) M.P.

Health Counselling Session

Details of students/participants

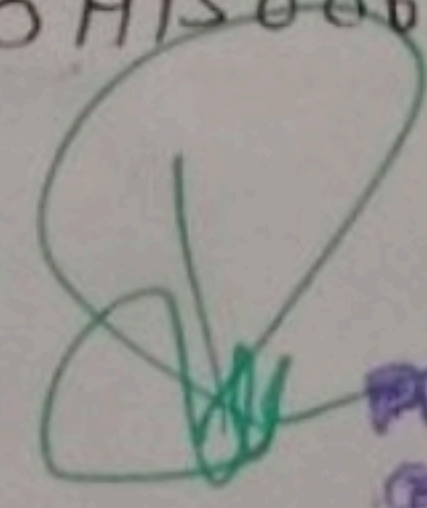
Sr. No.	Name	Class	Roll. No.	Signature
1.	Palak	B.A. 1st year	24HIS020	<u>Palak</u>
2.	Sonali	B.A. 1st year	24POL004	<u>Sonali</u>
3.	Tanu Bala	B.A. 1st year	24ECO003	<u>Tanu Bala</u>
4.	Sneha sharma	B.A. 1st year	24POL015	<u>Sneha</u>
5.	Mehakpreet Kaur	B.COM 3rd year	22COM003	<u>Mehak</u>
6.	Khushi	BA. 2nd year	23POL019	<u>Khushi</u>
7.	Anjali Kumari	BA 1st year	24POL020	<u>Anjali Kumari</u>
8.	Mansi Devi	B.A. 2nd year	22HIS025	<u>Mansi Devi</u>
9.	Tanvi	B.A. 2nd year	23HIND013	<u>Tanvi</u>
10.	Anjali	B.A. 1st year	24HIS011	<u>Anjali</u>
11.	Simran Kaur	B.A. 1st year	24HIS036	<u>Simran Kaur</u>
12.	Riya Guleria	B.A. 1st year	24HIS002	<u>Riya Guleria</u>
13.	Anjali	B.A. 2nd year	23HIS035	<u>Anjali</u>
14.	Shikha	B.A. 2nd year	23HIS022	<u>Shikha</u>
15.	Shivani	BA 1st year	24HIS021	<u>Shivani</u>
16.	Supriya	BA 1st year	24HIS022	<u>Supriya</u>
17.	Kalpna	BA 1st year	24HIS024	<u>Kalpna</u>
18.	Payal	BA 1st year	24HIS025	<u>Payal</u>
19.	Anjana	B.A. II Ind Year	23POL008	<u>Anjana</u>
20.	Aakriti	B.A. II Ind Year	23HIS003	<u>Aakriti</u>
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Samba Sharma


Principal
Govt. Degree College
Jawal (Kangra)-H.P.

Details of students/participants

Sr. No.	Name	Class	Roll. No.	Signature
1.	Sheuti Devi	B.A (IInd)	23HIS034	Sheuti
2.	Ishita Bhatti	"	23HIS033	Ishita
3.	Priyanshi Kothalia	"	23POL004	Priyanshi
4.	Mehakpreet Kaur	B.COM(IIIrd)	22COM003	Mehak
5.	Priya Devi	BA IIInd year	23POL016	Priya Devi
6.	Ankita Choudhary	B.A IInd year	23POL015	Ankita choudhary
7.	Shaweta Dhiman	B.A IInd year	23POL005	Shaweta Dhiman
8.	Saloni	B.Com 3rd year	22COM010	Saloni
9.	Amit Rana	B.Com 3rd year	22COM008	Amit Rana
10.	Priti Choudhary	B.A. 2nd Year	23HIN002	Priti choudhary
11.	Anuradha	B.A. 2nd Year	23POL012	Anuradha
12.	Vanshika Badwal	B.A. 1st Year	23POL014	vanshika Badwal
13.	Reeka	B.A. 2nd Year	23POL013	Reeka
14.	Arijal Marcuria	B.A 3rd year	22HIS028	Arijal
15.	Kajal	B.A IIIrd year	22HIS069	Kajal
16.	Sneha	B.A IIIrd year	22HIS013	Sneha
17.	Ankita	B.A 2nd year	23POL026	Ankita
18.	Suhani Guleria	BA 2nd year	23HIS017	Suhani Guleria
19.	Priya	B.A 2nd year	23POL001	Priya
20.	Harshu	BA. 2nd Year	23HIS030	Harshu
21.	Ranjana	B.A. 2nd year	23HIS006	Ranjana
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 Principal
 Govt. Degree College
 Joint Degree College
 Jaisalmer (Kangra) H.P.

Details of students/participants

Sr. No.	Name	Class	Roll. No.	Signature
1.	Simran Dhiman	BA 1st year	24 HIS 033	Simran
2.	Kiran Bala	BA 1st year	24 HIS 032	Kiran Bala
3.	Sakshi	BA 1st year	24 POL 029	Sakshi
4.	Pallavi Koundal	BA 1st year	24 POL 002	Pallavi
5.	Nidhi	BA 2nd year	23 HIS 028	Nidhi
6.	Palak	B. A 1st year	24 POL 023	Palak
7.	Harshita Sihol	B. A. 2nd year	22 HIS 050	Harshita Sihol
8.	Anshika Thakur	B. A. 3rd year	22 HIS 030	Anshika Thakur
9.	Shivani	B. A. 3rd year	22 HIS 032	Shivani
10.	Anu Bala	B. A. 3rd year	22 HIS 054	Anubala
11.	Samia Sharma	B. A. 3rd year	22 POL 002	Samia Sharma
12.	Reiya Pambra	B. A. 3rd year	22 POL 011	Reiya Pambra
13.	Bindu Devi	B. A 1st year	24 HIS 012	Bindu Devi
14.	Sakshi	B. A 1st year	24 HIS 034	Sakshi
15.	Mehak Choudhary	B. A 1st year	24 POL 012	Mehak Choudhary
16.	Niharika Sandhu	BA 1st Year	24 POL 031	Niharika Sandhu
17.	Kritika Devi	BA 1st year	23 POL 018	Kritika
18.	Nishita	B. A 1st year	24 POL 010	Nishita
19.	Sakshi Choudhary	B. A 1st year	24 HIS 01	Sakshi
20.	Shadia	B. A 1st year	24 POL 008	Shadia
21.	Kanika Choudhary	B. A 1st year	24 HIS 003	Kanika Choudhary
22.	Lazma Bibi	B. A 1st year	24 HIS 004	Lazma Bibi
23.	Simran Samyal	B. A 1st year	24 POL 009	Simran Samyal
24.	Kashish THAKOR	BA 1st year	24 HIS 016	Kashish Thakur
25.	Kiran	BA 1st Year	24 ECO 005	Kiran
26.	Sakshi	BA 1st Year	24 ECO 004	Sakshi
27.	Renu	BA 1st year	24 HIS 035	Renu

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Govt. Degree College
Jawal (Mangrol H.P.)

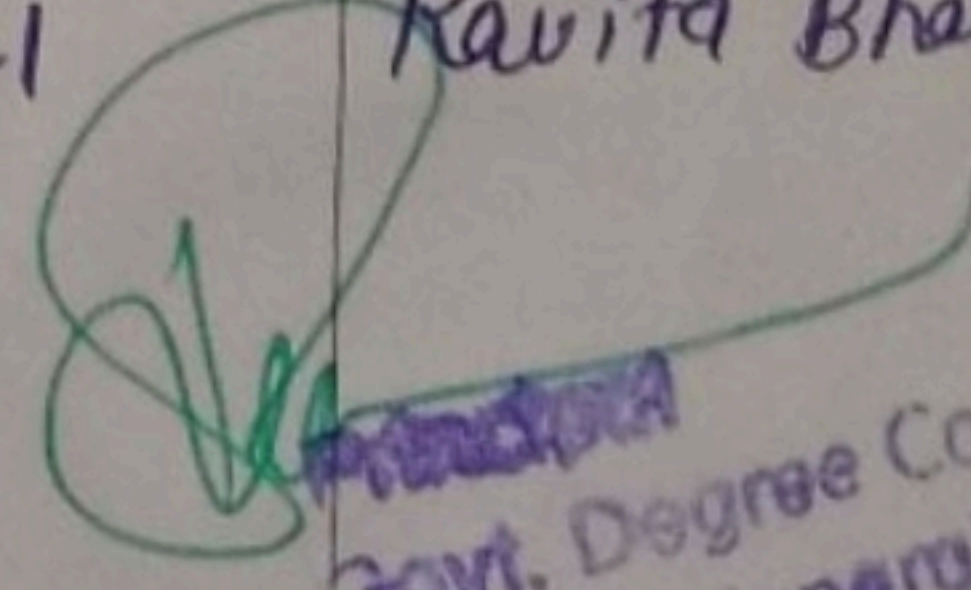
Details of students/participants

Sr. No.	Name	Class	Roll. No.	Signature
1.	Simran Dhiman	BA 1st year	24 HIS 033	Simran
2.	Kiran Bala	BA 1st year	24 HIS 032	Kiran Bala
3.	Sakshi	BA 1st year	24 Pol 029	Sakshi
4.	Pallavi Koundal	BA 1st year	24 Pol 002	Pallavi
5.	Nidhi	BA 2nd year	23 HIS 028	Nidhi
6.	Palak	B. A 1st year	24 POL 023	Palak
7.	Hanshika Sihol	B. A. 2nd year	22 HIS 050	Hanshika Sihol
8.	Anshika Thakur	B. A. 3rd year	22 HIS 030	Anshika Thakur
9.	Shivani	B. A. 3rd year	22 HIS 032	Shivani
10.	Anu Bala	B. A. 3rd year	22 HIS 054	Anubala
11.	Samia Sharma	B. A. 3rd year	22 Pol 002	Samia Sharma
12.	Paiza Pambra	B. A. 3rd year	22 POL 011	Paiza Pambra
13.	Bindu Devi	B. A 1st year	24 HIS 012	Bindu Devi
14.	Sakshi	B. A 1st year	24 HIS 034	Sakshi
15.	Mehak Choudhary	B. A 1st year	24 Pol 012	Mehak Choudhary
16.	Niharika Sandhu	BA 1st Year	24 Pol 031	Niharika Sandhu
17.	Kritika Devi	BA 1st year	23 POL 018	Kritika
18.	Nishita	B. A 1st year	24 Pol 010	Nishita
19.	Sakshi Choudhary	B. A 1st year	24 HIS 01	Sakshi
20.	Shadia	B. A 1st year	24 Pol 008	Shadia
21.	Kanika Choudhary	B. A 1st year	24 HIS 003	Kanika Choudhary
22.	Lazma Bibi	B. A 1st year	24 HIS 004	Lazma Bibi
23.	Simran Samyal	B. A 1st year	24 Pol 009	Simran Samyal
24.	Kashish THAKOR	BA 1st year	24 HIS 016	Kashish Thakur
25.	Kiran	BA 1st year	24 ECO 005	Kiran
26.	Sakshi	BA 1st year	24 Eco 004	Sakshi
27.	Renu	BA 1st year	24 HIS 035	Renu

Principal
Govt. Degree College
Jawal (Kangra) H.P.

Details of students/participants

Sr. No.	Name	Class	Roll. No.	Signature
1.	Anjali Dhiman	B.A (1st Year)	24POL034	Anjali Dhiman
2.	Palak	B.A (1st year)	24POL033	Palak
3.	Shivani	B.A 1st Year	24POL014	Shivani
4.	Palak	B.A 1st year	24POL023	Palak
5.	Pooja Devi			
6.	Vishali	B.com 3rd year	20COM022	Pooja
7.	Simran	B.com 3rd year	20COM050	Vishali
8.	Jyoti	B.com 3rd year	20COM024	Simran
9.	Kirti Choudhary	B.com 3rd year	20COM008	Jyoti
10.	Sneha Choudhary	B.com 3rd year	20COM036	Kirti
11.	Saloni Devi	B.A 1st Year	24HIS018	Sneha
12.	Jouran Dhiman	B.A 3rd year	24POL040	Saloni
13.	Amit Kumar	B.A 1st Year	24POL001	Jouran
14.	Anisha	B.A 1st year	24POL017	Amit
15.	Muskanchoudhary	B.A 1st year	23POL022	Anisha
16.	Vanshika Koundal	B.A 1st year	24POL016	Muskanchoudhary
17.	Sakina	B.A 1st year	24POL021	Vanshika
18.	Amushba	BA 1st year	24POL006	Sakina
19.	Vanshika	BA 1st year	24HIS028	Amushba
20.	Manav	BA 1st year	24POL005	Vanshika
21.	Tushar	B.A 1st year	24POL010	Tushar
22.	Sakshi Mehra	B.com 1st year	24COM019	Sakshi
23.	Kavita Bharti	B.A 2nd year	23POL009	Kavita Bharti
24.		B.A 2nd Year	23POL021	
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 Govt. Degree College
 Jowall (Kangra) H.P.

Health Counselling session

Date: 07/03/2025




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Sonika
Nodal Officer
Red Ribbon Club
GDC Jawali


Principal
Principal
Govt. Degree College
Jawali (Kangra) H.P